

# JTO Shimanami Yumeshima Tobishima Kakishima sea way Bicycle Journey

2026 March 18th(Wed)~20th(Fri·Hol) 3Days

Distance:286km Total Gain:3998m



Onomichi March 18th(Wed) Sunrise at 6:14 Sunset at 18:22

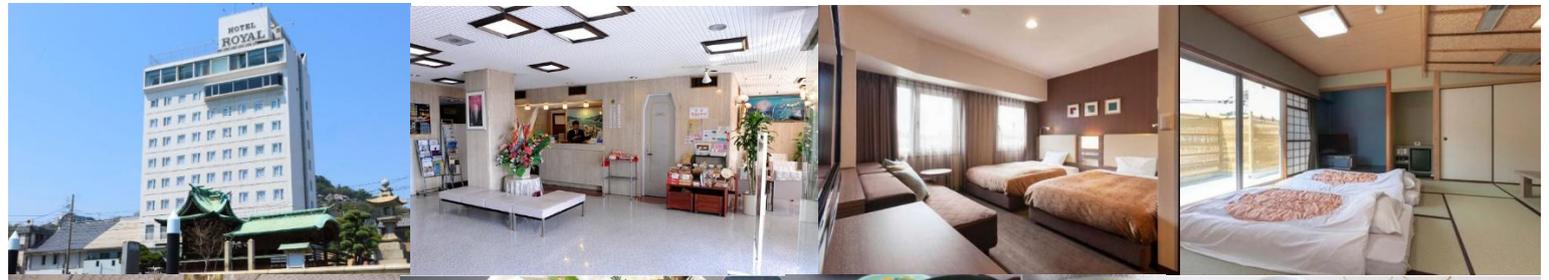
1st 18th(Wed) Onomichi→Shimanami·Yumeshima sea way→Imabari 96km+1294m

2nd 19th(Thu) Imabari·Okamura island→Tobishima sea way→Kure 88km+1380m

3rd 20th(Fri·Hol) Kure→Kakishima sea way→Hiroshima 102km+1324m

March 17th(Tue) Pre stay recommend Onomichi

Onomichi royal hotel 〒722-0035 Hiroshima pref Onomichi city Tsuchido2-9-27 TEL: 0848-23-2111



Other stay Natural onsen spa Onomichi Minatokan Onomichi view hotel Seizan

Sightseeing Senkoji temple Senkoji rope way Cat narrow road Onomichi main road market way



Onomichi movie history museum Onomichi history museum Tenneiji temple Ushitora shrine



Meal recommend Onomichi ramen noodle Maruboshi Tochinko Tani Manraiken



Komedoko dining Onomichi pier Tamaganzo Coraggio Akatora



March 18th(Wed) Meet 8:00 Onomichi royal hotel

1st 96km + 1294m

Onomichi → Shimanami sea way → Yumeshima sea way → Shimanami sea way → Imabari

Onomichi → Innoshima Innoshima → Yugesima : Karouto ferry 25km + 430m

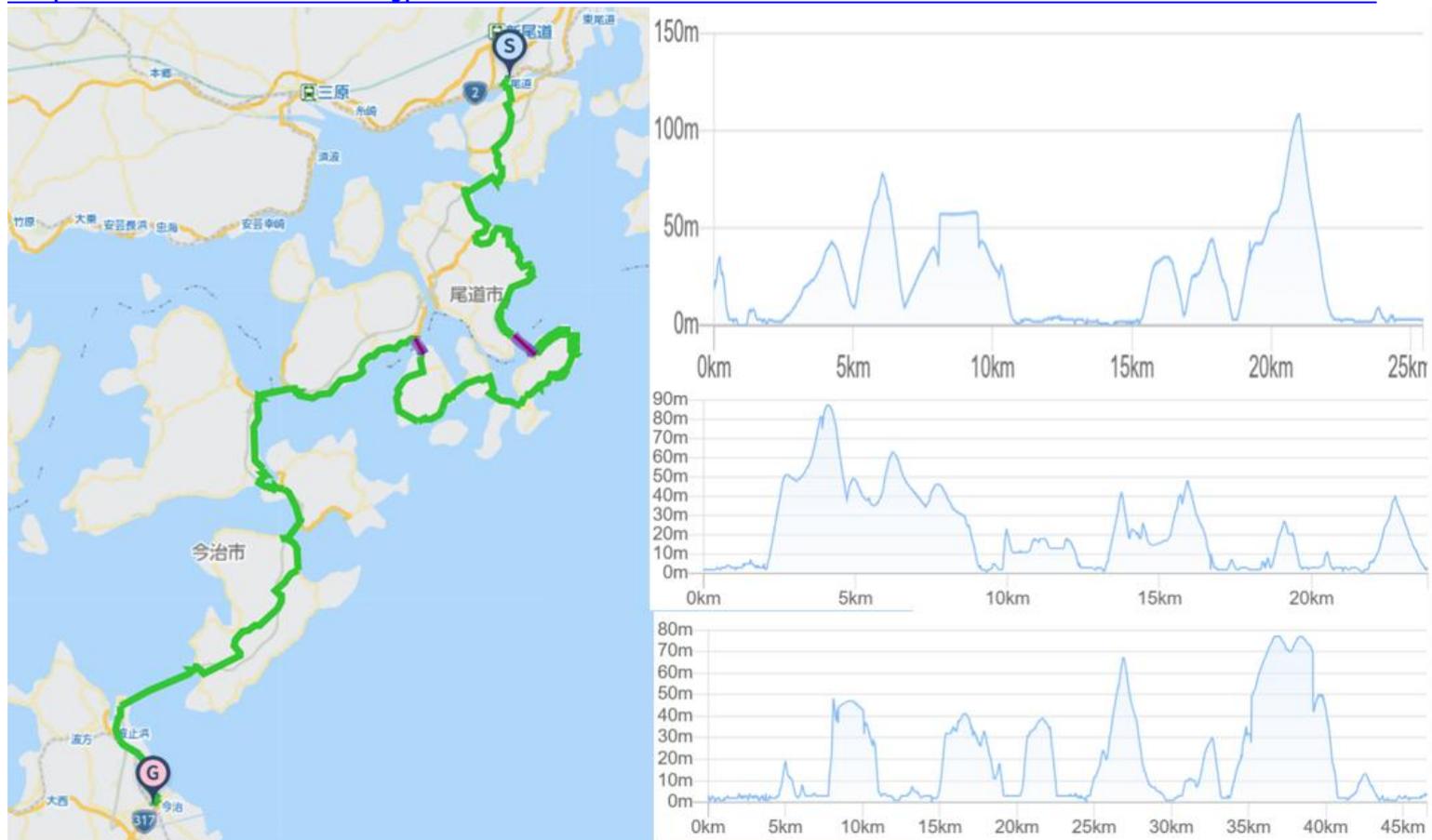
<https://www.navitime.co.jp/coursebuilder/course/db64b0904c9240ef950052e4cffc158c>

Yumeshima sea way : Yugesima → Sashima → Ikunashima → Iwakishima 24km + 404m

<https://www.navitime.co.jp/coursebuilder/course/85fc5fc6c50b4b6a8f32a1518abb1eee>

Iwakishima → Ikuchishima : Sanko kisen ferry Ikuchishima → Imabari 47km + 460m

<https://www.navitime.co.jp/coursebuilder/course/5adec54ec6c14c749f00eb61ce438b4f>



Lunch Iwakishima(44km~49km) Café Lemon heart Yoshimasa Misty Kamei nouseon 808



Ikuchishima(49km) Big road Ajien okonomi Setoda highway PA Highway shop Michinoeki Tataru Shimanami park



Sightseeing Onomichi station ferry Innoshima big bridge(1270m) Innoshima navy castle Karouto ferry port(Innoshima) ⇒ Kamiyuge port(Yugesima) 5min



Yugeshima Kujiyama mt observation Yuge big bridge(980m) Ikuna bridge(515m) Iwaki bridge(916m) Sekizen observation



Sanko ferry:Iwakishima Koso port→Ikuchishima Sue port 5min Tataru big bridge(1480m) Michinoeki Tataru s¥Shimanami park Omishima bridge(328m)



Hakata bridge(1230m) Kurushima strait big bridge(4105m) Imabari sea mt. observation paark Imabari castle



Stay Imabari Hotel Hichifuku 〒794-0013 Ehime pref Imabari city Kataharacho2-1-21 TEL: 0898-22-3425



Outside dinner Steak house Ono Seto kappo Hakurakuten Hakuga gyoza



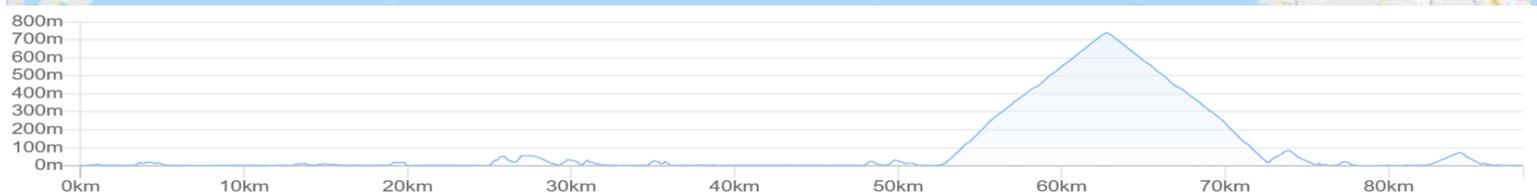
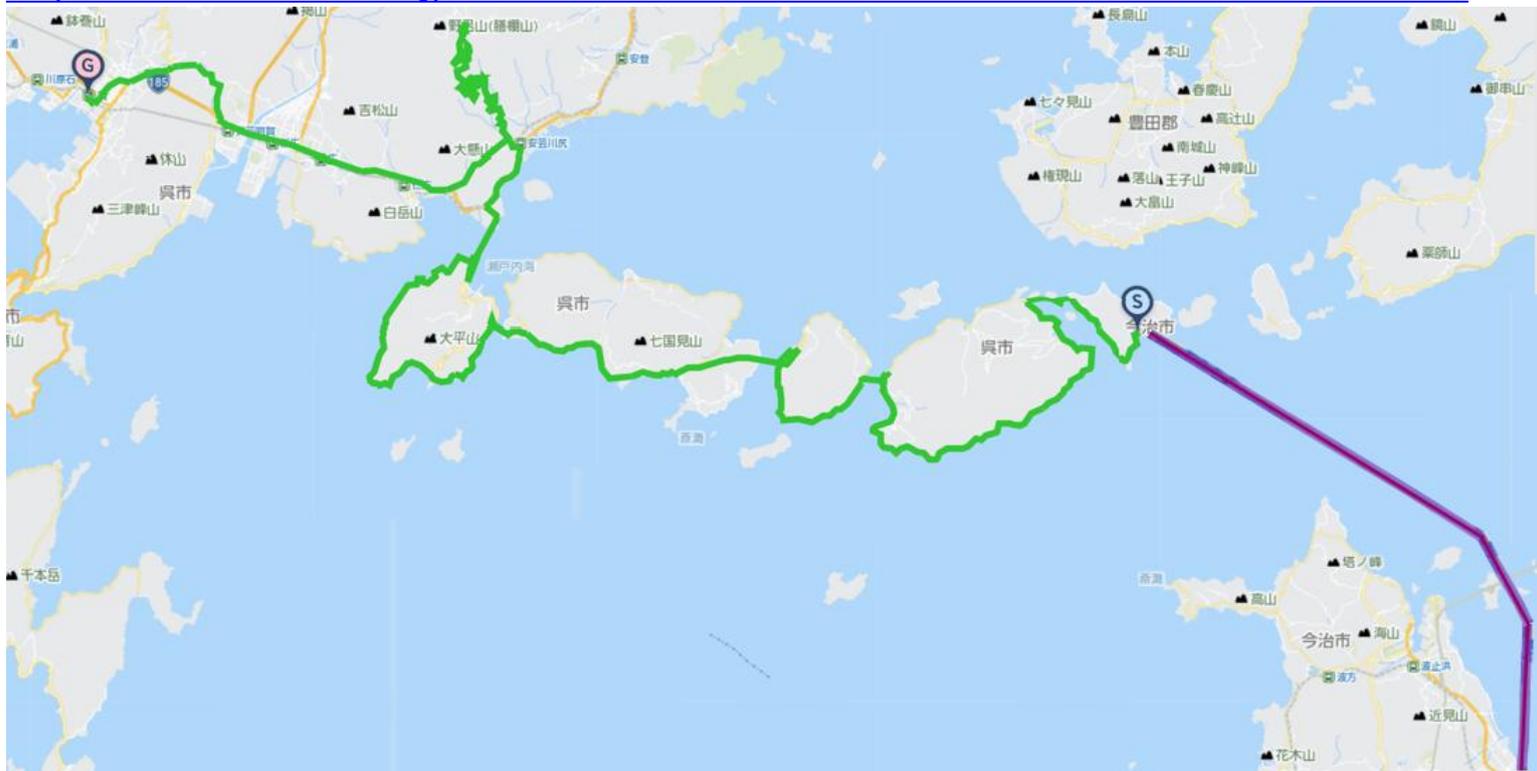
Other stay Umifunetei Imabari plaza hotel Hotel Kikusui Imabari Outside bath sento Motomachi onsen spa Daikokuyu

At hotel Hichifuku , serve breakfast from 6:00- Near Imabari port Family Mart Imabarijo 24h

Public move Onomichi→Innoshima big bridge→Imabari Setouchi bus 1~2 buses each hour

2nd Imabari·Okamura island→Tobishima sea way→Kure 88km+1380m

<https://www.navitime.co.jp/coursebuilder/course/406dcae78ca64ef38b6b30ebfbc4f240>



Move ①Sekizen cruise Tobishima (Passenger ship impossible mottorcar) Imabari port7:20→Okamura island8:18

②Daini Sekize ferry Imabari port8:25→Okamura island9:25

※Sekizen cruise no reservation seat. Boarding is on a first-come served basis. Cooperate by completing boarding procedures early. Sekizen Ferry can only carry 8 to 10 completed bicycles, but if you put them in a bicycle bag and transport them as carry-on luggage, you can carry as many as the number of passengers. If you would like to start riding early and attack Mt. Noro and tour Kure, please board boat ①. The support car will travel from Imabari Port to Okamura Port using the ② Second Sekizen Ferry. Please consign any baggage that you will not need during the ride before you depart.



Aki Kawajiri station(50km) CORAL CAFE 310 pierside pizzeria COUME Kitchen Smile Mimatsu



Kamikamagarijima(31km) Katsuratei Kamagari Hanamizuki restaurant Meguminooka Tokkun dining



Norosan mt.(62km) Noro Kogen national park lodge restaurant – Wild boar dishes



Sightseeing Okamura big bridge Tairajima island Toyoshima big bridge Akinada big bridge



Osaki shimoshima History view hill park Bridge build memorial park jungle gym Toshima cross observation Kamiuragamishima deai house



Kure city Haigamine observation Yamato museum(Kure city sea history scientific museum) Kure Maritime Self-Defense Force Museum (Iron whale hole) Irifune mt. memorial hall



Stay Kure Hotel Kuresio Kure main street 〒737-0045 Hiroshima pref Kure city Hondori3-4-10 TEL:0823-32-5108



Other stay View port Kure hotel Confort hotel Kure Outside spa SPA SOLANI Yamato onsen



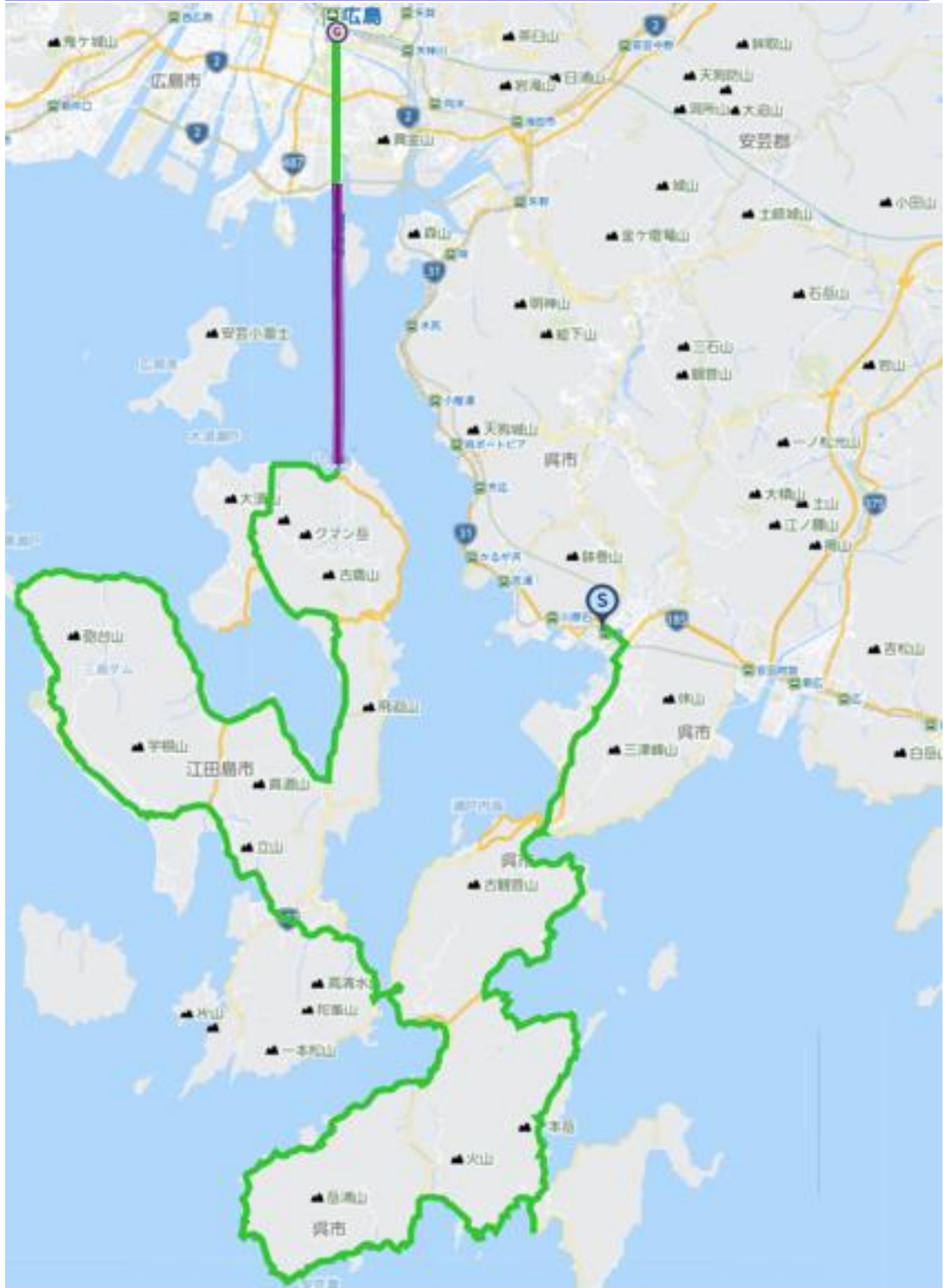
Outside dinner Kashima Tokubei Falco Iseya country yoshoku(19:00 CLOSE)

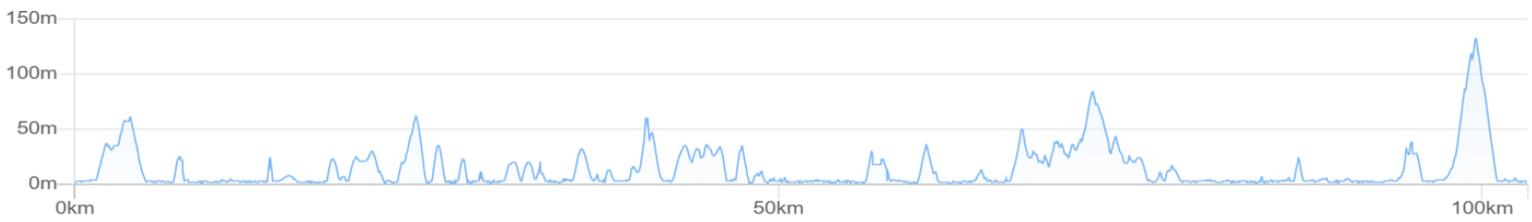


※The stay hotel kuresio no serving dinner.Eat dinner outside restaurants. Breakfast serving from 6:30-  
Public move Okitomo tenmangumae-Osakishimoshima-Toyoshima-Kamiuragarijima-Shimouragarijima-Kure Setouchi Sanyo bus

3rd Kure→Kakishima sea way→Hiroshima 102km+1324m

<https://www.navitime.co.jp/coursebuilder/course/2bfd818e29c344279f1753d1db365698>





Lunch Edashima(62km) Edashima olive factory Island bread souda ! Kappo university Sei tempura



sightseeing Kure history view hill Alley karasu Kojima island Nagato shipbuilding history museum Hayase big bridge



Dabosan mt panoramic observation deck Warship Tone museum Maritime Self-Defense Force First Technical School Education Reference Museum Nishima island



Public move Edashima bus JR Kureline By ship Edashima-Hiroshima①Kirikushi port→Ushina port Ferry Uemura 30min1-2each hour



②Possible to move from Sanko port to Hiroshima Ushina port. Up to the progress ,we may use it.

③Takada port ④Nakashima port Possible to move on jet foil. No moving with support car.

Hiroshima Ushina port→Hiroshima station:Hiroshima bus Ushina line 30min Hiroshima 5th train Hiroshima Ushina port Hiroshima st. 30min 6km  
Bath Stay Natural onsen spa Hotel Livemax PREMIUM HIROSHIMA(Possible day use spa)



Outside meal Tokuyama Tanagokoro Reichan Waku bar



Post sightseeing: Atomic bomb dome Hiroshima Peace Memorial Museum Peace Memorial Park Hiroshima castle



Miyajima shrine Itsukushima shrine Miyajima rope way Misen mt.



**Ride Join Fee(Per day Per person) 16,000JPY(Include Tax)**

**Max Possible Join 10 riders Minimum Number of riders;5-Riders (Full days ride join)**

Included ride join fee : Travel attendant , Support car accompanying Support food supply(fixed limited)

✂NOT INCLUDE Moving fee between your home to the starting point , food , stay , support food more than the limited , public move fee , sightseeing fee are all not included at all.

✂Joining on the way , Leaving midway , traveling with one's bicycle using public transportation , you should pay the ride join fee per day for each you made application.

When you apply , we make estimation for ride join fee with including not included costs for ride join fee.

**Contact E-Mail Adress : [soma@jtourism.jp](mailto:soma@jtourism.jp)**

Please apply with the information as below.

✂In case of less than minimum number of riders join , make another estimation and conduct the tour.

✂Possible to apply from one person to number of group riders , make estimation.

✂Possible to make another plan on order made for another day , longer or shorter distance of course.

✂We make estimation as the number of riders , days you ride , ride fee , stay , food , public moving , sightseeing , attendant move·stay , for total costs

✂Itinerary changes are possible for individual and group applications. We will create the order custom made project and estimate.

For the order custom made project , let you enjoy for fully , we will create a plan for each group.

✂In case of terrible weather , body condition , seem impossible to finish riding on the day , move to the mid place or stay by using public move and support car.

Up to the formal application as below , let you show the personal information.

•The day you ride •Your name •Sex •date , month , year of birth , age •Adress •Handy phone number •E-Mail address

•Stay and food wishes

✂We select and reserve the stay and foods. Personal arrangements are not possible by each riders.

✂Please give the wishes for shared room for men or women , single , twin , foods.

※Please stay in the stays at the organizer's designated stays.

In some case , we cannot meet your request and change the stays on designated.

- Please let me know the pre and post ride sightseeing wishes , settings.
- Possible to contact on the ride day (handy phone)&emergency contact (handy phone possible to contact to the substitute person ※Other than the person riders yourself)
- Experience of your biggest riding , distance(km), Elevation gained(m)  
implementation(Western calendar) season(month, spring summer fall winter)  
area(country , prefectures, course name)

If we judge that you do not have enough experience to participate in this project, we may decline your participation.

## Rental bicycle

Possible to prepare rental road-bicycle , cross-bicycle

If you wish to have rental bicycle , please apply in advance. Request together for Tokyo cycling tour and rental cycle , the partnership ship company.

① Height(cm)②weight(kg) ③bicycle model you wish ④Helmet ⑤grab ⑥pedal (binding or flat) ⑦Bicycle receiving place  
Please let me know them when apply. Sometime , it may not turn out as you wish. Prepare wears and shoes by yourself.  
I estimate rental price up to the information

Implementation notification ; After recruitment deadline to some days before the starting , number of riders , weather forecast , judge the implementation and contact directly to the riders.

Refund ; In case of impossible to hold the plan , we pay back Amount excluding expenses such as fees from ride participation fee.

If the participant is unable to participate due to circumstances , paid ride participation fees will not be returned.

If it becomes impossible to run due to weather or local situation judgment after the start , paid ride participation fees will not be returned.

- Take ride onto the tour recommended courses with group rides and solo freerides
- There is no competition for time. Riders work together to reach the goal. Awards will not be given based on ranking
- There will be no traffic control around the venue. Please follow the local traffic rules.
- Group rides/recommended course rides are the basics. Please notify in advance for your wish on solo free rides.
- It is also possible to switch to local wheeled transportation instead of riding due to physical condition etc.
- The support car transports unnecessary luggage while riding a bicycle , supply support food , follow finishing.
- The support car moves at the behind of the last rider, basically.
- If you ride out of the recommended course , we do not change the stay point.
- There is no support rider leading or tailgating.
- Those who can join that possible to reach their destination on their own using a smartphone, navigation system, or location search device , or possible on a group ride those who can accompany other members with cooperation.
- If there is a significant delay from the moving of other riders in the group , we will give you instructions on how to move your bicycle to the stopover point, accommodation on the day, and the goal.
- The organizer will present recommended courses in advance , but the support car will not be providing detailed guidance to riders while moving alongside them along the way.
- Bicycles, helmets, puncture kits, bike bags, clothing, cold weather gear changes, etc , please prepare what you need and bring it with you by yourself.
- Please wear brightly colored clothing such as red, yellow, and white. Never wear dark colors such as black or navy blue.

We will lend you a red jacket if necessary.

•You are responsible for your own bicycle maintenance and repairs. Please prepare your own spare tubes, maintenance tools, etc.

- standing air pumps and tool boxes will be carried in the support car.
- Please carry a lightweight soft bicycle bag. Carry it with you while riding, so you can move around while riding.
- Depending on where we are staying, bicycle bags may also be used to store your bicycle inside the hotel. Please be

sure to carry bicycle bag.

- If you wish to store your bicycle in the accommodation , please help us store it in a bicycle bag when you enter the stay and bring it into the building.
- Hard and semi-soft large cases compatible with airplane rides cannot be transported on the road by the support car.
- If you are joining with a large wheeled device with a hard case or semi-soft case that is compatible with airplane wheeling, after refilling the soft bicycle bag , check-in at the departure/arrival airport and advance transportation to the planned goal point are required.
- Please purchase your own travel insurance and bicycle insurance. Please purchase bicycle insurance with a personal liability amount of 200 million yen or more.
- Please bring your insurance card with you when participating. We check your carry-on the insurance before departure.
- In terms of event , in case injury and illness occur , the participates have no objection to receiving first aid. The organizers will not be held responsible for the method, process, etc.
- The participates in addition to the participants, relatives, heirs, executors, trustees, etc. will not make any claims for damages, etc regardless of the cause, the organizers will be exempt from responsibility in case of accidents, losses, injuries, illnesses, etc. during the event (including aftereffects)
- We eat lunch around noon at the same near restaurant in the same area as possible, depending on the progress of the tour group.
- Lunch, dinner, breakfast, and bathing fees are not included in the ride join fee.
- Support food is also dependent on paid donations from past participants. When you use it, please donate to volunteers or goods.
- Toll road usage fees, sightseeing fees, and travel expenses are not included in the ride participation fee.
- Routes and expenses occurred for group transportation will be decided on-site after discussion, taking into account terrain, weather and progress.
- Transportation costs from your home to the meeting/dissolution location and use of public transportation midway are not included.
- To maintain your health and maintain hygiene , please take a bath, shower, and change of clothes before using public transportation after your ride before going back to your home.
- To avoid inclement weather or traveling in the dark after sunset, we may ask you to turn back, take a shortcut, or take a bicycle onto train move from a station along the way.
- Participants are responsible for safety, course management, bicycle maintenance, cold/heat resistant clothing, measures to prevent bicycle stolen , etc.
- If we decide that you cannot participate safely at your own risk, if you are causing a significant nuisance to other participants, or if you are unable to follow the instructions of the staff, you will be asked to leave the venue even midway through.
- Please note that the participation fee will not be refunded under any circumstances.
- Sightseeing recommendations: If you arrive early and have time, please go sightseeing on your own.
- If you have a request for sightseeing in advance, we will take time in advance and provide support, such as temporarily taking over your bicycle.
- If you consult with us in advance, we will be able to arrange and provide on-site guidance regarding recommended tours for the day before and after ride.

#### Accommodation, dinner and breakfast

- This is a ride tour in which the organizer decides in advance which lodgings to stay at and travels from one inn to another to sightseeing spots and famous places.
- Accommodation fees are not included in the ride participation fee. It will be included in the cost estimate as a necessary expense at the time of application.
- Recommended accommodation, dinner and breakfast will be arranged by the organizer. Subject to change.
- As much as possible , we prepare at lodging locations bicycle storage in or near the hotel, a large hot spring bath, yukata, dinner and breakfast, a sleeping room, and a power source.
- We eat dinner and breakfast generally as a group at stay , but , if you wish to eat food outside the stay, please contact us in advance.
- If you have dinner, breakfast, or bathing buying outside the building, we will not provide transportation by support car and not accompany. Please move on your own by walking or using public transportation.
- Each day, luggage will be loaded into the support car and the start will be from the meeting point at designated accommodation. Please come to the meeting point by the departure time

•The meeting departure time is basically 7:30 am every morning, but it changes depending on the breakfast service time and driving distance, and will be decided locally.

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Japan Tourism Agency Registered Travel Agent (No. 347) Regular member of the Japan Association of Travel

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Japan bicycle journey with stays

2025: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2025E.pdf>

2026: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2026E.pdf>

2027: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2027E.pdf>

One Day Ride Around Tokyo

<https://jtourism.jp/2020/wp-content/uploads/2024/09/JapanOneDayRideAroundTokyo.pdf>