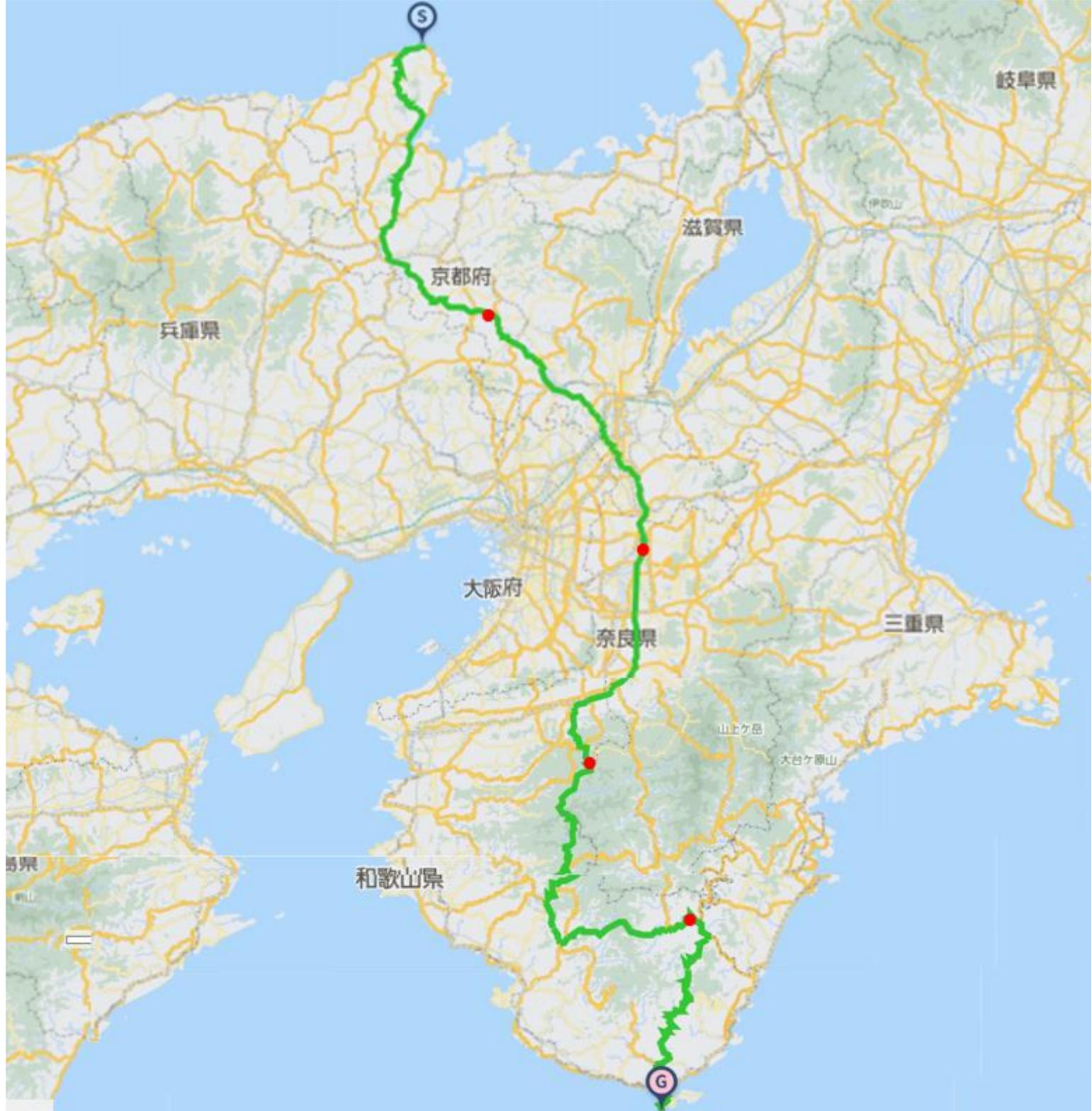


JTO Kansai Southward Across Bicycle Journey

2026 April 22nd(Wed)~April 26th(Sun) 5Days

Kyogamisaki~Fukuchiyama~Nara~Koyasan~Kumanohongu~Kushimoto

<https://www.navitime.co.jp/coursebuilder/course/9cdc26d5331841d79f9e09c2efff4103>



Distance: 520km Total Gain: 6881m

- ① 22nd(Wed) Kyogamisaki→Fukuchiyama(110km+1664m)
- ② 23rd(Thu) Fukuchiyama→Nara(115km+808m)
- ③ 24th(Fri) Nara→Koyasan(80km+1243m)
- ④ 25th(Sat) Koyasan→Kumanohongu(115km+1811m)
- ⑤ 26th(Sun) Kumanohongu→Kushimoto(100km+1355m)

Kyoto : 22nd Sunrise at 5:17 Sunset at 18:35

Meet April 22nd(Wed)8:00 Ukawa onsen Yoshininisato(Pre stay)

〒627-0242 Kyoto pref Kyotango city Tangocho Kyuso1562 TEL:0772-76-1000

For Ukawa onsen Yoshininisato bus access , Kyoto Tango railway Amino st.~take Tango Kairiku Kotsu bus (For Kyogamisaki)

Off at Kyuso and walk 8-min.(Bus move on 47min. ①11:18→12:10 ~⑦19:21→20:13 7buses each day

Pre start evening or early morning , sunset sunrise view Ukawa onsen Yoshininisato⇄Kyogamisaki Solo 7.4km×2

Possible to move with support car. Advance request required



Pre stay Ukawa onsen Yoshininisato Stay with dinner breakfast , only stay Possible to select



Pre stay meal recommend at Amino Torimatsu sushi MA MAISON Kozo Anan chinese Kaiseitei yoshoku

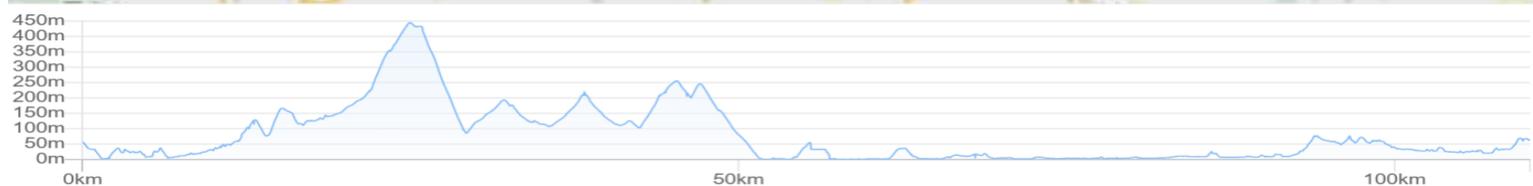
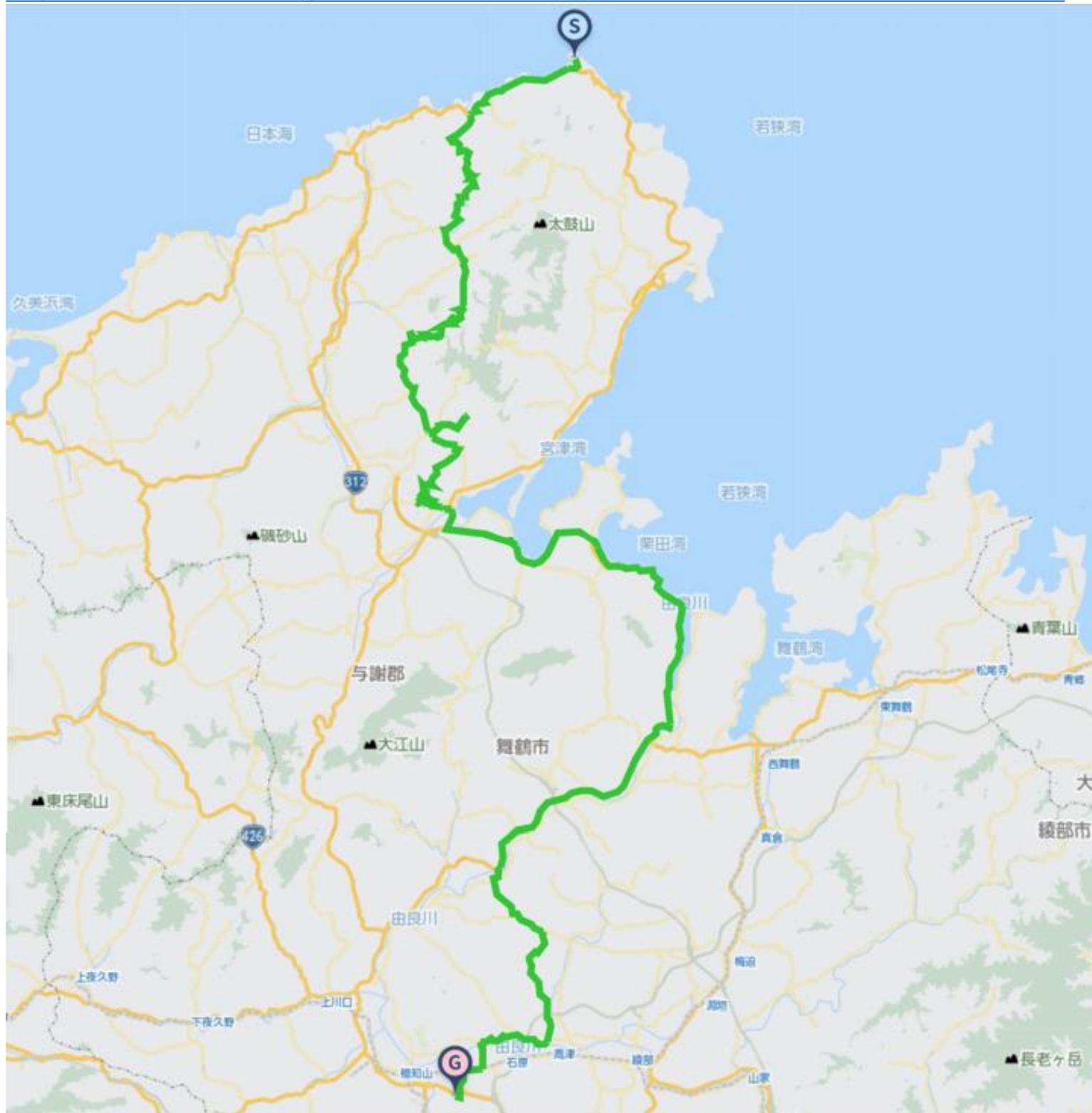


Prevstay sightseeing Kumihama bay Kotobikihama beach Tango Matsushima Roadside st. Tango Kingdom Shokunomiyako



1st Kyogamisaki→Fukuchiyama 110km+1664m

<https://www.navitime.co.jp/coursebuilder/course/aee9482b5a4c4dc6b479357cc9b7c45c>



Lunch Iwataki town(50km) EWdoshige handmade soba udon noodle Aska dining Hamanoya Chinese Choman ramen noodle



Miyazu(59km地点) Tondaya Ponta Konpira udo noodle Seiyoke European cuisine



Sightseeing rest Ikarikogenn plateau Switzerland village Tango peninsula vertical across forest road Sela kogen plateau



Nariai mt. panorama observation deck Ichijikan park Ouchi pass ippuku sood spring Amanohashidate st.

※Inside Tango peninsula , recommend to go Tango peninsula vertical across forest road



Miyazu bay Yuragawa river Fukuchiyama castle Kyoto Tango railway Miyafuku line



Stay Hotel Royal hill Fukuchiyama&Spa 〒620-0857 Kyoto pref Fukuchiyama city Haze Sawaiyama176 TEL:0773-27-5000



Other stay Fukuchiyama Sun hotel Hotel Sun route Fukuchiyama

Outside dinner Futoshi four season taste Miki Shuhari Tenzan grill meat Pinokio chinese Ajikura

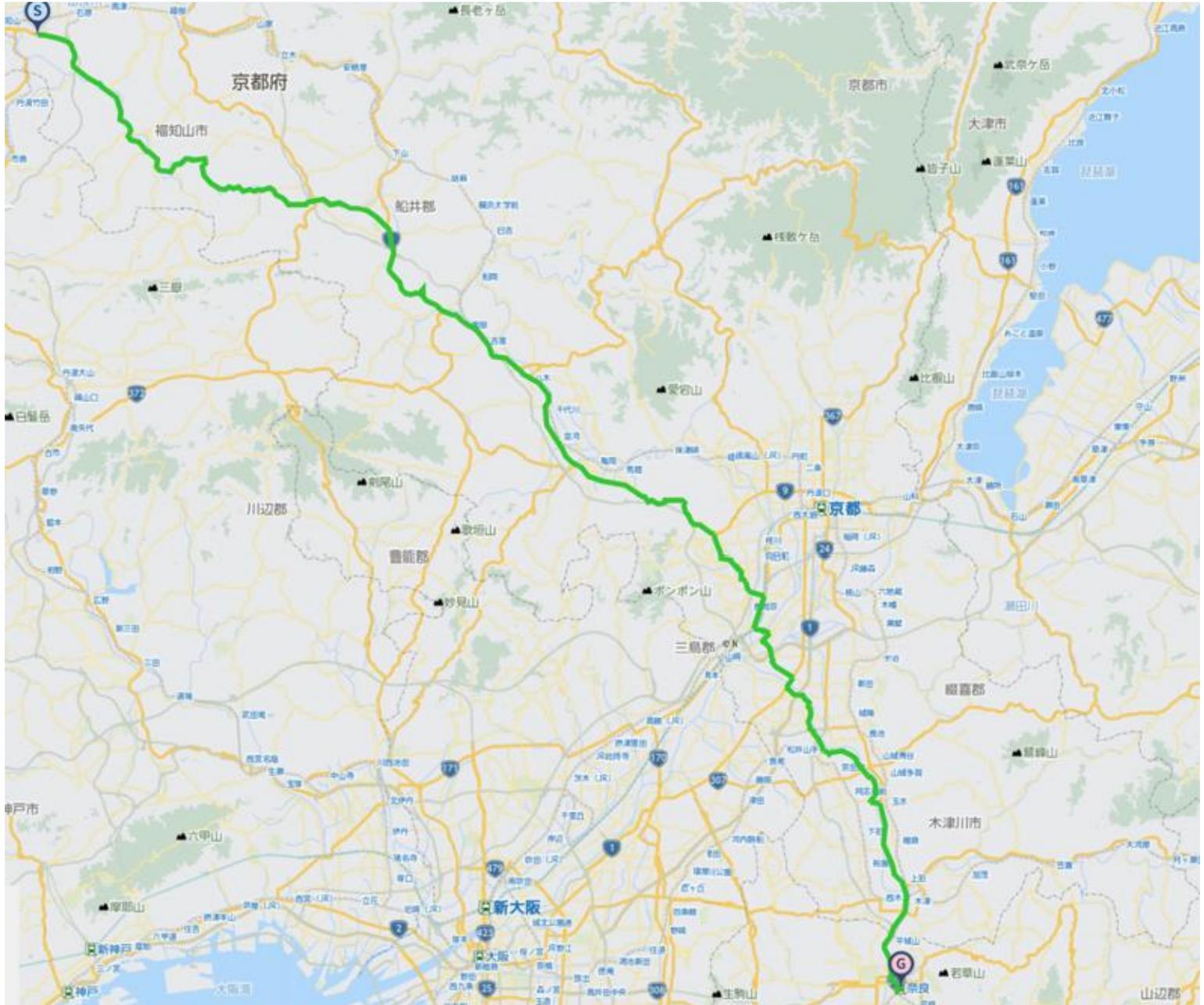


Public move Local bus Tanfo Kairiku kotsu bus:Kyogamisaki~Kyuso~Mineyama st.

Kyoto Tango railway Miyafuku line Mineyama→Miyazu (1-3 train each hour) Miyazu→Fukuchiyama (1-3 train each hour)

2nd Fukuchiyama→Nara 115km+808m

<https://www.navitime.co.jp/coursebuilder/course/d53203745dd2405b91a6c91154dc0956>



Lunch Kameoka(60km) Shinai Hirayama meat grill Sushihiko Louisiana mama



Kutsugake(70km) Katsugen Ebana Chinese Zundoya Bronco Billy



Sightseeing Kotodaki fall Roadside. Gally Kameoka Hozu bridge •Hozugawa cruise port Torocco Hozukyo •Kyoto carriage



Otokoyama cable Iwashimizu Hachimangu shrine Kizugawa sports park Heijokyokyo castle ruin Kofukiji



Nara park Kasugataisha temple Todaiji temple Shosoin temple



Stay Dormy inn natural spa Yoshino cherry blossom Onjuku Nono 〒630-8115 Nara city Omiyacho1-1-6 0742-20-5489

※Staying in Dormy inn , dinner on near outside restaurants.



Outside dinner Tsukumo Yamatoan Yamatono Sanzoku Itatakiya Nara cuisines



Nara tasty plaza Kotohana farm directs Susuruka Susuranka OIL SLOPE



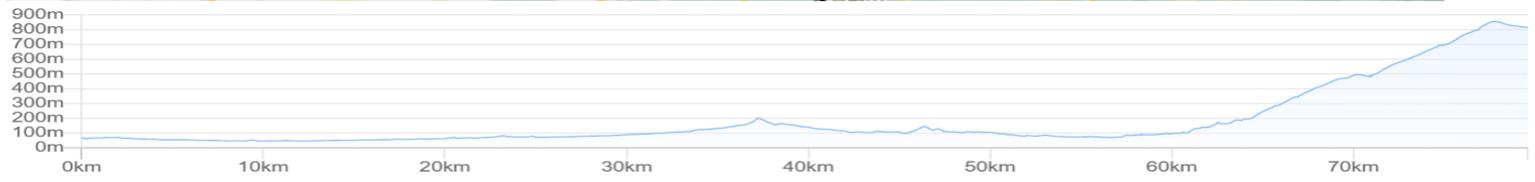
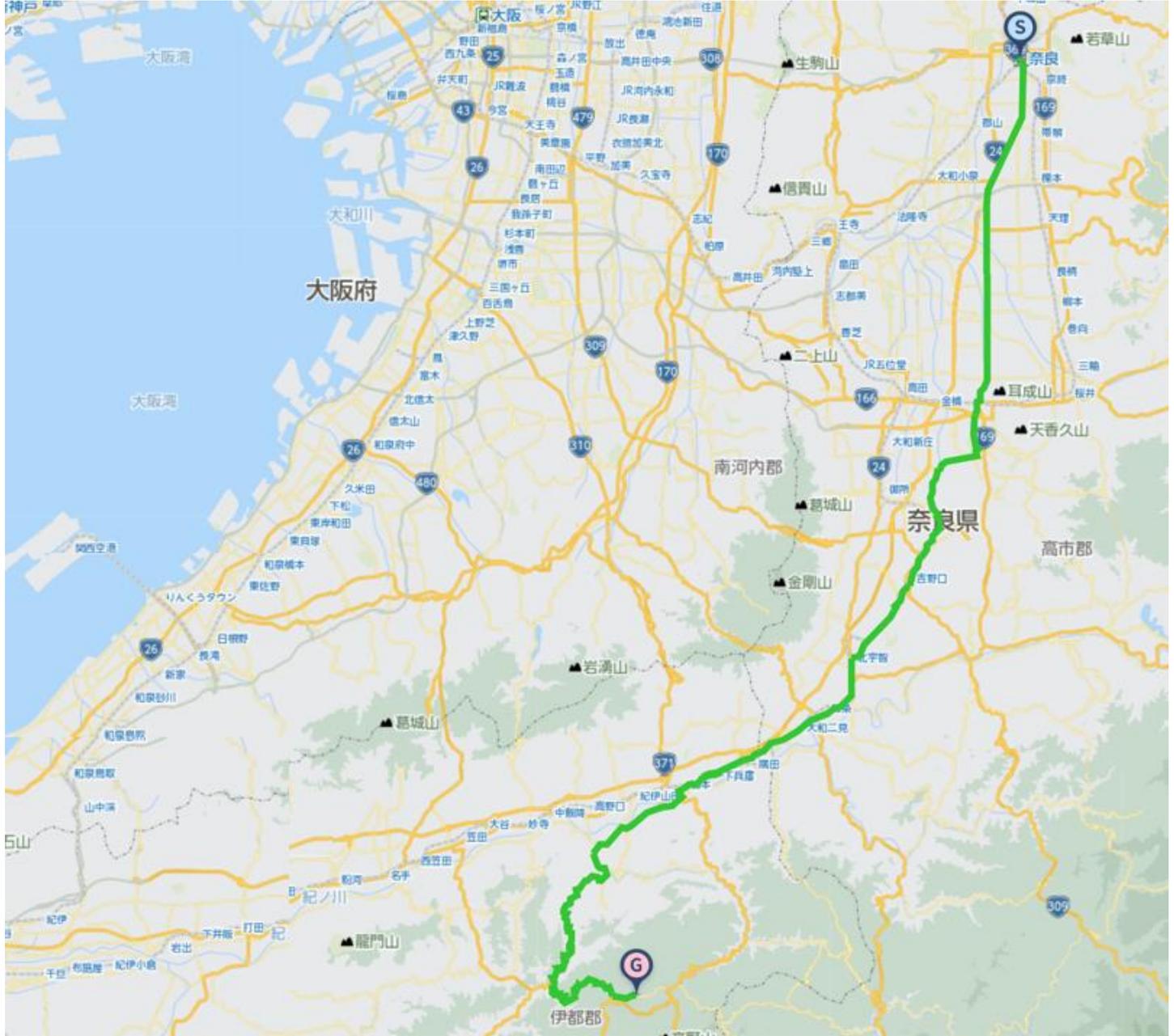
Other stay Daiwa rynet hotel Nara Nara royal hotel Smile hotel Nara Outside bath Hoteiyu spa

Public move

Fukuchiyama→Sonobe→Kyoto→Nara JR Sanin honsen | Sagano line Nara line Miyakoji line (Some trains each hour)

3rd Nara→Koyasan 80km+1243m

<https://www.navitime.co.jp/coursebuilder/course/b4f6f285547e453a990a5aabdd971cef>



Lunch Gojo st.(43km) Kakinoha sushi Yamato Gojo Musoan Hanafubuki Yamato Honjin Himawari



Hashimoto st.(53km) Ajiraku Magokoro sushi Chinpei soba noodle Botefuku



Sightseeing Jinmu Emperor's tomb Kashihara jingu shrine Takamatsuzuka Tumulus Rock stage Tumulus



Eizanji temple Sanadaan house temple Jisonin temple Nyukanshobu shrine



Koyasan temple Daimon big gate Danjogaran Sacred Temple Complex Kondo Golden hall



Reihojin museum Kongōbuji Temple Tokugawa Mausoleum Nyonindo Nyonindo woman hall



Shjo Shin-in temple Kongosanmaiin Temple Nankai Koya line Koyasan cable car



Stay Fukuchiin temple 〒648-0211 Wakayama pref Itogun Koyacho Koyasan657 TEL: 0736-56-2021



Other stay Renkain Ichijoin Akamatsuin

Outside dinner Chukahanten Miccy Chinese dining

Public move Kintetus Nara→Yamato Saidaiji→Kashihara jingumae→Yoshinoguchi→Hashimoto→Gokurakubashi→Koyasan
Kintetsu Nara line Kintetus Kashihara line Kintetsu Yoshino line JR Wakayama line Nankai Koya line Koyasan mt. cable

Nakaheji(92km) Chikatsuyutoroya ancient road walk Kotorinoki Kumano vegetable café Roadside st. Kumanokodo Nakaheji



Sightseeing rest Koya Ryujin skyline Gomasan mt. sky tower Roadside st. Ryujin Mandara fall(Needed mt climbing)



Ryujin onsen spa Kumanokaido Nakaheji Kumano hongu main shrine Kumano hongu main hall



Public move Koyasan→Kumano Sacred sites pilgrimage bus Ryujin motorcar co.(April~November 1bus each day)
Koyasan→Gomadanzan(30km)→Kawayu onsen spa・Kumano hongu(115km)

① 9:36→10:50→14:22

Kii Nakagawa bus stop(82km point)→Watase bus stop(113km point) local bus free take off area



For bus move recommend lunch box to buy Koyasan Sasa sushi Kokuraya(9:00~16:30)



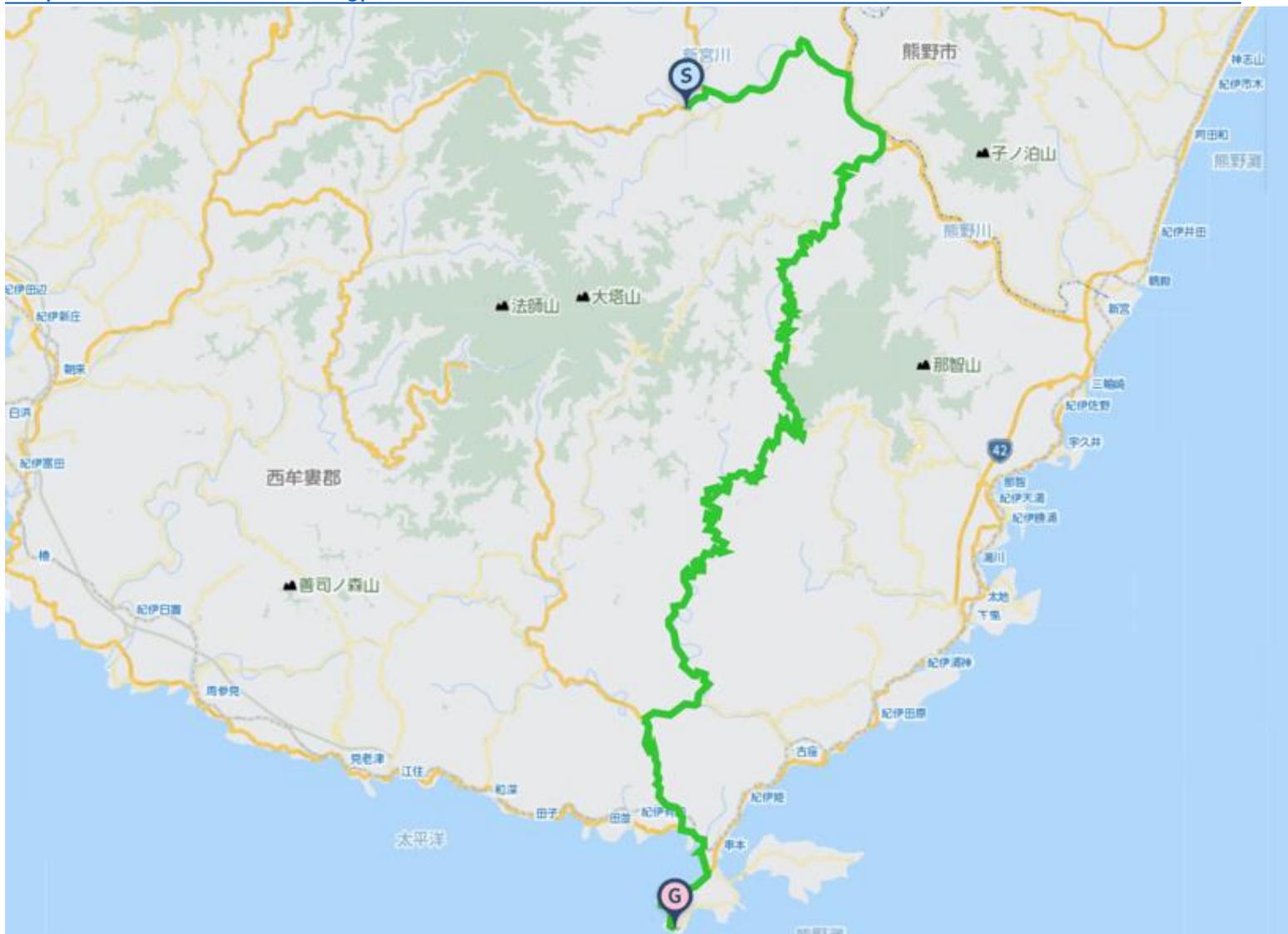
Stay Kawayu onsen spa Watarase onsen Sasayuri 〒647-1733 Tanabe city Hongucho Watase 45-1 TEL:0735-42-1185



Other stay Hotel Yamayuri Kumano Shikitei Tateishu Sumika Kinokuni Outside dinner Tokiwaya

5th Kumano hongu→Kushimoto 100km+1355m

<https://www.navitime.co.jp/coursebuilder/course/ebd675ea846c4dbca7b43ebd02ed6564>



Lunch pre buy Kumano hongu Mehari sushi Sankencyaya(8:30 open Need reservation) Y Shp Hongu Onoshoten(7:30 open)



Lunch Yamabiko minshuku inn: Eel set lunch(Need reservation(69km) Nanki Suzumenooyado: (Need reservation (73km)
Ayunotanamiya(81km) Hitoame Tsukushi ramen noodle(84km)



Shingu station(Out of ride course) Toho teahouse Hayame Chinese noodle Matsuzaka beef steak Hayatama European Port



Sightseeing Koguchi nature house Roadside st. Ryunohai Taro Cafe Dacha Yamanba (77km) Roadside st. Ichimaiiwa



Ichimaiiwa one rock Ushiomisaki cape sightseeing tower Ushiomisaki lighthouse Ushiomisaki cape



Public move Kumano hongu→Shingu Kumano Gobo Nankai bus(7buses each day) Shingu-Kushimoto JR Kinokuni line(1-3 trains each hour) Move seaside



Stay Misaki Rodge Nishida 〒649-3502 Wakayama pref Kushimotocho Ushiomisaki2864 0735-62-1474 (6km from Kushimoto st.)



Nanki Kushimoto resort Oshima Seacans Business hotel Kushimoto st. Bath Kushimoto onsen spa Sangonoyu(0.5km from st.)



Outside dinner Kushimoto st. Manguchi Sun doria Kuroshio Sushi Jorakuen



If moving Kumanohongu to Shingu , seaside south down to Kushimoto , distance 81km+gain 519m , on public move course.

Public move Kumanohongu→Shingu:Kumanogobo Nankai bus(1 hour) Shingu→Kushimoto:JR Kinokuni line

Train for Osaka Kushimoto→Osaka:Express Kuroshio Last 18:38→22:02 First 7:19→10:46

Ride Join Fee(Per day Per person) 16,000JPY(Include Tax)

Max Possible Join 1 Orders Minimum Number of riders;5-Riders (Full days ride join)

Included ride join fee : Travel attendant , Support car accompanying Support food supply(fixed limited)

✘NOT INCLUDE Moving fee between your home to the starting point , food , stay , support food more than the limited , public move fee , sightseeing fee are all not included at all.

✘Joining on the way , Leaving midway , traveling with one's bicycle using public transportation , you should pay the ride join fee per day for each you made application.

When you apply , we make estimation for ride join fee with including not included costs for ride join fee.

Contact E-Mail Adress : soma@jtourism.jp

Please apply with the information as below.

✘In case of less than minimum number of riders join , make another estimation and conduct the tour.

✘Possible to apply from one person to number of group riders , make estimation.

✘Possible to make another plan on order made for another day , longer or shorter distance of course.

✘We make estimation as the number of riders , days you ride , ride fee , stay , food , public moving , sightseeing , attendant move·stay , for total costs

✘Itinerary changes are possible for individual and group applications. We will create the order custom made project and estimate.

For the order custom made project , let you enjoy for fully , we will create a plan for each group.

✘In case of terrible weather , body condition , seem impossible to finish riding on the day , move to the mid place or stay by using public move and support car.

Up to the formal application as below , let you show the personal information.

▪The day you ride ▪Your name ▪Sex ▪date , month , year of birth , age ▪Adress ▪Handy phone number ▪E-Mail address

▪Stay and food wishes

✘We select and reserve the stay and foods. Personal arrangements are not possible by each riders.

✘Please give the wishes for shared room for men or women , single , twin , foods.

✘Please stay in the stays at the organizer's designated stays.

In some case , we cannot meet your request and change the stays on designated.

- Please let me know the pre and post ride sightseeing wishes , settings.
- Possible to contact on the ride day (handy phone) & emergency contact (handy phone possible to contact to the substitute person ✕ Other than the person riders yourself)
- Experience of your biggest riding , distance(km), Elevation gained(m)
implementation(Western calendar) season(month, spring summer fall winter)
area(country , prefectures, course name)

If we judge that you do not have enough experience to participate in this project, we may decline your participation.

Rental bicycle

Possible to prepare rental road-bicycle , cross-bicycle

If you wish to have rental bicycle , please apply in advance. Request together for Tokyo cycling tour and rental cycle , the partnership ship company.

① Height(cm)②weight(kg) ③bicycle model you wish ④Helmet ⑤grab ⑥pedal (binding or flat) ⑦Bicycle receiving place
Please let me know them when apply. Sometime , it may not turn out as you wish. Prepare wears and shoes by yourself.
I estimate rental price up to the information

Implementation notification; After recruitment deadline to some days before the starting , number of riders , weather forecast , judge the implementation and contact directly to the riders.

Refund ; In case of impossible to hold the plan , we pay back Amount excluding expenses such as fees from ride participation fee.

If the participant is unable to participate due to circumstances , paid ride participation fees will not be returned.

If it becomes impossible to run due to weather or local situation judgment after the start , paid ride participation fees will not be returned.

- Take ride onto the tour recommended courses with group rides and solo freerides
- There is no competition for time. Riders work together to reach the goal. Awards will not be given based on ranking
- There will be no traffic control around the venue. Please follow the local traffic rules.
- Group rides/recommended course rides are the basics. Please notify in advance for your wish on solo free rides.
- It is also possible to switch to local wheeled transportation instead of riding due to physical condition etc.
- The support car transports unnecessary luggage while riding a bicycle , supply support food , follow finishing.
- The support car moves at the behind of the last rider, basically.
- If you ride out of the recommended course , we do not change the stay point.
- There is no support rider leading or tailgating.
- Those who can join that possible to reach their destination on their own using a smartphone, navigation system, or location search device , or possible on a group ride those who can accompany other members with cooperation.
- If there is a significant delay from the moving of other riders in the group , we will give you instructions on how to move your bicycle to the stopover point, accommodation on the day, and the goal.
- The organizer will present recommended courses in advance , but the support car will not be providing detailed guidance to riders while moving alongside them along the way.
- Bicycles, helmets, puncture kits, bike bags, clothing, cold weather gear changes, etc , please prepare what you need and bring it with you by yourself.
- Please wear brightly colored clothing such as red, yellow, and white. Never wear dark colors such as black or navy blue.

We will lend you a red jacket if necessary.

- You are responsible for your own bicycle maintenance and repairs. Please prepare your own spare tubes, maintenance tools, etc.
- standing air pumps and tool boxes will be carried in the support car.
- Please carry a lightweight soft bicycle bag. Carry it with you while riding, so you can move around while riding.
- Depending on where we are staying, bicycle bags may also be used to store your bicycle inside the hotel. Please be sure to carry bicycle bag.
- If you wish to store your bicycle in the accommodation , please help us store it in a bicycle bag when you enter the

stay and bring it into the building.

- Hard and semi-soft large cases compatible with airplane rides cannot be transported on the road by the support car.
- If you are joining with a large wheeled device with a hard case or semi-soft case that is compatible with airplane wheeling, after refilling the soft bicycle bag , check-in at the departure/arrival airport and advance transportation to the planned goal point are required.
- Please purchase your own travel insurance and bicycle insurance. Please purchase bicycle insurance with a personal liability amount of 200 million yen or more.
- Please bring your insurance card with you when participating. We check your carry-on the insurance before departure.
- In terms of event , in case injury and illness occur , the participates have no objection to receiving first aid. The organizers will not be held responsible for the method, process, etc.
- The participates in addition to the participants, relatives, heirs, executors, trustees, etc. will not make any claims for damages, etc regardless of the cause, the organizers will be exempt from responsibility in case of accidents, losses, injuries, illnesses, etc. during the event (including aftereffects)
- We eat lunch around noon at the same near restaurant in the same area as possible, depending on the progress of the tour group.
- Lunch, dinner, breakfast, and bathing fees are not included in the ride join fee.
- Support food is also dependent on paid donations from past participants. When you use it, please donate to volunteers or goods.
- Toll road usage fees, sightseeing fees, and travel expenses are not included in the ride participation fee.
- Routes and expenses occurred for group transportation will be decided on-site after discussion, taking into account terrain, weather and progress.
- Transportation costs from your home to the meeting/dissolution location and use of public transportation midway are not included.
- To maintain your health and maintain hygiene , please take a bath, shower, and change of clothes before using public transportation after your ride before going back to your home.
- To avoid inclement weather or traveling in the dark after sunset, we may ask you to turn back, take a shortcut, or take a bicycle onto train move from a station along the way.
- Participants are responsible for safety, course management, bicycle maintenance, cold/heat resistant clothing, measures to prevent bicycle stolen , etc.
- If we decide that you cannot participate safely at your own risk, if you are causing a significant nuisance to other participants, or if you are unable to follow the instructions of the staff, you will be asked to leave the venue even midway through.
- Please note that the participation fee will not be refunded under any circumstances.
- Sightseeing recommendations: If you arrive early and have time, please go sightseeing on your own.
- If you have a request for sightseeing in advance, we will take time in advance and provide support, such as temporarily taking over your bicycle.
- If you consult with us in advance, we will be able to arrange and provide on-site guidance regarding recommended tours for the day before and after ride.

Accommodation, dinner and breakfast

- This is a ride tour in which the organizer decides in advance which lodgings to stay at and travels from one inn to another to sightseeing spots and famous places.
- Accommodation fees are not included in the ride participation fee. It will be included in the cost estimate as a necessary expense at the time of application.
- Recommended accommodation, dinner and breakfast will be arranged by the organizer. Subject to change.
- As much as possible , we prepare at lodging locations bicycle storage in or near the hotel, a large hot spring bath, yukata, dinner and breakfast, a sleeping room, and a power source.
- We eat dinner and breakfast generally as a group at stay , but , if you wish to eat food outside the stay, please contact us in advance.
- If you have dinner, breakfast, or bathing buying outside the building, we will not provide transportation by support car and not accompany. Please move on your own by walking or using public transportation.
- Each day, luggage will be loaded into the support car and the start will be from the meeting point at designated accommodation. Please come to the meeting point by the departure time
- The meeting departure time is basically 7:30 am every morning, but it changes depending on the breakfast service time and driving distance, and will be decided locally.

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Dealing BS Travel Service Co., Ltd
Japan Tourism Agency Registered Travel Agent (No. 347) Regular member of the Japan Association of Travel

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Japan bicycle journey with stays

2025: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2025E.pdf>

2026: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2026E.pdf>

2027: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2027E.pdf>

One Day Ride Around Tokyo

<https://jtourism.jp/2020/wp-content/uploads/2024/09/JapanOneDayRideAroundTokyo.pdf>