

JT0Boso peninsula sunrise to sunset bicycle journey 2026

2025 JANUARY 10th(Sat)~12th(Sun) 3days

TotalDistance:381km ElevationGained:4212m

InubosakiCape-KujyukurihamaBeach-

NojimasakiCape-MtKanosan-Katsuura-KanayaBay

Viewing Boso-peninsula Sunrise to Sunset Sea round and hillclimbing

<https://www.navitime.co.jp/coursebuilder/course/b3233dd93822442c9473c984c9101d74>





9th(Fri)Previous stay reception Inubosaki cape Zekkei no yado Inubosaki Hotel

〒288-0012 Chiba-pref Choshi-city Inubosaki9574-1 TEL : 0479-22-8111



Other stay recommend Hotel New Daishin Guesthouse Bunji Guesthouse Miura

Previous stay sightseeing recommend

Choshi Yamasa Soy source Higeta Soy source factory Choshi fisherman bay Choshi bridge



Choshi port tower Wosse21 Hill Observatory where you can see the round earth kimigahama Shiosai park Choshi train



Previous stay meal recommend Shimahiko Honten Shrimp tempura Okubo sushi Kikyoya Suzu seafood



Moridoya eel Chinese Otsuka branch Hirohan mackerel sushi Dichuya



1st-Day Kujiyukuri Beach southward course Distance:156km+Elevation gain:914m

Inubosaki Kujiyukuri Katsuura Wadaira Nojimasaki

<https://www.navitime.co.jp/coursebuilder/course/6603f4c5aa504f87af344e37121da28b>



Final reception meeting at 11th(Sat) 6:30 Inubosaki cape Zekkei no yado Inubosaki Hotel

Before ride start Viewing Sunrise from Inubosaki cape Sunrise time at 6:49

※We prepare mackerel sushi of Choshi for the riders who wish. We eat at hotel before start or Inubosaki cape on watching sunrise, Iioka lighthouse at rest.

The breakfast at hotel is from 7:00. We recommend to stay without breakfast.

Other breakfast recommend, Seven-Eleven Choshi Inubosaki convenience store

7:00 Support car start

Estimated passing time

(1)	7:00	0km	Point	Inubosaku-cape	Ride start
(2)	8:00	15km	Point	Iioka lighthouse	
(3)	10:00	50km	Point	Katakaikaigan Beach	
(4)	12:00	83km	Point	Ohara Station	
(5)	14:00	98km	Point	Katsuura Station	
(6)	15:00	120km	Point	Awakamogawa Station	
(7)	16:00	134km	Point	Wadoura Station	
(8)	17:00	155km	Point	Nojimasaki Cape Lighthouse	(Sunset at 16:49)



Sightsseeing Recommend: Inubosaki cape Byobugaura Iioka Lighthouse Kujuukuri long beach



Moon desert statue Katsuura Lighthouse Katsuura castle ruin Tainoura Cove



Kamogawa Matsushima view Niemonjima island Boso flower line Nojimasaki cape lighthouse



Lunch recommend: Kujuukurihama beach Seafood Kujuukuri warehouse (53km) Super Kitchen KASAYA(71km) Ohara(83km) Isabaya seafood Sendo no daidokoro Fishermans kitchen



Katsuura(98km) Sawa Jananese Fuji Han Kai En grill beef and seafood Hisago noodle Katsukui



Take lunch at the point of 12:00 arrival point.

※Not to ride in dark after sunset , It may ask you to ride train with bicycle.

In case you cannot start Katsuura at 14:00 , take train from Kazusaichinomiya(68km) , Katsuura(98km) to Chikura station(143km).

Train Katsuura 14:14→Chikura 15:23, Kazusaichinomiya 14:43→Chikura 16:24.

Bus Chikura station→Nojimasaki(Awashirahama) 15:30→16:05 17:15→17:50

Nojimasaki cape(155kmPoint) View Evening Sunset(16:45) and Morning Sunrise(6:49)

Stay Nojimasaki Nankaiso 〒295-0102 Chiba-pref Minamiboso-city Shirahama-cho Shirahama623-13 TEL:0470-38-3500
※Both dinner and breakfast in Nankaiso is served as buffet.



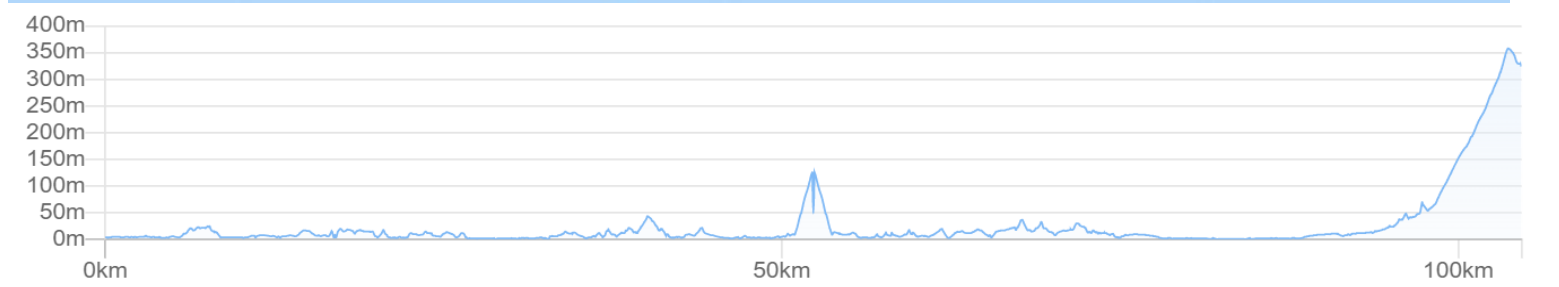
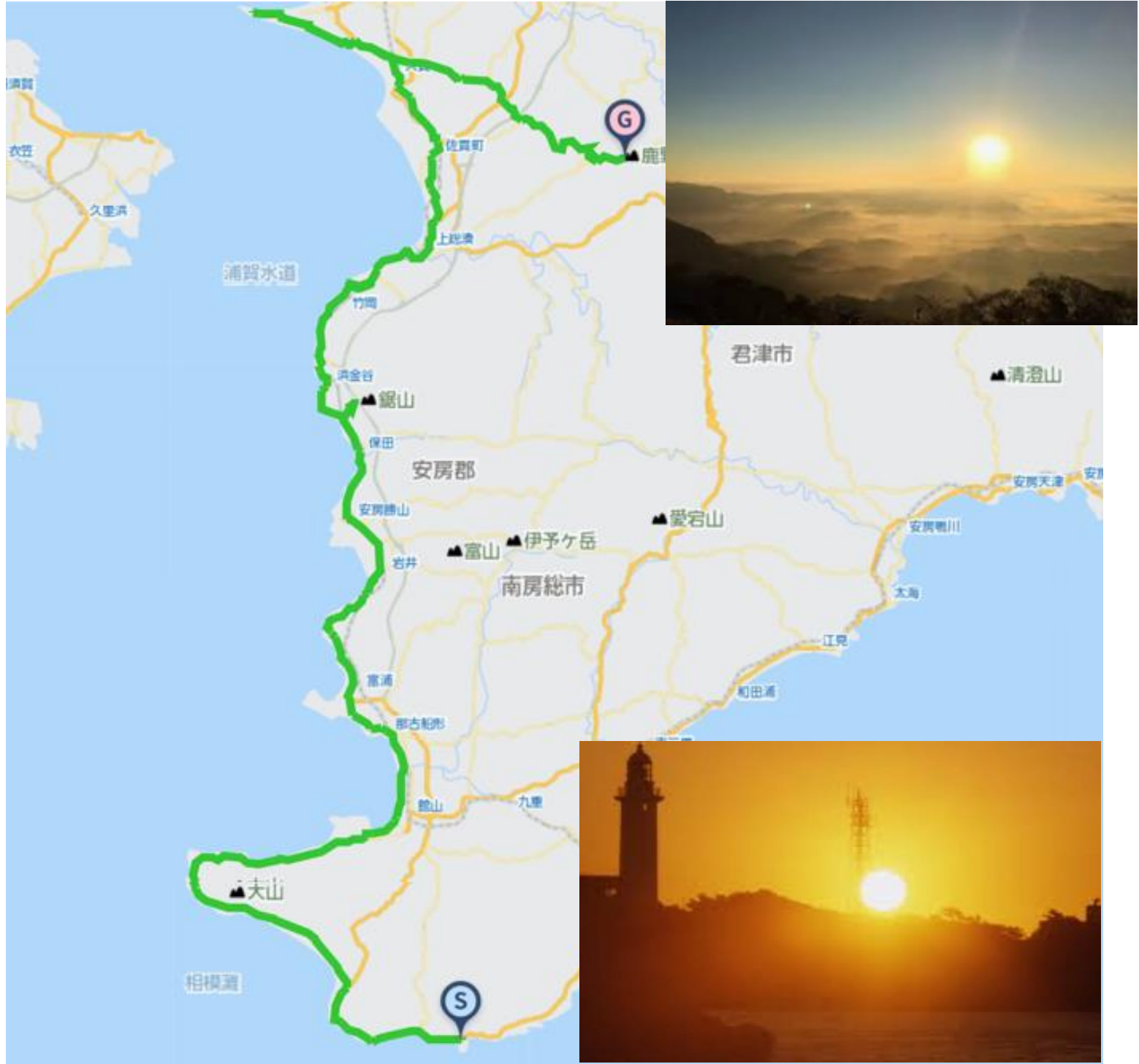
Extra dinner recommend outside hotel Seafood Mizurume Sushi Nojima Chinese nojima Audrey kitchen



Other stay recommend Nangoku hotel Kisuinoyado Monya Makino

2nd Day Uchibo north up & Kano Mt Hill climb 104km + 1172m
 Nojimasaki Aihama Sunosaki Tateyama Nokogiriyama mt Nihondera
 Kanaya port Futtu cape Kano mt

<https://www.navitime.co.jp/coursebuilder/course/024c3d9a4f73467aa20e40ba0fcb62ae>



Before Start Sunset view from Nojima cape Sunrise at 6:48
 ※We prepare Sushi of Awa Kamogawa Sasagen sushi for breakfast(Nori roll & Inari sushi) We eat before start or resting time.。
 Hotel breakfast buffet serve from 7:00 Recommed stay without breakfast.
 Other breakfast Seven Eleven Shirahama Takiguchi

7:00 Support car start

Passing time estimated

- | | | | |
|-----|-------|-------------|---|
| (1) | 7:00 | 0km point | Nojimasaki cape Nankaiso ride start |
| (2) | 8:00 | 18km point | Sunosaki shrine |
| (3) | 8:30 | 28km point | Nagisanoeki Tateyama |
| (4) | 9:00 | 31km point | Michinoeki Furari Tomiyama |
| (4) | 10:00 | 50km point | Nokogiriyama Yasudaguchi~Nihondera temple |
| (6) | 13:00 | 62km point | Torosaka Daishi cut tunnel |
| (7) | 14:00 | 66km point | Kazumaku Iwakura Kannon Yagura |
| (8) | 14:30 | 83km point | Futtumisaki cape |
| (9) | 16:30 | 104km point | Kanosan mt |



Sightseeing Sunosaki shrine Sunosaki lighthouse Tateyama castle Tateyama bay



Gakekannon criff temple Nokogiriyama mt Torosaka Daishi cut tunnel(Tozenji temple)



Kazumaku Iwakura Kannon Yagura(Iwakura kannondo) Futtu park Mother farm Kujuukyia sightseeing park



Mt.Kano hill climb Horyuji route Sarawa route (Mother farm)



Lunch recommend Kanaya port(56km) Sasuke dining Hamabe seafood TheFish Maruhama Kanaya fisherman grill dining



Harunatei Funanushi local fish sushi(Conveyor belt sushi) Pizza Gonzo Kanaya' s Kitchen703



Kazusa minato station(66km) Suzunoya Sutamina dining Futtu Satomi sushi Ramen noodle Suzuya



※After sunset not to ride in the dark , ask to short cut of Sunosaki peninsula and Futtu cape.
 Sunset and sunrise view from Kujuikutani sightseeing park Sunset at16:46 and Sunrise at6:48

Stay Kanosan Kazusa resort Kanosan view hotel 〒292-1155 Chiba pref Kimitsu city Kanosan319 TEL:0439-37-3411



Other stay Mount Villa(Minshuku) Private Villa Tsubasa(One house private use) Kaji forrest(Camp site)

3rd Day Inland Kameyama・Kiyosumi mt・Atago mt Hill Climb

121km+2126m

Kano mt Kujuukyua sightseeing park Boso sky line Kameyama dam Somoto station Katsuura morning market Arakawa elementary school entrance New Ishikami bridge Kaisho tunnel Ajisai temple Mamenbara plateau Kiyosumi Myoken mt Seijyu Yoro line Awa Kamogawa Nagasa street Rakuno no sato Atago mt Oyama thousand farm Hiratsuka gate Nagasa street Kanaya port

<https://www.navitime.co.jp/coursebuilder/course/b09622ada9214b1cb30ab74122430e46>



Before start Sunrise view from Kujuikutani sightseeing park Sunrise at 6:48

Kazusa resort Kanosan view hotel, AM 7:30 breakfast restaurant open, recommend no breakfast staying.

If wish, please buy Egg roll sushi at Michinoeki Furari Tomiyama, we eat at before starting or Kameyama Suitengu park resting time.

Other breakfast: Seven Eleven Futtu Onuki (Please buy in advance)

7:00 Support car start

Passing time estimated

- | | | | |
|-----|-------|------------|-----------------------------|
| (1) | 7:00 | 0km point | Start |
| (2) | 8:00 | 18km point | Kameyama lake Suitengu park |
| (3) | 9:00 | 36km point | Somoto station |
| (4) | 10:00 | 50km point | Katsuura |

- (5) 11:30 68km point Ajisai temple
- (6) 12:00 72km point Myokensan Kiyosumi temple
- (7) 12:30 84km point Awakamogawa station
- (8) 15:00 100km point Atagoyama mt
- (9) 16:00 104km point Oyama thousand farm
- (10) 17:00 121km point Kanaya port

Sightseeing recommend Kameyama lake Somoto station Katsuura Tomisaki shrine Otaki Myohoshoji temple



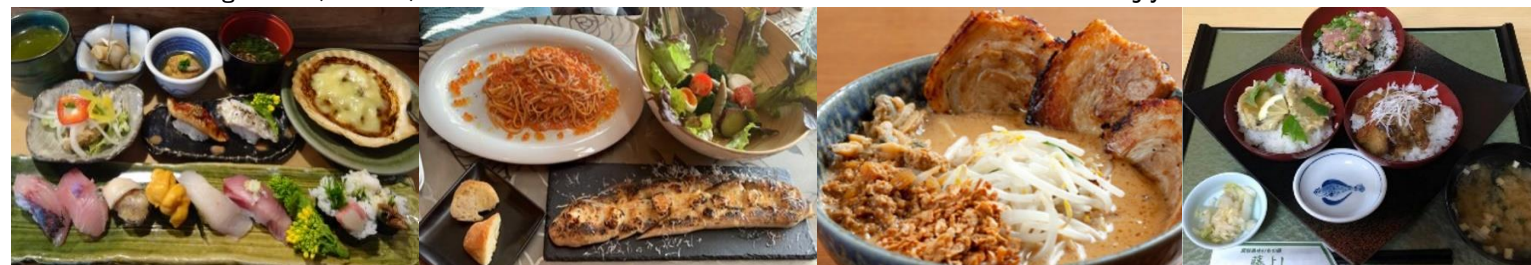
Myokensan Kiyosumitera temple Atagosan mt Oyama thousand farm Kanaya port



Shopping recommend Katsuura morning market(Possible to sent to your domestic home)



Lunch Awakamogawa st(84km) Sasamoto sushi ItalianCASA Bakin ramen noodle Fujiyoshi Shiosai market



※After sunset not to ride in the dark , ask to short cut of Kiyosumitera temple and Atago mt.

Kanaya port Sunset view(16:49)

Goal Bath·Post stay Kajiya ryokan Hamabenoyu spa



Please go back home by JR train or ferry cruise. Hamakanaya station&JR Uchibo line Kanaya port&Tokyo bay ferry



Ride Join Fee(Per day Per person) 15,000JPY(Include Tax)

Max Possible Join 1 Orders Minimum Number of riders;5-Riders (Full days ride join)

Included ride join fee : Travel attendant , Support car accompanying Support food supply(fixed limited)

※NOT INCLUDE Moving fee between your home to the starting point , food , stay , support food more than the limited , public move fee , sightseeing fee are all not included at all.

※Joining on the way , Leaving midway , traveling with one's bicycle using public transportation , you should pay the ride join fee per day for each you made application.

When you apply , we make estimation for ride join fee with including not included costs for ride join fee.

Contact E-Mail Adress : soma@jtourism.jp

Please apply with the information as below.

※In case of less than minimum number of riders join , make another estimation and conduct the tour.

※Possible to apply for group of less or more number of riders , make estimation.

※Possible to make another plan on order made for another day , longer or shorter distance of course.

※We make estimation as the number of riders , days you ride , ride fee , stay , food , public moving , sightseeing , attendant move・stay , for total costs

※Itinerary changes are possible for individual and group applications. We will create the order custom made project and estimate.

For the order custom made project , let you enjoy for fully , we will create a plan for each group.

※In case of terrible weather , body condition , seem impossible to finish riding on the day , move to the mid place or stay by using public move and support car.

Up to the formal application as below , let you show the personal information.

・The day you ride ・Your name ・Sex ・date , month , year of birth , age ・Adress ・Handy phone number ・E-Mail address

・Stay and food wishes

※We select and reserve the stay and foods. Personal arrangements are not possible by each riders.

※Please give the wishes for shared room for men or women , single , twin , foods.

※Please stay in the stays at the organizer's designated stays.

In some case , we cannot meet your request and change the stays on designated.

・Please let me know the pre and post ride sightseeing wishes , settings.

・Possible to contact on the ride day (handy phone) & emergency contact (handy phone possible to contact to the substitute person ※Other than the person riders yourself)

・Experience of your biggest riding , distance(km), Elevation gained(m)

implementation(Western calendar) season(month, spring summer fall winter)

area(country , prefectures, course name)

If we judge that you do not have enough experience to participate in this project, we may decline your participation.

Rental bicycle

Possible to prepare rental road-bicycle , cross-bicycle

If you wish to have rental bicycle , please apply in advance. Request together for Tokyo cycling tour and rental cycle , the partnership ship company.

① Height(cm)②weight(kg) ③bicycle model you wish ④Helmet ⑤grab ⑥pedal (binding or flat) ⑦Bicycle receiving place
Please let me know them when apply. Sometime , it may not turn out as you wish. Prepare wears and shoes by yourself.
I estimate rental price up to the information

Implementation notification; After recruitment deadline to some days before the starting , number of riders , weather forecast , judge the implementation and contact directly to the riders.

Refund ; In case of impossible to hold the plan , we pay back Amount excluding expenses such as fees from ride participation fee.

If the participant is unable to participate due to circumstances , paid ride participation fees will not be returned.

If it becomes impossible to run due to weather or local situation judgment after the start , paid ride participation fees will not be returned.

- Take ride onto the tour recommended courses with group rides and solo freerides
- There is no competition for time. Riders work together to reach the goal. Awards will not be given based on ranking
- There will be no traffic control around the venue. Please follow the local traffic rules.
- Group rides/recommended course rides are the basics. Please notify in advance for your wish on solo free rides.
- It is also possible to switch to local wheeled transportation instead of riding due to physical condition etc.
- The support car transports unnecessary luggage while riding a bicycle , supply support food , follow finishing.
- The support car moves at the behind of the last rider, basically.
- If you ride out of the recommended course , we do not change the stay point.
- There is no support rider leading or tailgating.
- Those who can join that possible to reach their destination on their own using a smartphone, navigation system, or location search device , or possible on a group ride those who can accompany other members with cooperation.
- If there is a significant delay from the moving of other riders in the group , we will give you instructions on how to move your bicycle to the stopover point, accommodation on the day, and the goal.
- The organizer will present recommended courses in advance , but the support car will not be providing detailed guidance to riders while moving alongside them along the way.
- Bicycles, helmets, puncture kits, bike bags, clothing, cold weather gear changes, etc , please prepare what you need and bring it with you by yourself.
- Please wear brightly colored clothing such as red, yellow, and white. Never wear dark colors such as black or navy blue. We will lend you a red jacket if necessary.
- You are responsible for your own bicycle maintenance and repairs. Please prepare your own spare tubes, maintenance tools, etc.
- standing air pumps and tool boxes will be carried in the support car.
- Please carry a lightweight soft bicycle bag. Carry it with you while riding, so you can move around while riding.
- Depending on where we are staying, bicycle bags may also be used to store your bicycle inside the hotel. Please be sure to carry bicycle bag.
- If you wish to store your bicycle in the accommodation , please help us store it in a bicycle bag when you enter the stay and bring it into the building.
- Hard and semi-soft large cases compatible with airplane rides cannot be transported on the road by the support car.
- If you are joining with a large wheeled device with a hard case or semi-soft case that is compatible with airplane wheeling, after refilling the soft bicycle bag , check-in at the departure/arrival airport and advance transportation to the planned goal point are required.
- Please purchase your own travel insurance and bicycle insurance. Please purchase bicycle insurance with a personal liability amount of 200 million yen or more.
- Please bring your insurance card with you when participating. We check your carry-on the insurance before departure.
- In terms of event , in case injury and illness occur , the participates have no objection to receiving first aid. The organizers will not be held responsible for the method, process, etc.
- The participates in addition to the participants, relatives, heirs, executors, trustees, etc. will not make any claims for damages, etc regardless of the cause, the organizers will be exempt from responsibility in case of accidents, losses, injuries, illnesses, etc. during the event (including aftereffects)
- We eat lunch around noon at the same near restaurant in the same area as possible, depending on the progress of the

- tour group.
- Lunch, dinner, breakfast, and bathing fees are not included in the ride join fee.
 - Support food is also dependent on paid donations from past participants. When you use it, please donate to volunteers or goods.
 - Toll road usage fees, sightseeing fees, and travel expenses are not included in the ride participation fee.
 - Routes and expenses occurred for group transportation will be decided on-site after discussion, taking into account terrain, weather and progress.
 - Transportation costs from your home to the meeting/dissolution location and use of public transportation midway are not included.
 - To maintain your health and maintain hygiene , please take a bath, shower, and change of clothes before using public transportation after your ride before going back to your home.
 - To avoid inclement weather or traveling in the dark after sunset, we may ask you to turn back, take a shortcut, or take a bicycle onto train move from a station along the way.
 - Participants are responsible for safety, course management, bicycle maintenance, cold/heat resistant clothing, measures to prevent bicycle stolen , etc.
 - If we decide that you cannot participate safely at your own risk, if you are causing a significant nuisance to other participants, or if you are unable to follow the instructions of the staff, you will be asked to leave the venue even midway through.
 - Please note that the participation fee will not be refunded under any circumstances.
 - Sightseeing recommendations: If you arrive early and have time, please go sightseeing on your own.
 - If you have a request for sightseeing in advance, we will take time in advance and provide support, such as temporarily taking over your bicycle.
 - If you consult with us in advance, we will be able to arrange and provide on-site guidance regarding recommended tours for the day before and after ride.

Accommodation, dinner and breakfast

- This is a ride tour in which the organizer decides in advance which lodgings to stay at and travels from one inn to another to sightseeing spots and famous places.
- Accommodation fees are not included in the ride participation fee. It will be included in the cost estimate as a necessary expense at the time of application.
- Recommended accommodation, dinner and breakfast will be arranged by the organizer. Subject to change.
- As much as possible , we prepare at lodging locations bicycle storage in or near the hotel, a large hot spring bath, yukata, dinner and breakfast, a sleeping room, and a power source.
- We eat dinner and breakfast generally as a group at stay , but , if you wish to eat food outside the stay, please contact us in advance.
- If you have dinner, breakfast, or bathing buying outside the building, we will not provide transportation by support car and not accompany. Please move on your own by walking or using public transportation.
- Each day, luggage will be loaded into the support car and the start will be from the meeting point at designated accommodation. Please come to the meeting point by the departure time
- The meeting departure time is basically 7:30 am every morning, but it changes depending on the breakfast service time and driving distance, and will be decided locally.

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Dealing BS Travel Service Co., Ltd
Japan Tourism Agency Registered Travel Agent (No. 347) Regular member of the Japan Association of Travel

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Japan bicycle journey with stays

- 2025: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2025E.pdf>
2026: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2026E.pdf>
2027: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2027E.pdf>

One Day Ride Around Tokyo

<https://jtourism.jp/2020/wp-content/uploads/2024/09/JapanOneDayRideAroundTokyo.pdf>