

JTO Sadogashima Island Bicycle Journey

Sadogashima island round long ride & Hill climbs

2026 July 18th(Thu) ~ July 21st(Sun) 4 Days

Distance : 488km Total Gain : 6520m

First section 18th(Thu) & 19th(Fri) : Sado-Ichi: Sadogashima island round (2 days)

Distance : 202km Total Gain : 2125m

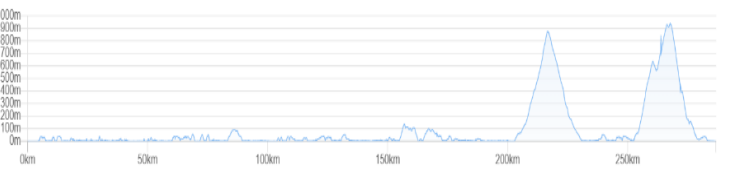
Second section 20th(Sat) & 21st(Sun) : Sado-Ichi one day attack & Hill Climbs

Distance : 286km Total Gain : 4395m

Niigata June 18th Sunrise at 4:21 Sunset at 19:09

First <https://www.navitime.co.jp/coursebuilder/course/eafaf03bcf6546709000cf32d07dc645>

Second <https://www.navitime.co.jp/coursebuilder/course/e7c6ac4640a3432798821c164f214e1f>



2026 Summer Sadogashima island round long ride & hill climbs

1st 18th(Thu)Sado island south seaside Ryotsu port→Sawada(100km+2021m)

2nd 19th(Fri)Sado island north seaside Sawada→Ryotsu port(102km+1104m)

3rd 20th(Sat)SadoislandroundRyotsu port start finish Sado-Ichi(202km+2139m)

4th 21st(Sun)Tonden mt.&Myoken mt. Hill climbs(84km+2256m)

Pre stay recommend Ryotsu port Toki Densetsu to Rotenburo no Yado Kiraku

〒952-0016 Niigata pref Sado city658 TEL: 0259-27-6101



Other stay Ryotsu Yoshidaya lakeside inn Yutakaya ryokan Amanogawaso Kanazawaya ryokan

Pre stay sightseeing

Ryotsu local history museum Crested Ibis bird forest park Siizaki Suwa shrine No dance stage Sado legend history museum



Sado goldmountain museum Yadonegi Hangiri tub ship Kitazawa flotation plant ruins Tatakou Sado drum experience hall



Pre stay meal recommend Ishihara sushi Isaribi Tengoku Kitchen Yorokonde Haraguro



Move recommend(From Tokyo)

Shinkansen express Tokyo st.(6:08)→Niigata st.(8:10) others,1~2 trains per hour

Local bus Niigata station(8:35)→Niigata port(8:52) others each time

Jet foil Niigata port(9:40)→Sado island Ryotsu port(10:47) 5~6 ships per day

Car ferry Niigata port(9:20)→Sado Ryotsu port(11:50) 5 ferries per day

June 18th(Thu) Meet Ryotsu port South pier parking

12:00(Briefing bicycle check) 12:30 Ride start

Please come to the meeting spot after lunch by yourself.

Lunch Ryotsu port Shiosai pier dining(10:00-) Bowl Donya(11:00-) Isaribi(10:00-) Uohide sushi(8:00-)



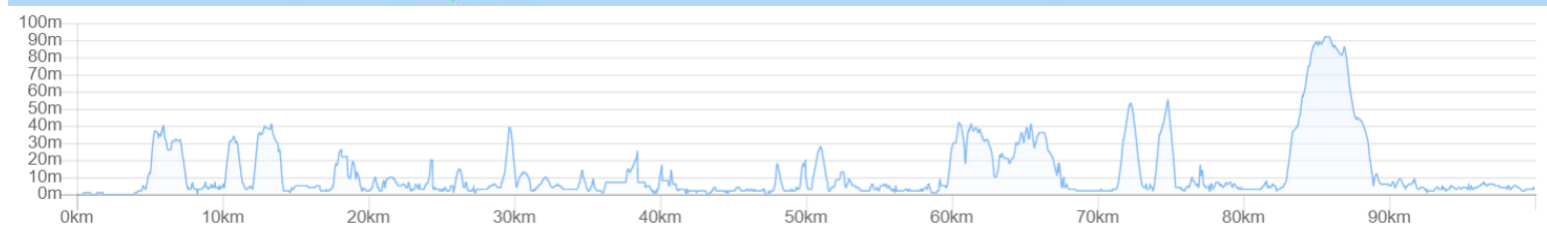
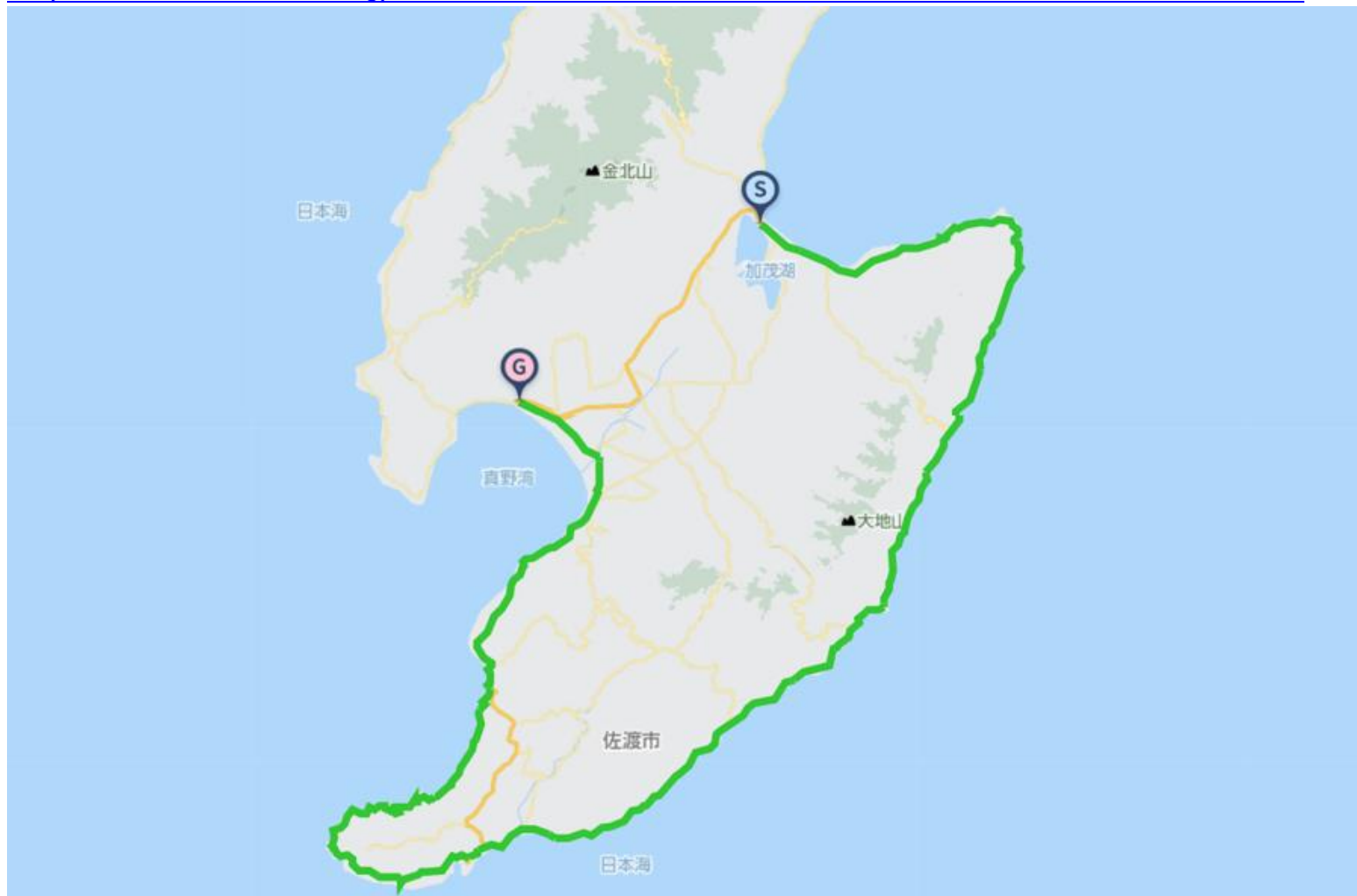
※NO lunch spot east seaside of Saado island. Eat lunch at Ryotsu port or other before start. Please lunch with bicycle checking.

First section 18th(Thu) & 19th(Fri): Sado-Ichi:Sadogashima island round(2days)

Distance:202km Total Gain:2125m

1st 18th(Thu) Sado island south 100km+1021m

<https://www.navitime.co.jp/coursebuilder/course/bb871ce1b0b84ca092448975de842d6e>



Please take your luggage in the support car and start group riding.

Possible to have pre night stay and start AM time starting. Please ask your luggage in the car from early in the morning.

Please ask when you apply.

Breakfast outside Ryotsu port Rawson Sado Ryotsu: 24H

12:30 Start Ryotsu port

Estimated passing time

- ① 13:30 16km point Bentenzaki cape
- ② 14:30 35km point Matsugasaki
- ③ 16:00 60km point Ogi port
- ④ 17:30 80km point Kawagasezaki cape
- ⑤ 19:00 100km point Sawada goal

Sightseeing rest Himesaki light house Matsugasaki Konosehana lighthouse Sawasakihana lighthouse Nansenkyo cave



Akadomari folk museum Nishimikawa gold park Sado folk museum • Sengokusen ship museum Mano bay



Stay Sawada onsen spa Iriumi ryokan inn 〒952-1325 Niigata pref Sado city Kubota782 0259-52-3521



Outside dinner Sawat ariki sushi Karuta Matsuyama kappo Fukufuku island dining

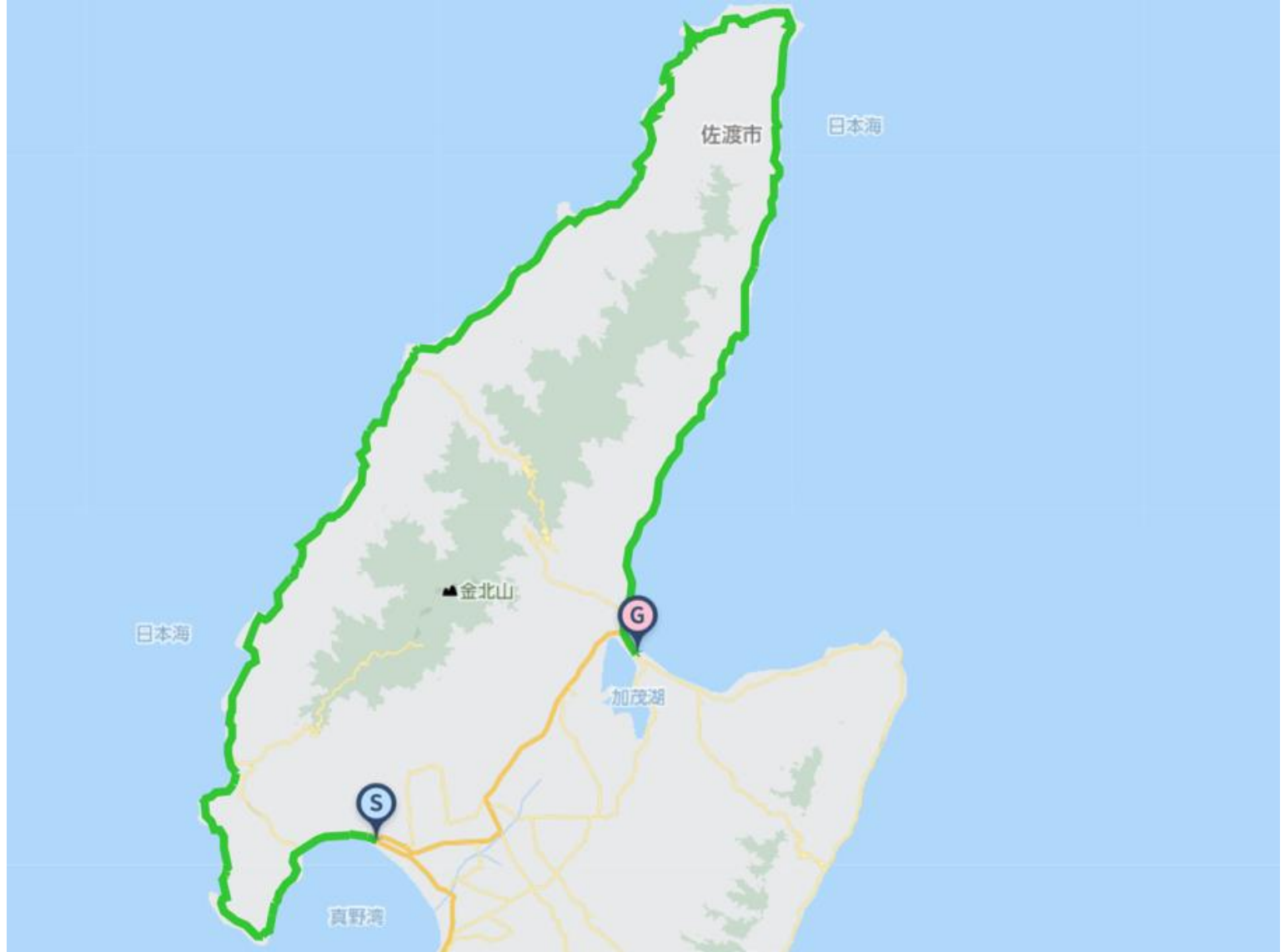


Other stay Hachimankan international Sado sightseeinh hotel Kiyosei ryokan inn

Public move Niigata kotsu bus East seaside line Akadomari line Honsen

2nd 19th(Fri) Sadogashima island north 102km+1104

<https://www.navitime.co.jp/coursebuilder/course/2d669cc5ac774be6871a290d53552963>



6:30~ Sawada ride start Possible early time starting and sightseeing Kanzo flowers.

- ① 8:00 20km point Aikawa
- ② 9:30 43km point Irisaki beach
- ③ 11:00 66km point Onokame cape
- ④ 13:30 84km point Naikakufu
- ⑤ 15:00 102km point Ryotsu port

Lunch recommend Onokame lodge(Need reservation booking)



SADO Futatsugame view hotel(Need reservation booking)



※In case you cannot lunch at the upper dinings , you can pre buy near stay Lawson Sado Sawada(24H) , Marui Sado(9-21) , Hotto Motto Sado Sawada(7-23) , Lawson Sado Aikawa. Need pre check.

Sightseeing rest Daigahana light house Nanaura coast Senkaku bay Hiranesaki wave break halls



Sotokaifu coast Ozare fall Onokame Z hill Sainokawara



Futatsugame natural walking pass Dansaki light house Ryotsu port Kamo lake



Aikawa Sado magistrate's office ruin Ageshima aquarium·Sea view ship Aikawa traditional technology folklore hall Aikawa folk museum



Onokame Kanzo flower colony(June is the Kanzo flower blossom season)



Public move Niigata kotsu bus Kaifu line Uchikaifu line Honsen line

Stay Ryotsu port Kiraku Toki legend and open onsen spa 〒952-0016 Niigata pref Sado city658 TEL: 0259-27-6101



In Kiraku Toki legend and open onsen spa , possible using open spa from 15:00-. If only shower , Sado Base is OK to use.

Other stay Ryotsu Yoshidaya lakeside inn Yutakaya ryokan inn Amanogawa so Kanazawaya ryokan inn



※Jet foil departure Ryotsu port(16:25start)→Niigata port(17:32 arrival): The last
※Car ferry Ryotsu port(16:05start)→Niigata port(18:35) The last 19:30→22:00

Outside dinner Ryotsu Ishihara sushi Isaribi Tengoku Ajidokoro Yorokonde Haraguro kitchen



Second section 20th(Sat) & 21st(Sun): Sado-Ichi one day attack & Hill Climbs

Distance: 286km Total Gain: 4395m

3rd 20th(Sat) Sado-Ichi oneday attack 202km + 2139m

<https://www.navitime.co.jp/coursebuilder/course/eafaf03bcf6546709000cf32d07dc645>



Estimate passing time Put luggage at stay and start. Early morning start breakfast with the stay breakfast or support foods.

- 5:00 Ryotsu port start
- ① 6:00 16km point Bentensaki cape
- ② 7:00 35km point Matsugasaki cape
- ③ 8:30 60km point Ogi port

- ④ 10:00 80km point Uryuzaki cape
- ⑤ 12:00 100km point Sawada ✖If you cannot arrive Sawada until 12:00 , please go back to Ryotsu by route350 road.
- ⑥ 14:00 120km point Aikawa
- ⑦ 15:30 143km point Irisaki beach
- ⑧ 17:00 166km point Onokame cape
- ⑨ 18:00 184km point Naikakufu bay
- ⑩ 19:00 202km point Ryotsu port GOAL

Breakfast Ryotsu Rawson Sado Ryotsu 24H (The stay in breakfast serving from 7:00 earliest. Use convenient stores to buy.)
 Lunch Manoshinmachi(94km) Kosado Nagai sushi Yushokudo Garage café Rennsport



Sawada Kawaradahonmachi(101km) Maruishi conveyor belt sushi Nakahori tonkatsu Un Grand Pas Marumitei



Aikawa(118km) Mochidaya old house café bar Takeya Itamae restaurant Isonoya Tsuruya Parlor



Rest Kogi port Café Hiyoriyamaa(68km) Onokame lodge(170km)



Stay Ryotsu consecutive Ryotsu port Kiraku Toki legend and open onsen spa ☎952-0016 Sado city658 TEL: 0259-27-6101



In Kiraku Toki legend and open onsen spa , possible using open spa from 15:00-. If only shower , Sado Base is OK to use.

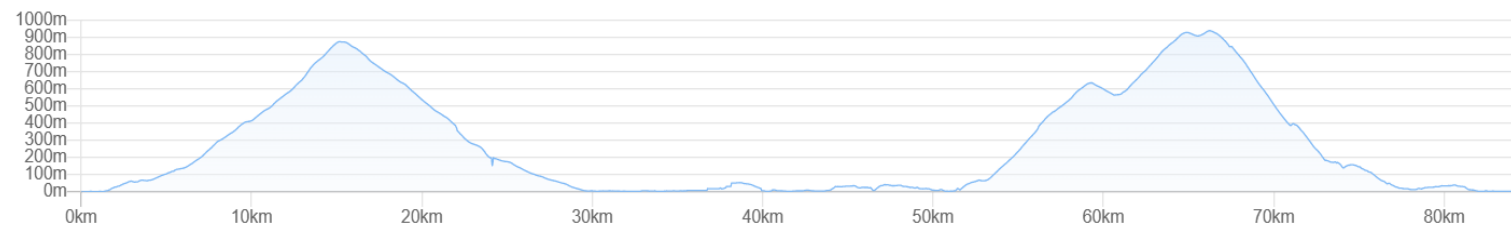
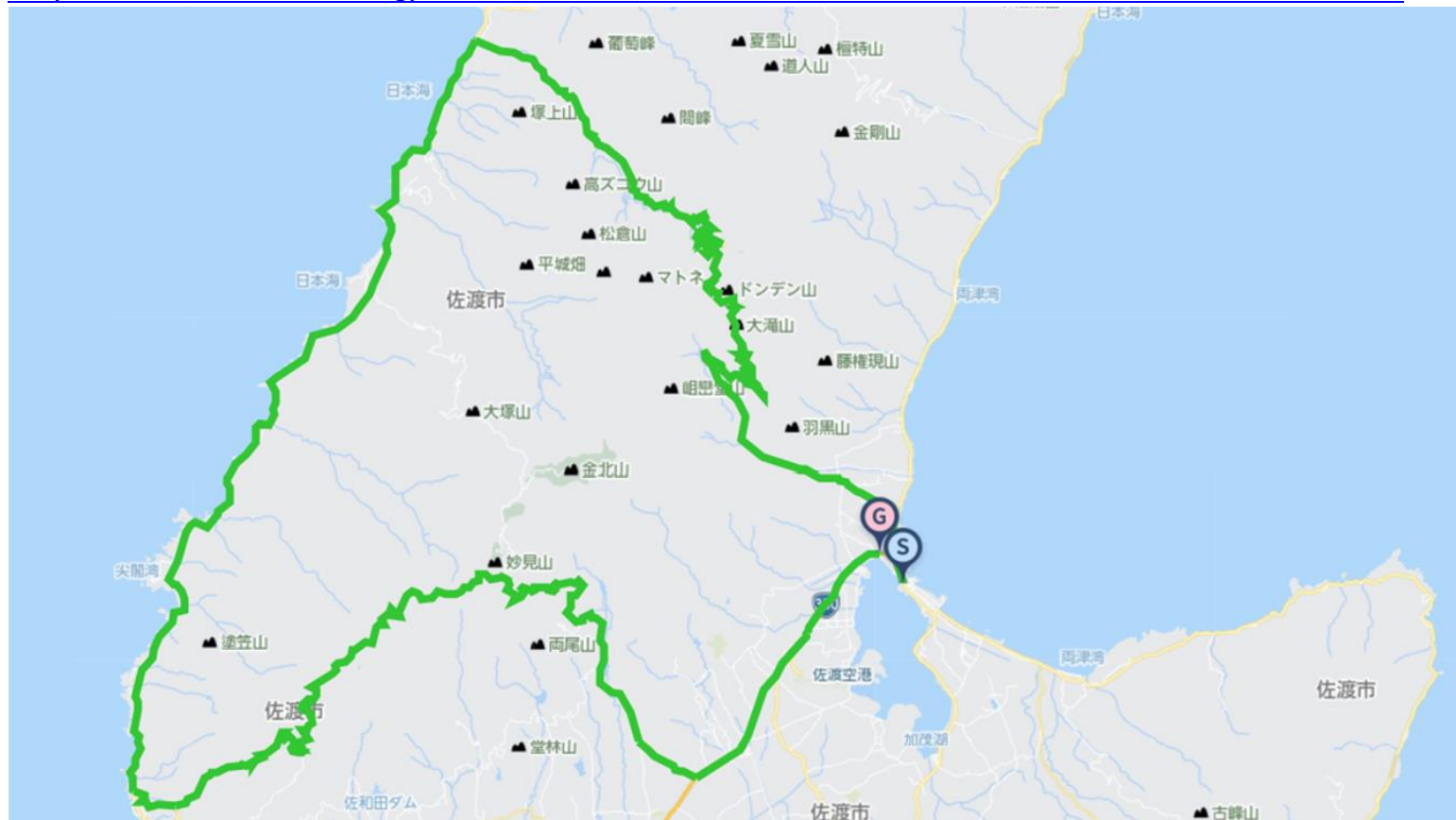
Other stay Ryotsu Yoshidaya lakeside inn Yutakaya ryokan inn Amanogawaso Kanazawaya ryokan



Public move Niigata kotsu bus East coast line Akadomari line Kaifu line Uchikaifu line Honsen line

4th 21st(Sun) Donden mt. & Myoken mt. Hill Climbs(84km+2256m)

<https://www.navitime.co.jp/coursebuilder/course/5d71143e0b5c435ea8741aa4d1039b80>



Estimate passing time Put luggage at stay and start. Early morning start breakfast with the stay breakfast or support foods.

5:00 Ryotsu port start

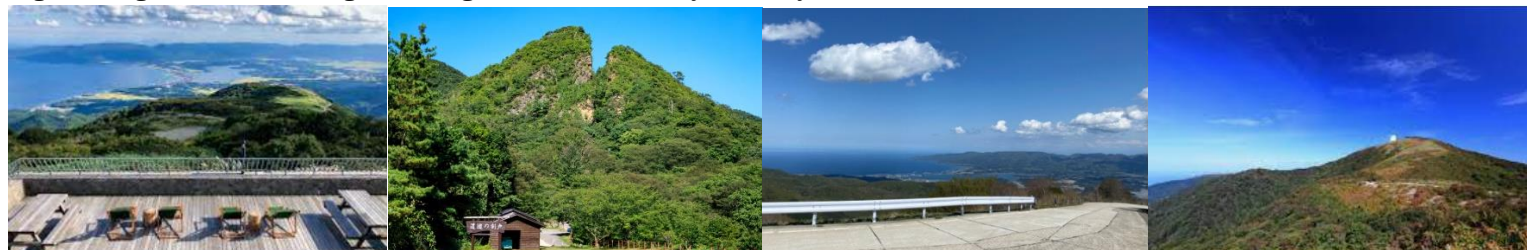
- ① 7:30 15km point Donden mt.
- ② 8:30 30km point Sensaki
- ③ 9:30 50km point Aikawa ※If you cannot arrive Sawada until 9:30 , please go back to Ryotsu by route350 road.
- ④ 12:00 67km point Myokensan
- ⑤ 13:00 80km point Kanai(Lunch)
- ⑥ 15:00 84km point Ryotsu port GOAL

※At the down hill from Donden mt.(15km~30km)、from Myoken mt.(66km~77km),the support car lead and control the speed not to overtake slow speed.

Suply Lawson Sado Aikawa(24H) Shopping plaza King Aikawa(9-) Kodama market(9:30-) Kitazawa Terrace(10:00-)



Sightseeing Donden mt.lodge Sado gold mt. Osado sky line Myokensan mt.



Lunch Kanai(77km) SHIMAYA CAFÉ(10~19) Steak Ekibasha(11:30~13:30)

Aoi Sado udon noodle(11~15) Sandaime ramen noodle(11:30~14:30)



In Kiraku Toki legend and open onsen spa , possible using open spa from 15:00-. If only shower , Sado Base is OK to use.
Niigata city Sento spa Chidoriyu Sakaiyu

Public move NO bus moving along hill climb route. Ryotsu⇄Sawada , use Niigata bus honsen.

※Jet foil time Ryotsu port(16:25)→Niigata port(17:32): The last foil

※Car ferry time Ryotsu port(16:05)→Niigata port(18:35)

Ride Join Fee(Per day Per person)

First Section 19,000JPY(Include Tax)

Second Section 23,000JPY(Include Tax)

Max Possible Join 1 Oriders Minimum Number of riders;5-Riders (Full days ride join)

Included ride join fee : Travel attendant , Support car accompanying Support food supply(fixed limited)

※NOT INCLUDE Moving fee between your home to the starting point , food , stay , support food more than the limited , public move fee , sightseeing fee are all not included at all.

※Joining on the way , Leaving midway , traveling with one's bicycle using public transportation , you should pay the ride join fee per day for each you made application.

When you apply , we make estimation for ride join fee with including not included costs for ride join fee.

Contact E-Mail Adress : soma@jtourism.jp

Please apply with the information as below.

※In case of less than minimum number of riders join , make another estimation and conduct the tour.

※Possible to apply from one person to number of group riders , make estimation.

※Possible to make another plan on order made for another day , longer or shorter distance of course.

※We make estimation as the number of riders , days you ride , ride fee , stay , food , public moving , sightseeing , attendant move·stay , for total costs

※Itinerary changes are possible for individual and group applications. We will create the order custom made project and estimate.

For the order custom made project , let you enjoy for fully , we will create a plan for each group.

※In case of terrible weather , body condition , seem impossible to finish riding on the day , move to the mid place or stay by using public move and support car.

Up to the formal application as below , let you show the personal information.

•The day you ride •Your name •Sex •date , month , year of birth , age •Adress •Handy

phone number · E-Mail address

· Stay and food wishes

✕ We select and reserve the stay and foods. Personal arrangements are not possible by each riders.

✕ Please give the wishes for shared room for men or women , single , twin , foods.

✕ Please stay in the stays at the organizer's designated stays.

In some case , we cannot meet your request and change the stays on designated.

· Please let me know the pre and post ride sightseeing wishes , settings.

· Possible to contact on the ride day (handy phone) & emergency contact (handy phone possible to contact to the substitute person ✕ Other than the person riders yourself)

· Experience of your biggest riding , distance(km), Elevation gained(m)

implementation(Western calendar) season(month, spring summer fall winter)

area(country , prefectures, course name)

If we judge that you do not have enough experience to participate in this project, we may decline your participation.

Rental bicycle

Possible to prepare rental road-bicycle , cross-bicycle

If you wish to have rental bicycle , please apply in advance. Request together for Tokyo cycling tour and rental cycle , the partnership ship company.

① Height(cm)②weight(kg) ③bicycle model you wish ④Helmet ⑤grab ⑥pedal (binding or flat) ⑦Bicycle receiving place

Please let me know them when apply. Sometime , it may not turn out as you wish. Prepare wears and shoes by yourself.

I estimate rental price up to the information

Implementation notification; After recruitment deadline to some days before the starting , number of riders , weather forecast , judge the implementation and contact directly to the riders.

Refund ; In case of impossible to hold the plan , we pay back Amount excluding expenses such as fees from ride participation fee.

If the participant is unable to participate due to circumstances , paid ride participation fees will not be returned.

If it becomes impossible to run due to weather or local situation judgment after the start , paid ride participation fees will not be returned.

- Take ride onto the tour recommended courses with group rides and solo freerides
- There is no competition for time. Riders work together to reach the goal. Awards will not be given based on ranking
- There will be no traffic control around the venue. Please follow the local traffic rules.
- Group rides/recommended course rides are the basics. Please notify in advance for your wish on solo free rides.
- It is also possible to switch to local wheeled transportation instead of riding due to physical condition etc.
- The support car transports unnecessary luggage while riding a bicycle , supply support food , follow finishing.
- The support car moves at the behind of the last rider, basically.
- If you ride out of the recommended course , we do not change the stay point.
- There is no support rider leading or tailgating.
- Those who can join that possible to reach their destination on their own using a smartphone, navigation system, or location search device , or possible on a group ride those who can accompany other members with cooperation.
- If there is a significant delay from the moving of other riders in the group , we will give you instructions on how to move your bicycle to the stopover point, accommodation on the day, and the goal.
- The organizer will present recommended courses in advance , but the support car will not be providing detailed guidance to riders while moving alongside them along the way.
- Bicycles, helmets, puncture kits, bike bags, clothing, cold weather gear changes, etc , please prepare what you need and bring it with you by yourself.
- Please wear brightly colored clothing such as red, yellow, and white. Never wear dark colors such as black or navy blue. We will lend you a red jacket if necessary.

- You are responsible for your own bicycle maintenance and repairs. Please prepare your own spare tubes, maintenance tools, etc.
- standing air pumps and tool boxes will be carried in the support car.
- Please carry a lightweight soft bicycle bag. Carry it with you while riding, so you can move around while riding.
- Depending on where we are staying, bicycle bags may also be used to store your bicycle inside the hotel. Please be sure to carry bicycle bag.
- If you wish to store your bicycle in the accommodation, please help us store it in a bicycle bag when you enter the stay and bring it into the building.
- Hard and semi-soft large cases compatible with airplane rides cannot be transported on the road by the support car.
- If you are joining with a large wheeled device with a hard case or semi-soft case that is compatible with airplane wheeling, after refilling the soft bicycle bag, check-in at the departure/arrival airport and advance transportation to the planned goal point are required.
- Please purchase your own travel insurance and bicycle insurance. Please purchase bicycle insurance with a personal liability amount of 200 million yen or more.
- Please bring your insurance card with you when participating. We check your carry-on the insurance before departure.
- In terms of event, in case injury and illness occur, the participants have no objection to receiving first aid. The organizers will not be held responsible for the method, process, etc.
- The participants in addition to the participants, relatives, heirs, executors, trustees, etc. will not make any claims for damages, etc regardless of the cause, the organizers will be exempt from responsibility in case of accidents, losses, injuries, illnesses, etc. during the event (including aftereffects)
- We eat lunch around noon at the same near restaurant in the same area as possible, depending on the progress of the tour group.
- Lunch, dinner, breakfast, and bathing fees are not included in the ride join fee.
- Support food is also dependent on paid donations from past participants. When you use it, please donate to volunteers or goods.
- Toll road usage fees, sightseeing fees, and travel expenses are not included in the ride participation fee.
- Routes and expenses occurred for group transportation will be decided on-site after discussion, taking into account terrain, weather and progress.
- Transportation costs from your home to the meeting/dissolution location and use of public transportation midway are not included.
- To maintain your health and maintain hygiene, please take a bath, shower, and change of clothes before using public transportation after your ride before going back to your home.
- To avoid inclement weather or traveling in the dark after sunset, we may ask you to turn back, take a shortcut, or take a bicycle onto train move from a station along the way.
- Participants are responsible for safety, course management, bicycle maintenance, cold/heat resistant clothing, measures to prevent bicycle stolen, etc.
- If we decide that you cannot participate safely at your own risk, if you are causing a significant nuisance to other participants, or if you are unable to follow the instructions of the staff, you will be asked to leave the venue even midway through.
- Please note that the participation fee will not be refunded under any circumstances.
- Sightseeing recommendations: If you arrive early and have time, please go sightseeing on your own.
- If you have a request for sightseeing in advance, we will take time in advance and provide support, such as temporarily taking over your bicycle.
- If you consult with us in advance, we will be able to arrange and provide on-site guidance regarding recommended tours for the day before and after ride.

Accommodation, dinner and breakfast

- This is a ride tour in which the organizer decides in advance which lodgings to stay at and travels from one inn to another to sightseeing spots and famous places.
- Accommodation fees are not included in the ride participation fee. It will be included in the cost estimate as a necessary expense at the time of application.
- Recommended accommodation, dinner and breakfast will be arranged by the organizer. Subject to change.
- As much as possible, we prepare at lodging locations bicycle storage in or near the hotel, a large hot spring bath, yukata, dinner and breakfast, a sleeping room, and a power source.
- We eat dinner and breakfast generally as a group at stay, but, if you wish to eat food outside the stay, please contact us in advance.

- If you have dinner, breakfast, or bathing buying outside the building, we will not provide transportation by support car and not accompany. Please move on your own by walking or using public transportation.
- Each day, luggage will be loaded into the support car and the start will be from the meeting point at designated accommodation. Please come to the meeting point by the departure time
- The meeting departure time is basically 7:30 am every morning, but it changes depending on the breakfast service time and driving distance, and will be decided locally.

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Dealing BS Travel Service Co., Ltd
Japan Tourism Agency Registered Travel Agent (No. 347) Regular member of the Japan Association of Travel

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Japan bicycle journey with stays
2025: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2025E.pdf>
2026: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2026E.pdf>
2027: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2027E.pdf>
One Day Ride Around Tokyo
<https://jtourism.jp/2020/wp-content/uploads/2024/09/JapanOneDayRideAroundTokyo.pdf>