

JTO Kyushu Round Bicycle Journey

2026 October 31st (Sat) ~ November 15th (Sun) 16 Days

Distance: 2004km Total Gain: 20860m

<https://www.navitime.co.jp/coursebuilder/course/587e824a065b402b8d38a568946aea9f>



- ① 31st(Sat) Hakata→Munakata→Kokura 85km+544m
- ② 1st(Sun) Kokura→Moji→Usa 99km+556m
- ③ 2nd(Mon) Usa→Kunisaki→Beppu 108km+852m
- ④ 3rd(Tue·Hol) Beppu→Usuki→Saeki 102km+778m
- ⑤ 4th(Wed) Saeki→Nobeoka→Tsuno 126km+1656m
- ⑥ 5th(Thu) Tsuno→Miyazaki→Shibushi 150km+1302m
- ⑦ 6th(Fri) Shibushi→Kimotsuki→Sata cape 123km+2699m
- ⑧ 7th(Sat) Sata cape→Sakurajima→Kagoshima 77km+1778m
- ⑨ 8th(Sun) Kagoshima→Kaimondake→Minamisatsuma 151km+1855m
- ⑩ 9th(Mon) Minamisatsuma→Sendai→Minamata 122km+1090m
- ⑪ 10th(Tue) Minamata→Yashiro→Kumamoto 102km+620m
- ⑫ 11th(Wed) Kumamoto→Saga→Isahaya 151km+907m
- ⑬ 12th(Thu) Isahaya→Shimabara→Nagasaki 146km+1452m
- ⑭ 13th(Fri) Nagasaki→Sasebo→Hirado 148km+2094m
- ⑮ 14th(Sat) Hirado→Imari→Yobuko 121km+1984m
- ⑯ 15th(Sun) Yobuko→Itoshima→Hakata 93km+693m

Pre post stay sightseeing Hakata Dazaifu tenmangu Fukuoka tower Ohori park Nakasu



Meal Motsu citew Ichifuji·Yamaya Hakata Chicken citew Torita Hakata Gion Tetsunabe Tonkotsu ramen noodle Hakaisso



Pre stay recommend: Hotel Hokke club Fukuoka 〒812-0018 Fukuoka city Hakataku Sumiyoshi 3-1-90 TEL:092-271-3171



31st November 1st(Sat) Meet at 10:00 Start 10:30 at Hotel Hokke club Fukuoka (In front of Sumiyoshi Jinja shrine)

※Before start , we have briefing for course , meals , accommodations. After praying for safety at Sumiyoshi shrine, we start.

※We do not receive you inside Hakata station , Fukuoka airport.

In Fukuoka airport , if you use bicycle carrying bag for international airplane use , you can ask for keeping it at airport Sagawa Kyubin office max on 30 days. Please join us after asking by public move and taxi or self riding to the meeting point.

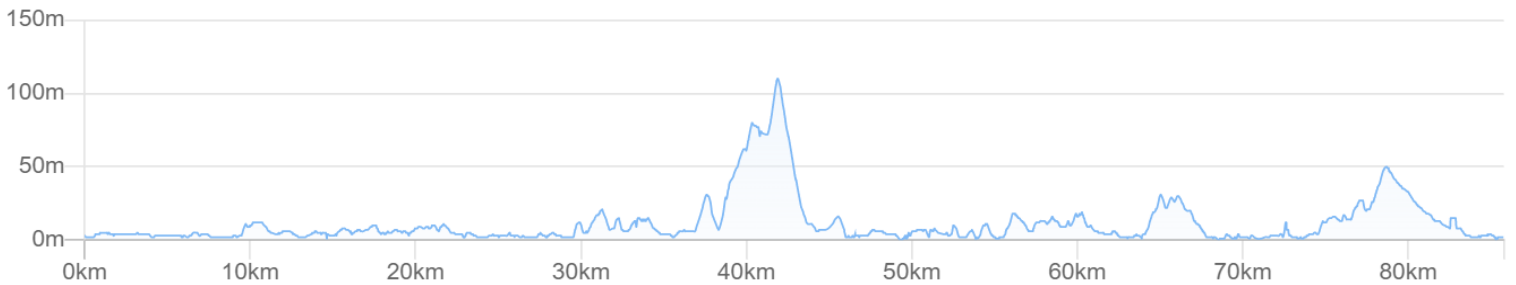


2025 November 1st (Sat) Hakata Sunrise at 6:36 Sunset at 17:28

2025 November 16th (Sun) Hakata Sunrise at 6:50 Sunset at 17:16

① 31st (Sat) Hakata → Munakata → Kokura 85km + 544m

<https://www.navitime.co.jp/coursebuilder/course/54e720f9f19a4b15b78f9e2d63fe6f92>



Lunch Kaminato port (33km) Takayoshi Kappo ryokan Umihiko Shobuan soba noodle Jyuttoki chanpon noodle



Okagakicho (44km) Benkei Game dish Miyoshi Himawari trattoria Girasole Oshiki Japanese dining



Sightseeing Hakata port Genkainada strait Wakato steamer shipping Kokurajo castle

Wakato bridge is not for passing by walk and bicycle. Please use Wakato steamer shipping. Possible to take on in rinko bag.



Stay Nishitetsu inn Kokura 〒802-0003 Fukuoka pref Kitakyushu city Kokurakita-ku Komecho1-4-11 tel:093-511-5454



Dinner Konjakutei Momijitei Kurodabushi Bistro Banquet

※For the first dinner , eat at outside hotel restaurant with all riders as possible. On participation , let know your wish. After checking all riders will , we decidethe restaurant. The below are recommending examples.



Other Hotel Crown hills Kokura Super hotel Kokura station South Public move: JR Kagoshima honsen line Hakata→Kokura

② 1st(Sun) Kokura→Moji→Usa 99km + 556m

<https://www.navitime.co.jp/coursebuilder/course/43a7295032334ac5a24d6378f1213264>



Lunch Ikuhashi(49km) Pork steak1010 Kaen Kanedaya ramen noodle Morino Kyujitsu Italian



Ujima(69km) Niburusu Barba Rossa Buzen dining Korekaraya Kanbei Udon noodle Buzenya



Sightseeing Kanmon strait Moji port Nakatsujo castle Usa fudoki hill



Stay Koshita ryokan 〒872-0102 Oita pref Usa city Oaza Minamiusa2184-1 Tel: 0978-37-0148



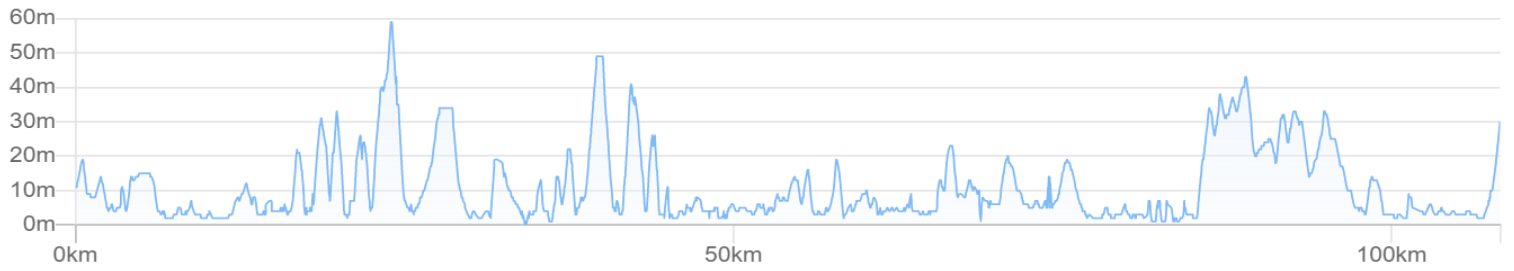
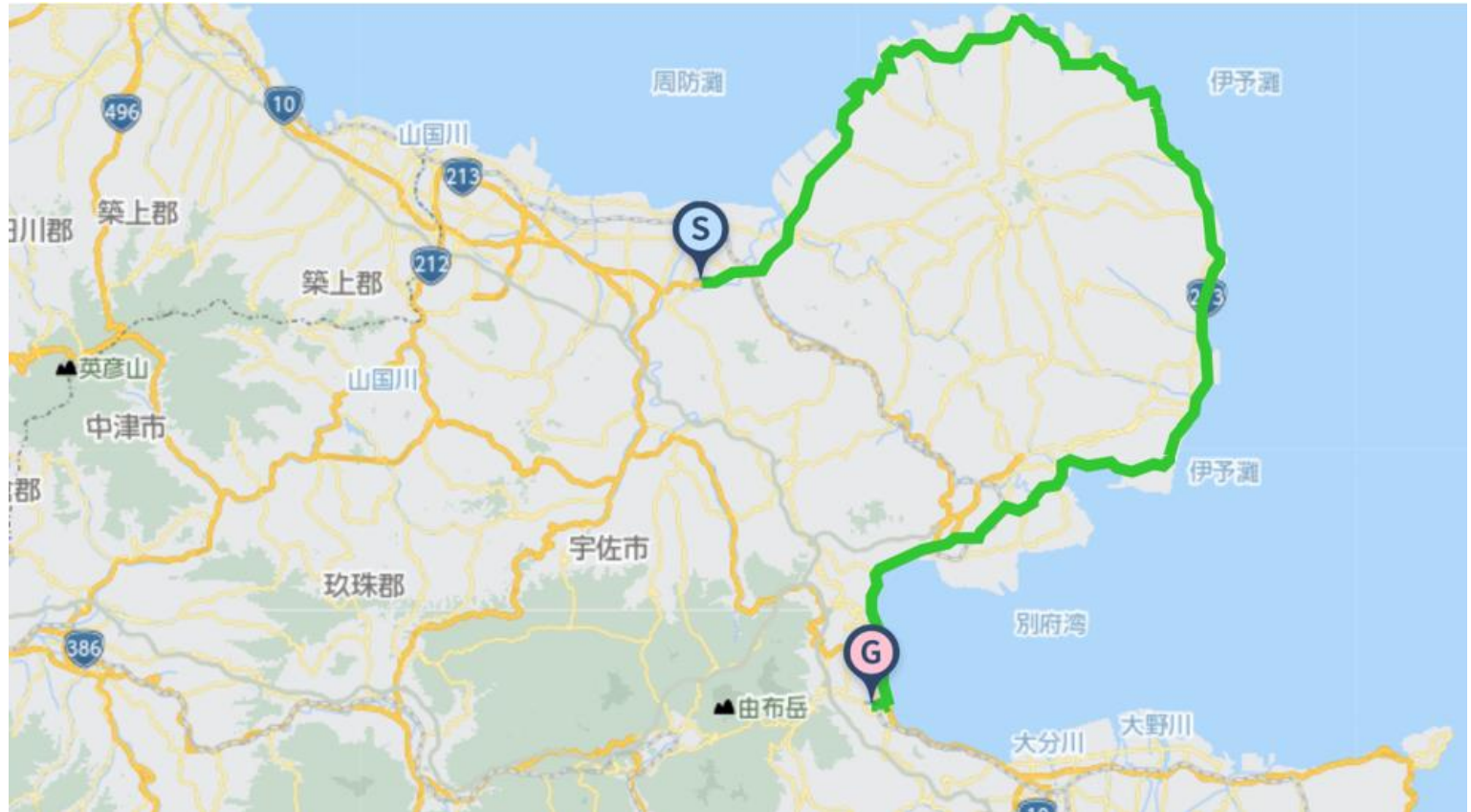
Outside dinner recommend Chikuzei traditional Japanese Takenoya eel Kaneda grill meat Golden pork Usa



Other stay Usa hotel Riverside Public 21 Usa
Public move: JR Nippo honsen line Kokura→Usa

③ 2nd(Mon) Usa→Kunisaki→Beppu 108km+852m

<https://www.navitime.co.jp/coursebuilder/course/8ea6bbfef2484c25bcd4e2f1f4d8a6>



Lunch Kunisaki port(60km) Sushi Katsu Wakatake Shokusai Motoya Grill meat Jin Kunisaki Chinese dining



Oita airport(69km) Kunisaki farm restaurant Tairyō sushi Conveyor belt Trattoria Stile Nandaimon grill meat



Sightseeing Usa shrine early morning praying Kurishima shrine Imi another Hachimansha Beppu tower



Stay Beppu hotel Shiragiku 〒874-0908 Oita pref Beppu city Uedanoyucho16-36 0977-21-2111



Outside dinner Beppu station Toyotsune Bungo teahouse Sumi shun grill Somuri Bungo beef grill



Other stay Shin Horii Momiya ryokan

Public move: Usa→Beppu JR Nittoyo honsen line(Short cut of Kunisaki peninsura)

Oita kotsu bus Usa~Takedatsu port~Kunisaki~Beppu ※It's impossible to ride through the public carrying bus on route.

④ 3rd(Tue·Hol) Beppu→Usuki→Saeki 102km+778m

<https://www.navitime.co.jp/coursebuilder/course/1591009ce2cd4d61909eb5196d0a7ce4>



Lunch Usuki(60km) Kawamura Yamasaki Milano LaMancha



Tsukumi(70km) Shionone Genbei seasonary cuisine cafeNabe Mokuren Kamekichi Charcoal grill



Sightseeing Oita Funai Castle Sagaseki strait port Usuki Samurai residence Saeki castle mt park



Stay Matsuura seafood ryokan 〒876-1202 Oita pref Saeki city Tsurumi ozachi Matsuura550-30 0972-33-1191



Outside dinner recommend Toritomi chicken Ito meat grill Banshotei(in Hotel Kinsuien) Genbei Seasonary cuisine



Other stay recommend Hotel Kinsuien HOTEL AZ Oita Tsukumi

Public move: JR Nittoyo honsen line Beppu→Saeki

⑤ 4th(Wed) Saeki→Nobeoka→Tsuno 126km+1656m

<https://www.navitime.co.jp/coursebuilder/course/fe34fa4fa3a34d0cb9c85855edbac6de>



Lunch Nobeoka Kitaura(62km) Sato Kitaura seafood market Oyster dining Marukane



Nobeoka station(83km) Naochan chicken fried Fuji courtlet Nobeoka Inakaya Kinryufuku Chinese



Sightseeing Yakatajima island Nobeoka castle mt park Hyuga Isegahama beach Tsuno shrine



Stay Kameya ryokan 〒889-1201 Miyazaki pref Kojima gun Tsunocho oaza Kawakita3638-5 TEL:0983-25-0022



Outside dinner Kurobei Gyoza Sonoda Grill meat & Yoshoku Irori izakaya Victory winning chicken Furinkazan okonomiyaki



Support food buy • Next morning outside breakfast Super market center trial Tsuno(24H)

Other stay HOTEL AZ Miyazaki Tsuno Hostel ALA Public move: JR Nottoyo honsen line Saeki→Tsuno

⑥ 5th(Thu) Tsuno→Miyazaki→Shibushi 150km+1302m

<https://www.navitime.co.jp/coursebuilder/course/0173d05595584e6281631e3419146ab0>



Lunch Miyazaki(44km)Grill Roman•Ogura: Chicklen Nanban Morning market in Paris Akazukin Gamanomoti Japan pasta



Ibii station(72km) Seiso seafood Nichinan sea market Araki Epuron tei



Aburatsu port(93km) Bibinya Kono sushi Ihatovo Gobankan 5th street



Sightseeing Aoshima island Nichinan seaside Jacaranda forrest Toi cape



Stay(Osumi Natsui station) Volveria Ataguri 〒899-7101 Kagoshima pref Shibushi city Shibushi Natsui203 099-472-1478



(Shibushi station) Suzukaze Shibushi 〒899-7503 Kagoshima pref Shibushi citya Ariakecho Aihara4100-5 099-475-2340



Bath: Ainogo Health land(Open 10:00 - 21:00)



※3 minutes walk from Suzukaze Shibushi. Take bath and dinner. Up to the number of participates , eat dinner this Ainogo.



Outside dinner Yamadaya seafood Izakaya Nakamura Hakataya fresh seafood Shinsaibo Hakutsuru chicken grill izakaya



Support food・Breakfast outside buy Minesaki Ariake(24H) Super center Nishimuta Shibushi(7:00-23:00)



Other stay Hotel Shibushi Business hotel Shibushi bay Minshuku Seseragi
Public move: JR Nittoyo honsen line・Nichinan line Tsuno→Miyazaki→Shibushi

⑦6th(Fri) Shibushi→Kimotsuki→Sata cape 123km+2699m

<https://www.navitime.co.jp/coursebuilder/course/629286046e25461e9e3474b6d35384cb>



Support food buy Kimotsuki town Uchinoura bay(41km) A Corp Uchinoura(9~19) Eye shop Uchinoura ginza(6:30~20:00)



Lunch Kimotsukicho Uchiura bay(41km) Amimoto Serina New Rocket Inakanoomise Local restaurant



Kishira Yunotani onsen spa (56km TEL:0994-34-6161 Need check and reservation recommend)



Osumi town Satabetsuka Minatohara dining(80km Need check and reservation) Sightseeing Minami Osumi Shiojiri beach



Shibushi~R448~Minami Osumi town route

Kinko town(77km)~Minami Osumi town(85km) Antena shop Hananoki Tokuharu Otaki teahouse somen noodle flow Taiho



Izashiki(105km) Showakan Tokiumi Koki soba noodle Tokiwa ramen noodle



Sightseeing Kuni pine tree plane Rubin park Uchinoura universe space Observatory Sata cape



Stay Sata cape Uchiyamaso 〒893-2604 Kagoshima pref Kimotsuki gun Minamiosumicho Sata Magome429-3 0994-27-3833



Sata cape Nagisa 〒893-2604 Kagoshima pref Kimotsuki gun Minamiosumicho Sata Magome 460-1 TEL:0994-27-3836



On staying at Sata cape , if the number of participates is many , it may separate by group or male-female.

Other stay(Nejime port) Nejime onsen spa Neppy kan

〒893-2502 Kagoshima pref Kimotsuki gun Minamiosumicho Nejime Sengawaminami732 TEL:0994-24-5300

※Wish for Onsen spa , stay in Nejime port , 35km north. ※Visiting Satamisaki cape is up to the time and physical strength.



Outside dinner(Nejime port) Fukuro owl NORI PIZZA Minamiosumi Ippai SozaiTORAYA Momo ramen noodle Happa deri



Other stay Business hotel Orbis (Nejime port)

Riding pre set course , east coast of Minamiosumicho , no public move , buses trains , on along with. To have time to ride please start early in the morning.

Public move:Kagoshima Kotsu bus Shibushi~Kanoya~Nejime port•Minami Osumicho Nejimeminami Nejime spa Neppykan
Shibushi~Knoya:1 bus each hour Need 1hour 10min 31km

Kanoya~Nejime(32km to Sata cape):6 buses per day need 50min 24km

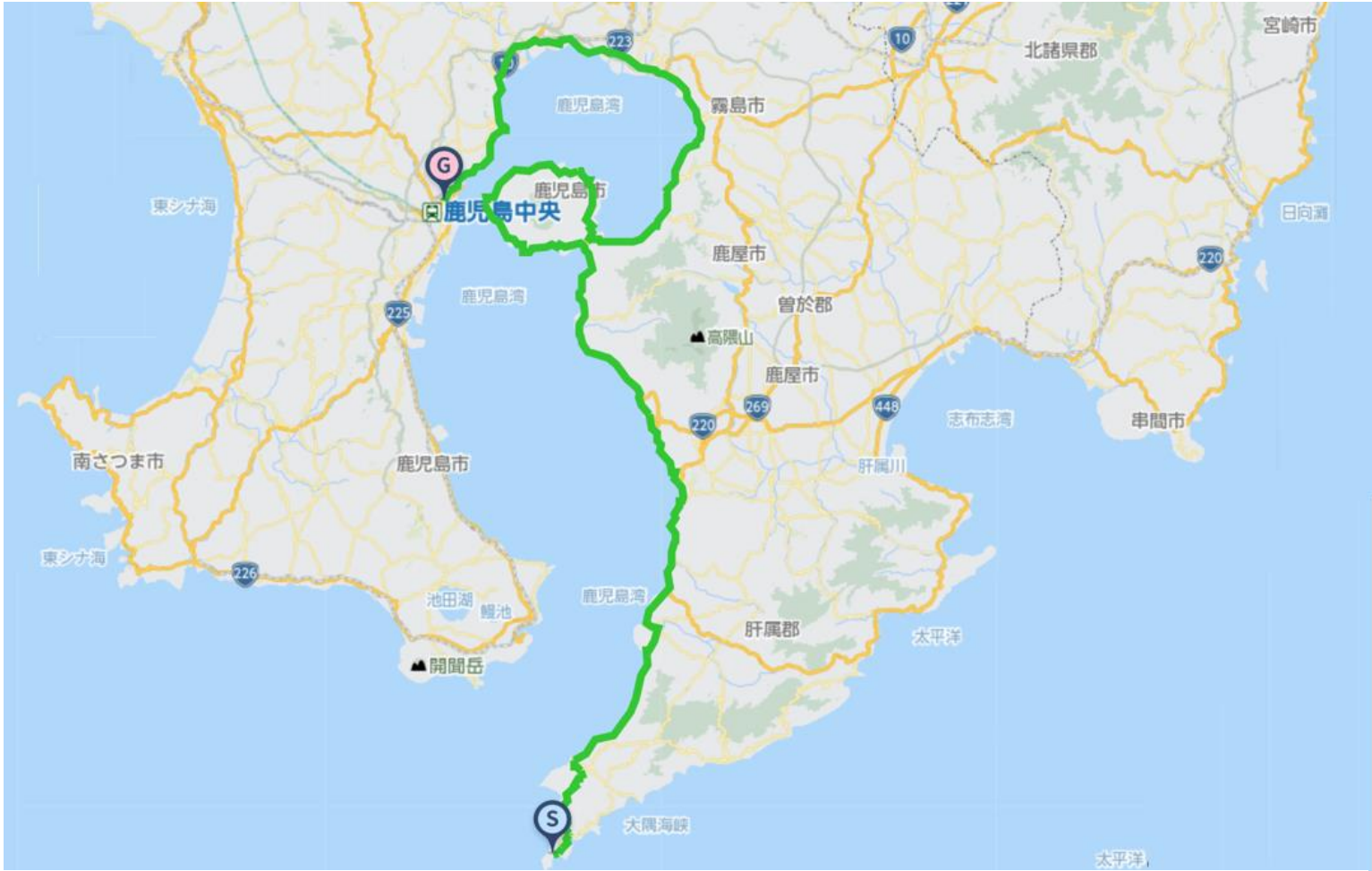
Kanoya~Nejime~Sata Izashiki port(14km to Sata cape) 16:10→17:00→17:28:1bus1day

Sata Izashiki port~Sata cape (14km) No bus along the route. Move by bicycle.

November 7th Sunset at 17:23

⑧7th(Sat) Sata cape→Sakurajima→Kagoshima 77km + 1778m

<https://www.navitime.co.jp/coursebuilder/course/c3d2497157094e9883e9d9caddc20bdd>



Lunch Knoya seaside(50km) Sou south west wind Minato dining Ajisai lunch Mois kitchen



Tarumi(74km) Umino Okan Jyugoro soba noodle Kokaen chinese Tombo ramen noodle

※Sakurajima island round+36km & 512m. Possible short cut. For Sakurajima island round take in Sakurajima island until 10:00



Public move: Kagoshima kotsu bus Sata Izashiki port(14km) ~Nejime 7:45→8:13: 1bus per 1day

Nejime→Kanoya→Tarumi Tarumi→Kokubu station Kagoshima kotsu 6-buses per day

Kokubu station→Kagoshima station: Nippo honsen line

From Tarumi port to Kagoshima Kamoike port, Sakurajima port to Kagoshima port, Ferry cruising in moving. Possible to take bicycle and motorcar.

Sakurajima island west tip (91km) Michinoeki Sakurajima Hinoshima Megumikan Shun mother make taste
 Sakurajima seasonary dining Arcobaleno Restaurante: Kokuminshukusha



Michinoeki Tarumizu(118km) (127km)Yacht marina Ukitsu port Moriizo brewery (133km)Kakuida black vinegar



Sightseeing Sakurajima Yunohira observatory deck Kagoshima shrine Shiroyama park Sakurajima island



Stay Hotel Fukiageso 〒892-0841 Kagoshima city Terukunicho18-15 (In front of Gokoku shrine) 099-224-3500



Outside dinner Nanshukan Kurokuma pod Kagoshima pork shabushabu Kurobei pork courtlet Tontoro Kagoshima ramen noodle



Other stay Hotel residence Nanshukan New Nishino sauna natural spa Hotel Hokke club Kagoshima Silk inn Kagoshima
 Outside bath Kirishima onsen spa sento 〒892-0847 Kagoshima city Nishisengokucho6-20 6:30~22:30



⑨ 8th(Sun) Kagoshima→Kaimondake→Minamisatsuma

151km+1855m

<https://www.navitime.co.jp/coursebuilder/course/cae2a6f036b547f8b9e11b4c5025be54>



Lunch Kaimondake mt (55km) Chinetsu no sato geothermal home (60km) Miracle Tonchinkan grill meat (63km) Oniguchi ramen noodle



Makurazaki city(88km) Manbo Kikuya dining Daitoku local speciality Ichifuku Makurazaki dining



Sightseeing Nagasakihana Kaimondake mt Ikedako lake Bonotsu cape



For Kaimondake mt round way and tunnel , pass by bicycle on yourself by your response. The support car do not get in and along with.



Stay Matsuya ryokan 〒897-1121 Kagoshima pref Minami Satsuma city Kaseda Tojinbara 5636 TEL:0993-52-2710



Outside dinner Gourmand Bulldog Shirakawa pork courtlet Casa Salone Italian Sielon Taiwan dining



Other stay Business hotel Nisshinkan Takeya ryokan Sun stay Kaseda Kaseda hotel Yoshiya
 Public move JR Ibusuki Makurazaki line ;Kagoshimachuo atation→Makurazaki station 1train every hour Need2~3hours
 Kagoshima kotsu bus Makurazaki→Minami Satsuma city hall Kinpo branch(7km from stay)13:35→14:24 17:50→18:44
 Kagoshima chuo station to Chiran , Chiran to Ibusuki local bus.

⑩ 9th(Mon) Minamisatsuma→Sendai→Minamata 122km + 1090m

<https://www.navitime.co.jp/coursebuilder/course/b647b16d29604d598155ddb24ad44a03>



Lunch Satsuma Sendai(50km) Ichibankan Port courtlet Kurodaruma Yamaguchi Yu d' Angelo



Sendaiko port(61 km) Hamanochaya Satsuma sea dining Nishikata station(67km) Michiyo dining Ancient house ENN



Sightseeing Fukiagehama beach(Sand festival) Satsuma international student to England memorial hall Satsuhi Orange train Akune Oshima



Stay Yunotsuru onsen spa Asahiso 〒867-0025 Kumamoto pref Minamata city Yude1559-2 0966-68-0111



Outside dinner Yunotsuru Geihinkan Tsurunoya Onsen soa guest house tojiya Yatai Yunotsuru Bar Yatai Yakmakujira
Outside bath : Yunotsuru onsen spahealth center Hotarunoyu



Other stay Kikuya ryokan Yuyado Tsurumizuso

Public move : Kagoshima kotsu bus Minami satsuma city hall(Kaseda big bridge)~Hioki city Ijyuin high school·Ijyuin station
JR Kagoshima honsen line ; Ijyuin~Minamata

⑪ 10th(Tue) Minamata→Yashiro→Kumamoto 102km+620m

<https://www.navitime.co.jp/coursebuilder/course/e005c15d25cf43d395569e9543083879>



Lunch Yashiro(59km) Konpuramaru Chinmin chinese Monjiro grill meat Munehiro



Matsuhashi(78km) Nanayozuki Shiranui villa New Karaku Menkichi noodle Ajisen ramen noodle Toyofuku



Sightseeing Kumagawa river Kumamoto castle Suizenji park Kinpozan mt



Stay Kikunan onsen spa Yuberu hotel 〒861-5517 Kumamoto city Kitaku Tsuruhaneda3-10-1 TEL:096-344-5600



Outside dinner Suganoya Kamidori horse meat Aoyagi horse meat Nishigin horse beef tongue Kurotei ramen noodle



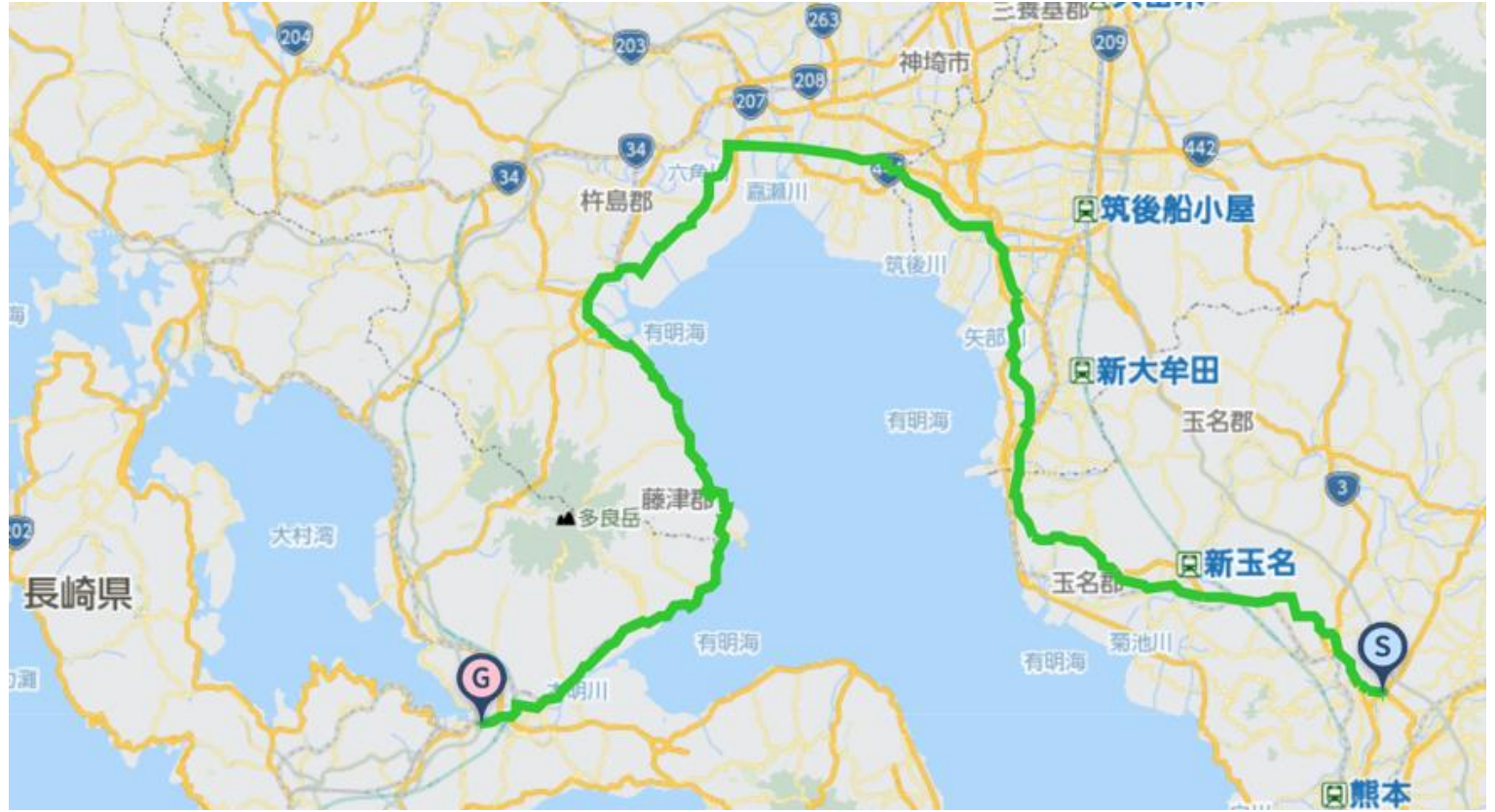
Other stay

Natural spa Rokkanoyu Dormy inn Kumamoto Super hotel Lohas Kumamoto Natural spa Hotel Hokkke club Kumamoto

Public move: Hisatsu Orange train Minamata→Yashiro JR Kagoshima honsen line Yashiro→Kumamoto

②0 11th(Wed) Kumamoto→Saga→Isahaya 151km+907m

<https://www.navitime.co.jp/coursebuilder/course/d208e203f8d74ee1a5d30aa05729a347>



Lunch Saga(72km) Kuraku Saga beef restaurant KIWAMI Butahachi CAPRI



Hizen Ryuo station(96km) Ariake udon noodle Inaho dining Drive inn Yakata Sushiei



Sightseeing Kyusho Ferry Kumamoto~Shimabara Ariake Ferry Tabira~Nagasu Saga castle Yanagawa suigo river cruising



Stay Hotel Route inn Isahaya inter 〒854-0063 Nagasaki pref Isahaya city Kaitsucho 1682-1 0957-49-8200



Dinner(Near Hotel Route inn Isahaya inter)

Raten Yamasachi sushi kappo Takebayashi grill meat Hamakatsu pork courtlet(Eat dinner around hotel not inside)



(Near Isahaya station) Noboritei Nikunosuke Rika Yamakatsu dining



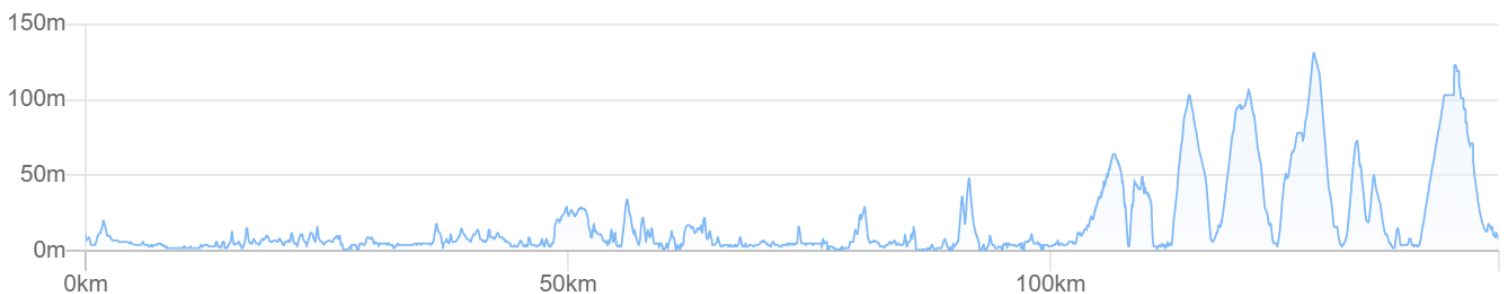
Other stay Isahaya terminal hotel New station hotel premier Isahaya Daiichi hotel Isahaya green hotel Minshuku Kitaura

Public move: JR Kagoshima honsen line Kumamoto→Tosu JR Nagasaki honsen line Tosu→Isahaya

Ariake Ferry cruising: Nagasu→Tabira port Shimabara train: Tabiracho→Isahaya

⑫ 12th(Thu) Isahaya→Shimabara→Nagasaki 146km + 1452m

<https://www.navitime.co.jp/coursebuilder/course/c6c91cb6a97742ae921e0dc0f596b4df>



Lunch Shimabara(50km) Toichi Nakamura chefs kitchen Unryutei Yumesamurai iron grill



Minami Shimabara city(68km) Ajitaro Chidori Miki sushi Jingoro sushi



Kuchinotsu port(80km) Kifune sushi dining Seika seasonary dish MIZURION Grill Sudachi



Sightseeing Shimabara castle Fugendake mt Nagasaki peace park Inasayama mt



宿泊 Kandeo hotels Nagasaki Shinch Chinese town 〒850-0841 Nagasaki city Dozacho3-12 Tel:095-829-3300
Nearby partnership restaurant Kairakuen Chaidelica Bistro Boudeaux Tarafuku Asa Pure Nagasaki beef Breakfast at hotel buffet



Hoteh H2 Nagasaki 〒850-0877 Nagasaki city Tsukicho 5-11 TEL:095-820-5800

※Dinner inside hotel , partnership restaurant , at Higuchi Tsukicho. Breakfase with buffet bread sandwiches in hotel.





Outside dinner Kagetsu Shippoku Cuisine Shikairo champon noodle Soshurin dish udon noodle Nicky Arnstien Turkish rice



Ojiya Hifumitei local dining Ebisuya Nagasaki Japanese L'ALAVISTA NAGASAKI Yoshimune steam egg bowl Osaka Nagasaki beef



Hamasho Nagasaki Shippoku Cuisine Bannabe Gunraiken Sakurai sushi



Other stay Natural spa Tsuruko no yu Dormy inn JR Kyushu hotel Nagasaki Hotel new Nagasaki Hotel Cuore Nagasaki station

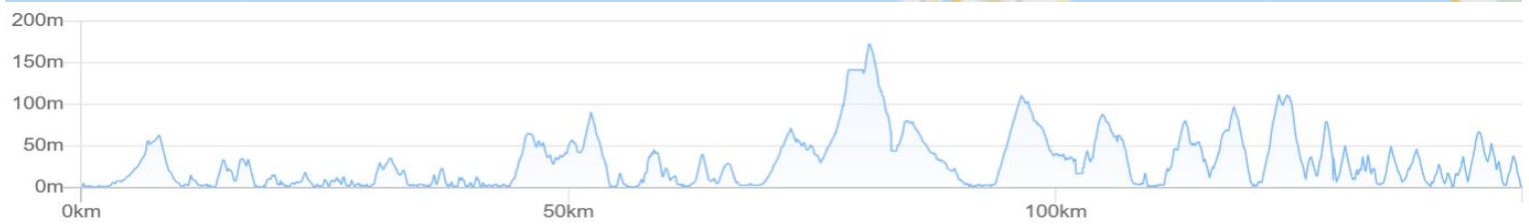
Public move

Shimabara train : Isahaya → Shimabara Local bus : Shimabara → Minami Shimabara Minami Shimabara → Isahaya

Nagasaki honsen line • Shinkanse express : Isahaya → Nagasaki

⑭ 13th(Fri) Nagasaki→Sasebo→Hirado 148km+2094m

<https://www.navitime.co.jp/coursebuilder/course/938d62b7167e4e90953d4c623392f106>



Lunch Sasebo(67km) Zakoya Sasebo Shimokyo Shirobara white rose Log kit Domuhana



Sasa(79km) Gyuzaemon Sasa Sazantoki Wakoen Kappo Nonaka



Emukae Shikamachi(91km) Kamekichi OTAYA Kaifuku dining Bistro Sayama Iron Grill cafe 874



Tabira Hiradoguchi station(101km) Yume Roman Hirad westend Seaside café Manpuku Daruma dining



Sightseeing Seikaihashi bridge 99 islands observatory Sasebo stone wall observatory Setoyama cathedral



Stay Maruginso Minshuku 〒859-5535 Nagasaki pref Hirado city Nokocho1234 TEL: 0950-29-1006



Marueiso Minshuku 〒859-5535 Nagasaki pref Hirado city Nokocho1250 Tel:0950-29-1511

The west end bridge connected port town accommodation

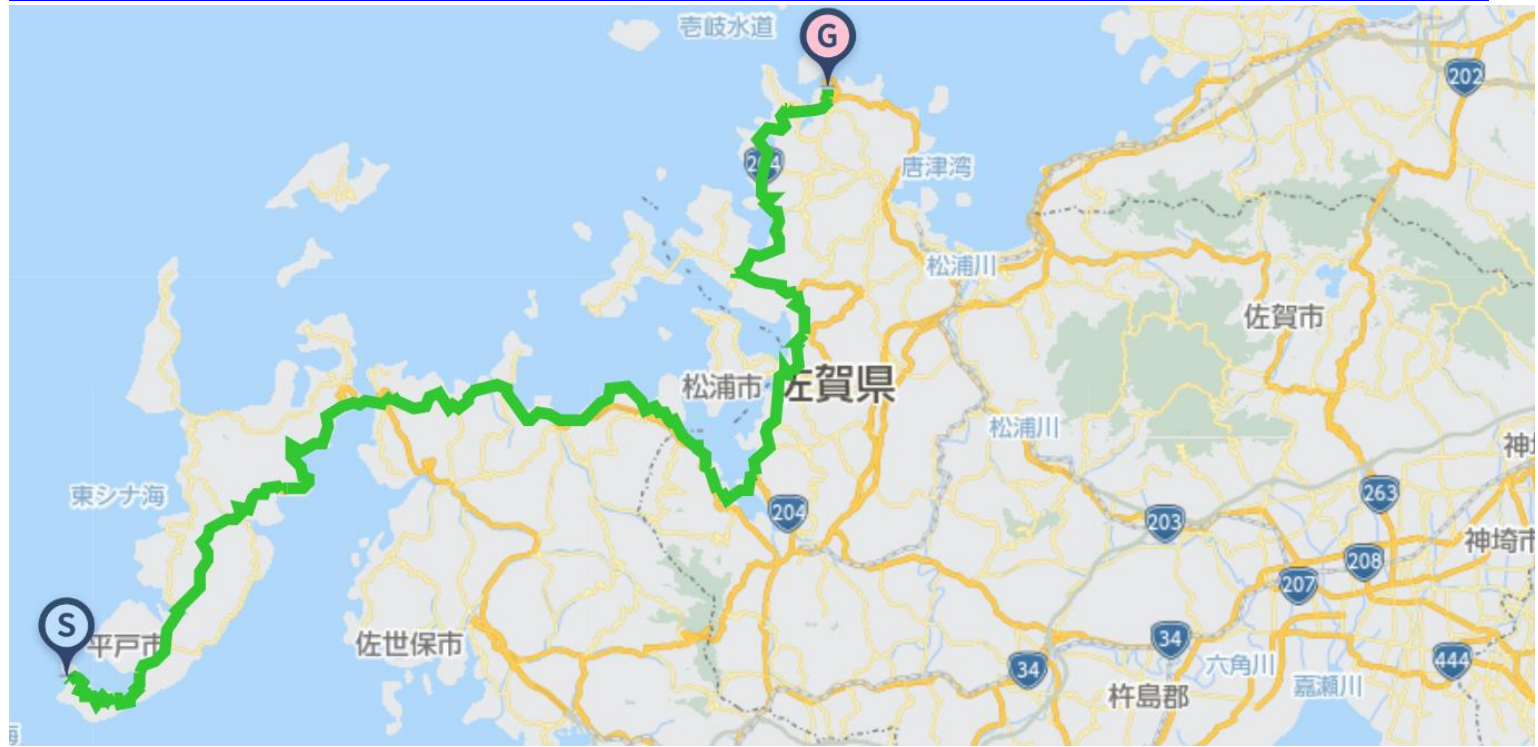


Other stay Miyajima minshuku Kuriyama Kosaki Maruginso Nishihamaso Tsubameya Outside dinner Seika
 Public move Nagasaki→Sasebo:JR Nagasaki honsen line Sasebo→Tabira Hiradokuchi:Matsuura train Nishi Kyushu line
 Saihi bus; Tabira Hiradokuchi→Hirado highscool Hirado Fureai bus; Hirado highscool→Miyanoura

⑮ 14th(Sat) Hirado→Imari→Yobuko

121km+1984m

<https://www.navitime.co.jp/coursebuilder/course/02579d4cc8434d77bd8b59585eecb265>



Lunch Matsuura(60km) Sakae Japanese dining Masa izakaya Nakafuku Henchikurin



Imari(76km) Steak house Katsu Steak house Lion Tsujikawa Chimnny



Sightseeing Ikutsukisima island Hirado big bridge Takao mt park observatory Yobuko port



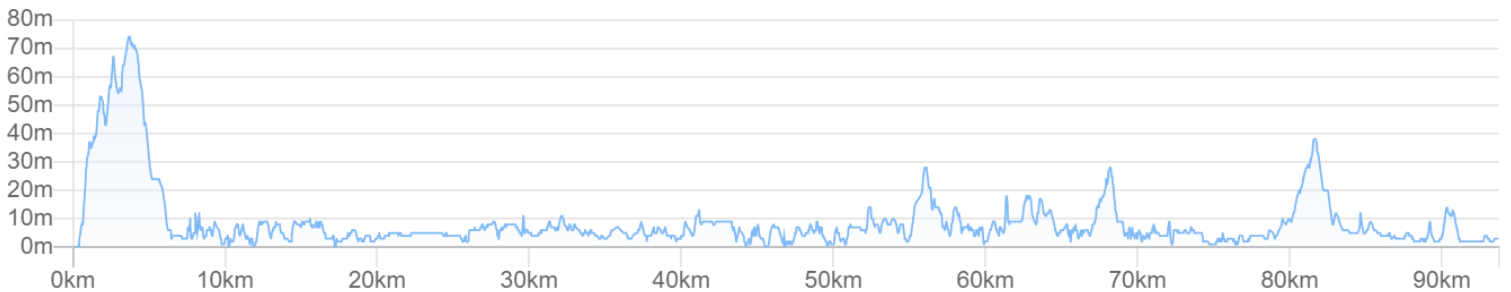
Stay Izumo ryokan 〒847-0303 Saga pref Karatsu city Yobukocho 1962-1 0955-82-3706



Other stay Kanemaru ryokan Kiyoriki seaside stay Daikei minshuku Yobuko tabiyado Daikei fisherman inn
 Public move Hirado fureai bus; Miyanoura→Hirado highschool Saihi bus; Hirado highschool→Tabitra Hiradoguchi
 JR; Matsuura train Nishi Kyushu line Tabitra Hiradoguchi→Imari Showa bus: Imari→Oteguchi→Yobuko

⑩ 15th(Sun) Yobuko→Itoshima→Hakata 93km + 693m

<https://www.navitime.co.jp/coursebuilder/course/cdcaa2147edc42e6a6a7866f4dd35662>



Yobuko morning market buying (400m from Izumo ryokan 7:30~)



Lunch Chikuzen Fukae(41km) nord Ucchino dining Mokkei charcoal chicken grill Torijiro maeket



Itoshima(61km) Restaurant ITOSHIMA Tsukamoto fresh fish Three horse power + 1/2 Itoshima Kozainomori



Fukuoka(75km) Yamaya Motsu pod citew spicy cabia mentaiko Hakata Hanamidori Chicken citew Hakata Isso
Tonkotsu ramen noodle

※On the finish day , moving to Tokyo or other , recommend moving after take bath and lunch nearby Hakata station.



Sightseeing Nagoya castle ruin Nijino Matsubara Rainbow pine trees Keya beach Fukuoka castle ruin



Bath Happykuji spa 6:30~24:00 Post stay recommend Happykuji Hakata hotel

Finish at Happykuji spa Hakata station

〒812-0011 Fukuoka city Hakataku Hakata station4—9—2 In Happykuji Hakata hotel 092-413-8881



Public move Showa bus:Yobuko→Oteguchi→Imari JR Chikuhi line;Imari→Karatsu→Hakata

Shinkanse express Hakata station to Tokyo Takes 5-hours(Starting each time)

Fukuoka airport to Haneda Itami Shin Chitose Nagoya Kobe on each time

Hakarta station to Fukuoka airport by bus or train



Contact E-Mail Adress : soma@jtourism.jp

✂Itinerary changes are possible for individual and group applications. We will create the order custom made project and estimate.

For the order custom made project , let you enjoy for fully , we will create a plan for each group.

Please apply with the information as below.

✂Possible to apply from one person to number of group riders , make estimation.

✂Possible to make another plan on order made for another day , longer or shorter distance of course.

✂We make estimation as the number of riders , days you ride , ride fee , stay , food , public moving , sightseeing , attendant move·stay , for total costs

✂In case of terrible weather , body condition , seem impossible to finish riding on the day , move to the mid place or stay by using public move and support car.

Up to the formal application as below , let you show the personal information.

·The day you ride ·Your name ·Sex ·date , month , year of birth , age ·Adress ·Handy phone number ·E-Mail address ·Number of join riders

·Stay and food wishes

✂We select and reserve the stay and foods. Personal arrangements are not possible by each riders.

✂Please give the wishes for shared room for men or women , single , twin , foods.

✂Please stay in the stays at the organizer' s designated stays.

In some case , we cannot meet your request and change the stays on designated.

·Please let me know the pre and post ride sightseeing wishes , settings.

·Possible to contact on the ride day (handy phone)&emergency contact (handy phone possible to contact to the substitute person ✂Other than the person riders yourself)

·Experience of your biggest riding , distance(km), Elevation gained(m)

implementation(Western calendar) season(month, spring summer fall winter)

area(country , prefectures, course name)

If we judge that you do not have enough experience to participate in this project, we may decline your participation.

Rental bicycle

Possible to prepare rental road-bicycle , cross-bicycle

If you wish to have rental bicycle , please apply in advance. Request together for Tokyo cycling tour and rental cycle , the partnership ship company.

① Height(cm)②weight(kg) ③bicycle model you wish ④Helmet ⑤grab ⑥pedal (binding or flat) ⑦Bicycle receiving place

Please let me know them when apply. Sometime , it may not turn out as you wish. Prepare wears and shoes by yourself.

I estimate rental price up to the information

Implementation notification;After recruitment deadline to some days before the starting , number of riders , weather forecast , judge the implementation and contact directly to the riders.

Refund ; In case of impossible to hold the phan , we pay back Amount excluding expenses such as fees from ride participation fee.

If the participant is unable to participate due to circumstances , paid ride participation fees will not be returned.

If it becomes impossible to run due to weather or local situation judgment after the start , paid ride participation fees

will not be returned.

Ride Join Fee(Per day Per person) 17,000JPY(Include Tax)

Max Possible Join 1 Orders ~ Minimum Number of riders; 5-Riders (Full days ride join)

※Fee(Per day Per person) In case specified number of participants join by general application.

Included ride join fee : Travel attendant , Support car accompanying Support food supply(fixed limited)

※NOT INCLUDE Moving fee between your home to the starting point , food , stay , support food more than the limited , public move fee , sightseeing fee are all not included at all.

※Joining on the way , Leaving midway , traveling with one's bicycle using public transportation , you should pay the ride join fee per day for each you made application.

When you apply , we make estimation for ride join fee with including not included costs for ride join fee.

- Take ride onto the tour recommended courses with group rides and solo freerides
- There is no competition for time. Riders work together to reach the goal. Awards will not be given based on ranking
- There will be no traffic control around the venue. Please follow the local traffic rules.
- Group rides/recommended course rides are the basics. Please notify in advance for your wish on solo free rides.
- It is also possible to switch to local wheeled transportation instead of riding due to physical condition weather etc.
- The support car transports unnecessary luggage while riding a bicycle , supply support food , follow finishing.
- The support car moves at the behind of the last rider, basically.
- If you ride out of the recommended course , we do not change the stay point.
- There is no support rider leading or tailgating.
- Those who can join that possible to reach their destination on their own using a smartphone, navigation system, or location search device , or possible on a group ride those who can accompany other members with cooperation.
- If there is a significant delay from the moving of other riders in the group , we will give you instructions on how to move your bicycle to the stopover point, accommodation on the day, and the goal.
- The organizer will present recommended courses in advance , but the support car will not be providing detailed guidance to riders while moving alongside them along the way.
- Bicycles, helmets, puncture kits, bike bags, clothing, cold weather gear changes, etc , please prepare what you need and bring it with you by yourself.
- Please wear brightly colored clothing such as red, yellow, and white. Never wear dark colors such as black or navy blue.
We will lend you a red jacket if necessary.
- You are responsible for your own bicycle maintenance and repairs. Please prepare your own spare tubes, maintenance tools, etc.
- Standing air pumps and tool boxes will be carried in the support car.
- Please carry a lightweight soft bicycle bag. Carry it with you while riding, so you can move around while riding.
- Depending on where we are staying, bicycle bags may also be used to store your bicycle inside the hotel. Please be sure to carry bicycle bag.
- If you wish to store your bicycle in the accommodation , please help us store it in a bicycle bag when you enter the stay and bring it into the building.
- Hard and semi-soft large cases compatible with airplane rides cannot be transported on the road by the support car.
- If you are joining with a large wheeled device with a hard case or semi-soft case that is compatible with airplane wheeling, after refilling the soft bicycle bag , check-in at the departure/arrival airport and advance transportation to the planned goal point are required.
- Please purchase your own travel insurance and bicycle insurance. Please purchase bicycle insurance with a personal liability amount of 200 million yen or more.
- Please bring your insurance card with you when participating. We check your carry-on the insurance before departure.
- In terms of event , in case injury and illness occur , the participates have no objection to receiving first aid. The organizers will not be held responsible for the method, process, etc.
- The participates in addition to the participants, relatives, heirs, executors, trustees, etc. will not make any claims for damages, etc regardless of the cause, the organizers will be exempt from responsibility in case of accidents, losses, injuries, illnesses, etc. during the event (including aftereffects)
- We eat lunch around noon at the same near restaurant in the same area as possible, depending on the progress of

the tour group.

- Recommendations regarding meals, accommodation, sightseeing, and bicycle transport may change from what is stated.
- Lunch, dinner, breakfast, and bathing fees are not included in the ride join fee.
- Support food is also dependent on paid donations from past participants. When you use it, please donate to volunteers or goods.
- Toll road usage fees, sightseeing fees, and travel expenses are not included in the ride participation fee.
- Routes and expenses occurred for group transportation will be decided on-site after discussion, taking into account terrain, weather and progress.
- Transportation costs from your home to the meeting/dissolution location and use of public transportation midway are not included.
- To maintain your health and maintain hygiene , please take a bath, shower, and change of clothes before using public transportation after your ride before going back to your home.
- To avoid inclement weather or traveling in the dark after sunset, we may ask you to turn back, take a shortcut, or take a bicycle onto train move from a station along the way.
- Participants are responsible for safety, course management, bicycle maintenance, cold/heat resistant clothing, measures to prevent bicycle stolen , etc.
- If we decide that you cannot participate safely at your own risk, if you are causing a significant nuisance to other participants, or if you are unable to follow the instructions of the staff, you will be asked to leave the venue even midway through.
- Please note that the participation fee will not be refunded under any circumstances.
- Sightseeing recommendations: If you arrive early and have time, please go sightseeing on your own.
- If you have a request for sightseeing in advance, we will take time in advance and provide support, such as temporarily taking over your bicycle.
- If you consult with us in advance, we will be able to arrange and provide on-site guidance regarding recommended tours for the day before and after ride.

Accommodation, dinner and breakfast

- This is a ride tour in which the organizer decides in advance which lodgings to stay at and travels from one inn to another to sightseeing spots and famous places.
- Accommodation fees are not included in the ride participation fee. It will be included in the cost estimate as a necessary expense at the time of application.
- Recommended accommodation, dinner and breakfast will be arranged by the organizer. Subject to change.
- As much as possible , we prepare at lodging locations bicycle storage in or near the hotel, a large hot spring bath, yukata, dinner and breakfast, a sleeping room, and a power source.
- We eat dinner and breakfast generally as a group at stay , but , if you wish to eat food outside the stay, please contact us in advance.
- If you have dinner, breakfast, or bathing buying outside the building, we will not provide transportation by support car and not accompany. Please move on your own by walking or using public transportation.
- Each day, luggage will be loaded into the support car and the start will be from the meeting point at designated accommodation. Please come to the meeting point by the departure time
- The meeting departure time is basically 7:30 am every morning, but it changes depending on the breakfast service time and driving distance, and will be decided locally.

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 Japan bicycle journey with stays
 2025: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2025E.pdf>
 2026: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2026E.pdf>

2027: <https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2027E.pdf>

One Day Ride Around Tokyo

<https://jtourism.jp/2020/wp-content/uploads/2024/09/JapanOneDayRideAroundTokyo.pdf>