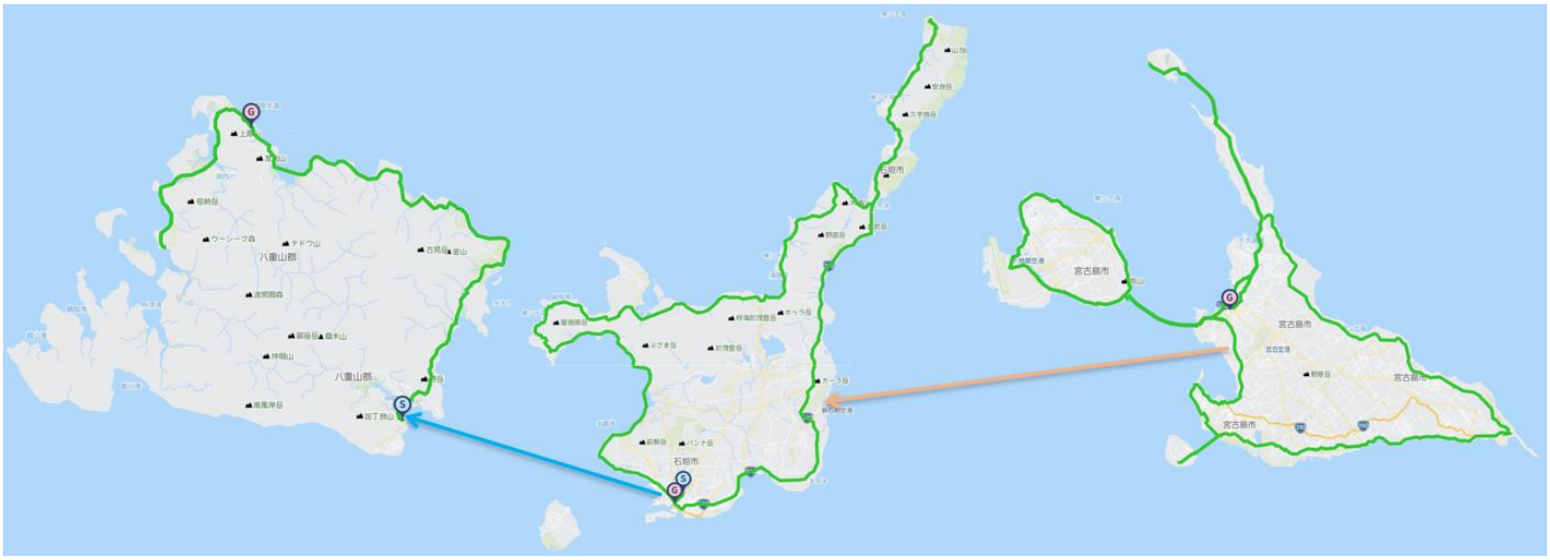
JTOSakishima Islands Bicycle Journey

Miyako～Ishigaki～Iriomote Islands

2027January21nd(Thu)～24th(Sun)　4-Stages

Distance340km＋Total Gain4206m



2026January21st(Thu) Miyako island Sunrise at　7:25　Sunset18:15

①　21st(Thu) Irabu→Miyako north west→Ikema island　88km＋928m

②　22nd(Fri)　Miyako island round＆Kuruma island　76km＋1117m

③　23rd(Sat)　Ishigakki island round　115km＋1403m

④　24th(Sun)　Iriomote island half round　61km＋758m

Move recommend　Haneda airport7:45→Miyako island airport10:35　and others 3-airplane each day

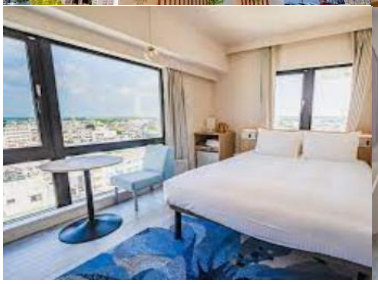
Kansai International Airport7:40→Miyako island airport9:55　and others transit flight

Others　Chubu airport , Naha airport have direct line

Meet and pre stay：Tabino Hotel Lit　Miyakojima January21st(Thu)8:30

〒906-0012 Okinawa pref Miyakojima city Taira Nishiri596

TEL：0980-75-3100

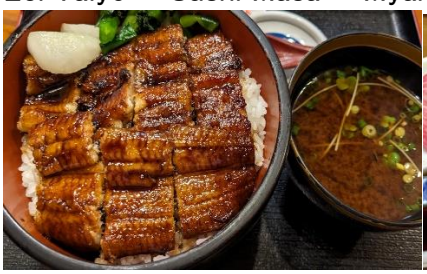


Meals inside hotel　Dinner：Hotel course　Breakfast「The Gozero Grill」　Buffet(7:00～)

Meals outside hotel(Around Tabiho hotel) Agu pork＆cristal stew Butasho Miyakojima tei Meme goat Captain Merian

Restaurant Nomura　Abaraju　Kappo Manpuku　Uminosachi seafood

Eel Taiyo　Sushi Masa　Myaku market　Umarizuma ancient style dining



Pre stay sightseeing recommend　tropical botanical garden　Kamama area park　Miyakojima city general museum

Okamishima island　Ukan Kariyusu cruise ferry (4-ferries per day 15-minutes cruise)　Observation Opuyu dining

Outside breakfast　Leon(24H)：400m fron Tabino hotel　Convinience：Family mart Miyako Makuramu street

Other stay Hotel southern coast Hotel385　※Support car rental , receive and return at Miyakojima island airport

1st day Irabu→Miyako north west→Ikema island 88km＋928m

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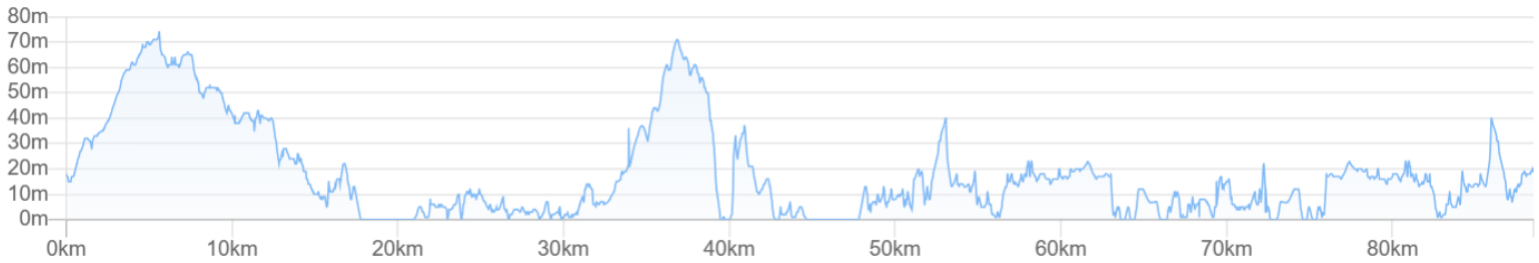

Meet at 8:30 Tabino hotel Lit Miyakojima Start at 9:00

※Pre stay meet, if wish , inland「Ueno Otake castle park observation deck(6km＆elevation100m)」 attack ride.

※Pre staymeet if wish , 「Ueno Otake castle park observation deck」see sunrise take car support.

Luncn Miyakojima central(17km　50km) Yukishio steak　DOUGS BURGER　Jinkuya　Kosha soba noodle

Irabu island(29km)　Blue turtle Ryukyu Irabu soba noodle Kame　Irikunya Soki tei

Oura bay(55km) Café Karakara　Namatsu　Sea view restaurant Roko Manje　SHISA'S CAFE&BBQ

Sightseeing and rest　Irabujima island　Irabu big bridge　Sawada beach　Makiyama observation deck

Painagama beach　Sunayama beach　Shimajiri manlobe woods　Ikema big bridge

Ikema island　Ikema wet land　Ikema lighthouse　Miyakojima island sunset beach

Stay：Tabino Hotel Lit　Miyakojima　〒906-0012 Okinawa pref Miyakojima city Taira Nishiri596　TEL：0980-75-3100

※Dinner inside hotel or outside hotel as written. Please wish in advance.

2nd　Miyako island round＆Kuruma island　76km＋1117m

Tabino Hotel Lit　Miyakojima　Start at 8:00　(If wishing sunrise view , 7:00 start and view from Tairaohashi bridge.)

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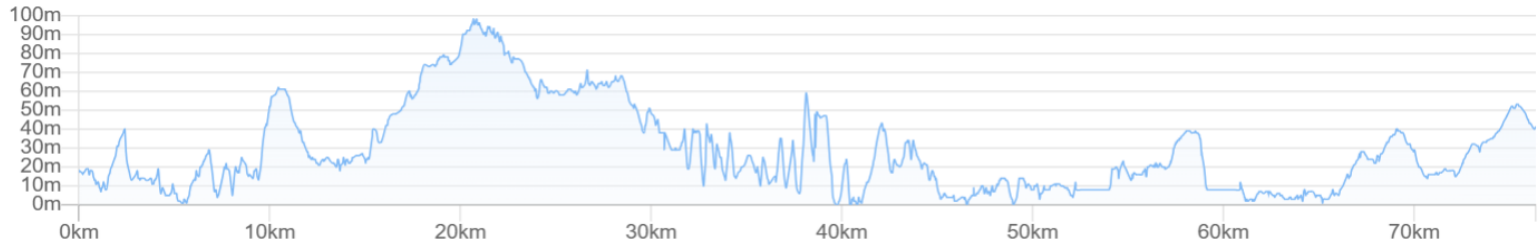
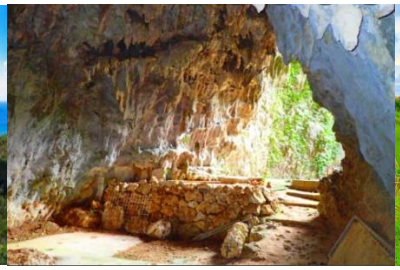


Lunch　Miyako island west south(46km) Hirochan dining　mirage　Kaiaiya Yaebishi

Kurumajima island(54km)　Marukami Hanakaze Yakka yakka　Rainbow fish

※If seems inpossible to start Tabino Hotel Lit　Miyakojima at 15:00 , take short cut of Kurumajima island.

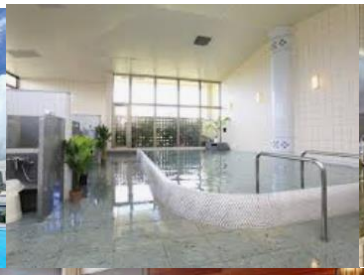
Sightseeing and rest　Higa road park　East Hennazaki cape　Nakaharalimestone cave　Gnu horse runch

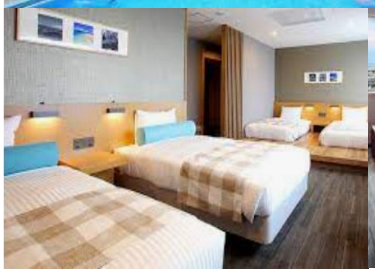
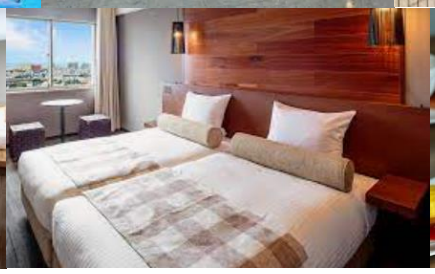


Shigira beach　Ueno Germany culture village　Kuruma big bridge　Kuruma islaand

「Tabino Hotel」Bath take if wish＆Luggage pick up～Move to Miyakojima airport(Hotel startat 15:30)　2.6km+45m
Miyako Kyoei bus Shinsato Miyakoku line Motoueno bus stop：300m from hotel(16:02)→Miyakojima airport(16:20)
Miyakojima airport→Ishigakijima airport move 17:45→18:15
RAC：Ryukyu Air Commuter line Possible to carry bicycle with taking in rinko bicycle bag.
Naha office：098-840-1531 Miyako storage office：0980-72-1351
Prepare rent car at Toyota rent car Ishigaki airport 8:00-19:00
Ishigaki airport to Central Ishigaki city：
Bus　：Higashi carry bus 4th line bus Ishigaki airport～Ishigaki port remote island bus terminal 18:20 18:50 start 25min　13km
Ishigaki port remote island bus terminal～Art hotel1.5km　20minutes walk
Move by taxi or Bicycle：Ishigaki airport→Art hotel Ishigakijima island　12km＋90m

Stay Art hotel Ishigakijima　〒907-0022 Okinawa pref Ishigaki city Okawa 559　TEL：0980-83-3311



Dinner in Art hotel Ishigakishima island All day diningAquarius　Grill meat Chinese Harusa

Other stay Comfort hotel Ishigakijima Vessel hotel Ishigakijima

3rd　Ishigakijima island round　115km＋1403m

Art hotel Ishigakijima Start and Goal　7:20　Start(Start with sunrise)

Art hotel Ishigakijima Breakfasr buffet　6:00～

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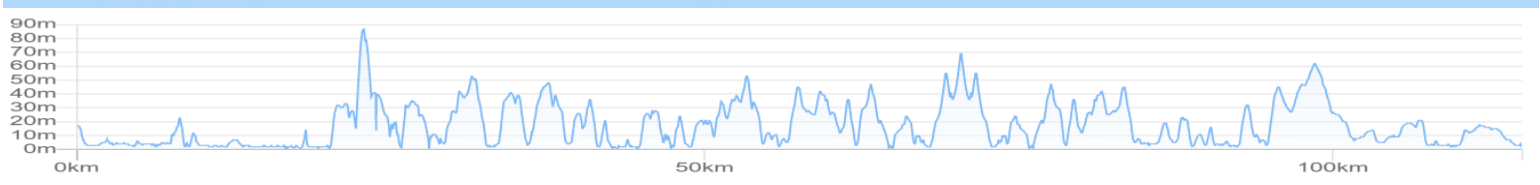

Lunch North East　Forestale Uno(51km)　Funakoshi Funakuya dining(55km)　Aragaki(57km)　Akashi(60km)

Sightseeing　Taketomi island(distant view)　Ryukyu Kannonzaki lighthouse Kabira bay Akashi para world(sea elevation 140m)

Hirakubo light house　Ishigaki island horse park　Tamatori cape observation deck　Miyaraduounchi house

Banna park ※Banna park and Banna hill is the attack ride for5km+200m.Recommend view sunset and stars.

Stay in Art hotel Ishigakishima(Consecutive nights stay) Get back rent car until 19:00 , back to hotel by bus or taxi

Dinner(Around hotel outside)　Adantei Gyushin beef　Est ! Est ! ! Est ! ! !　Restautrant theater Ajisai

Misaki beef grill　Paikaji island meals　Arimuta garden＆music　Hitoshi

Kunatsuyu Yaeyama soba noodle　Southern island　PAPOIYA Steak and restaurant　Kabusa dining

4th Iriomote island half round 61km＋758m(Include Shirahama beach attack)

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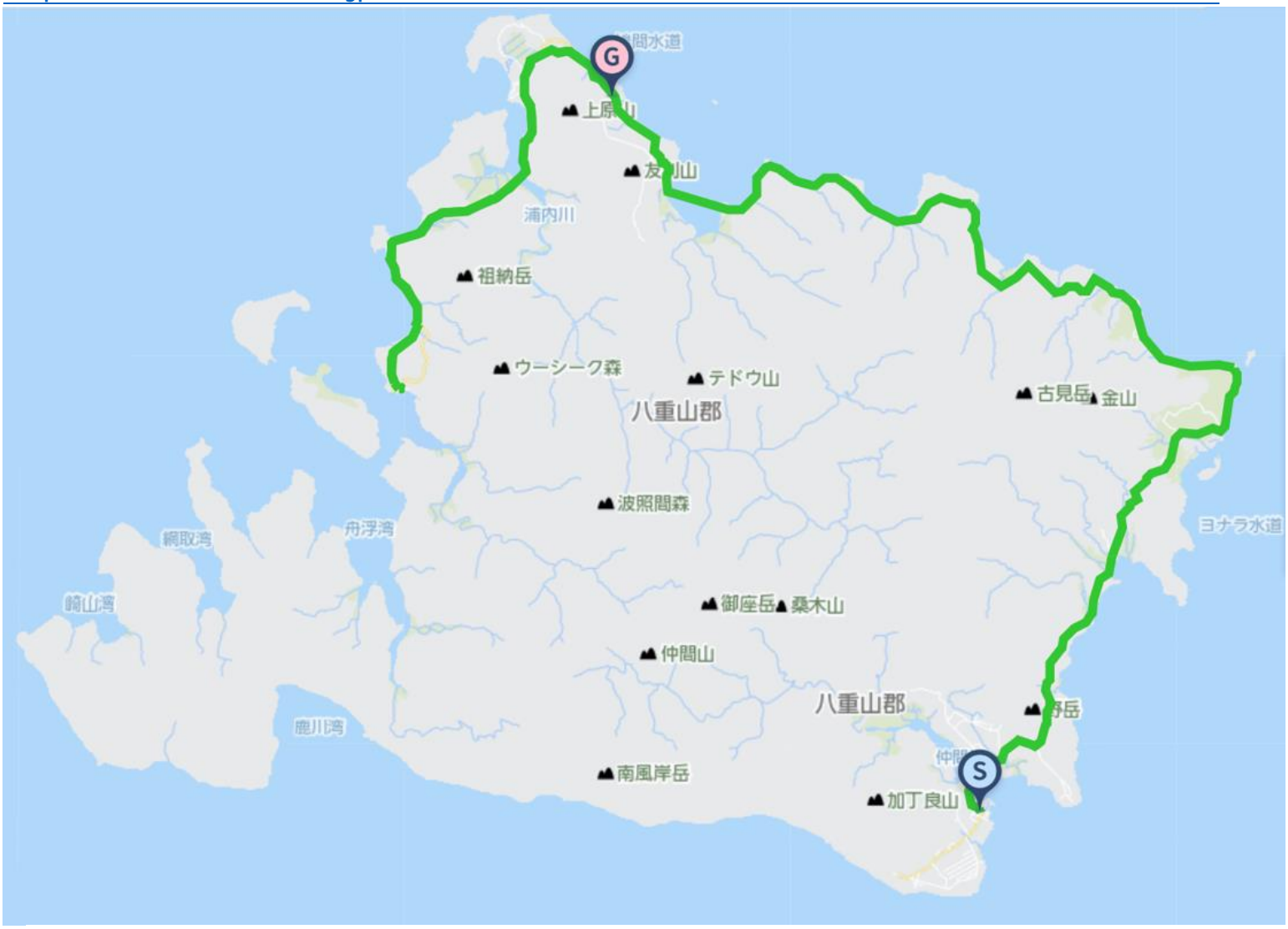
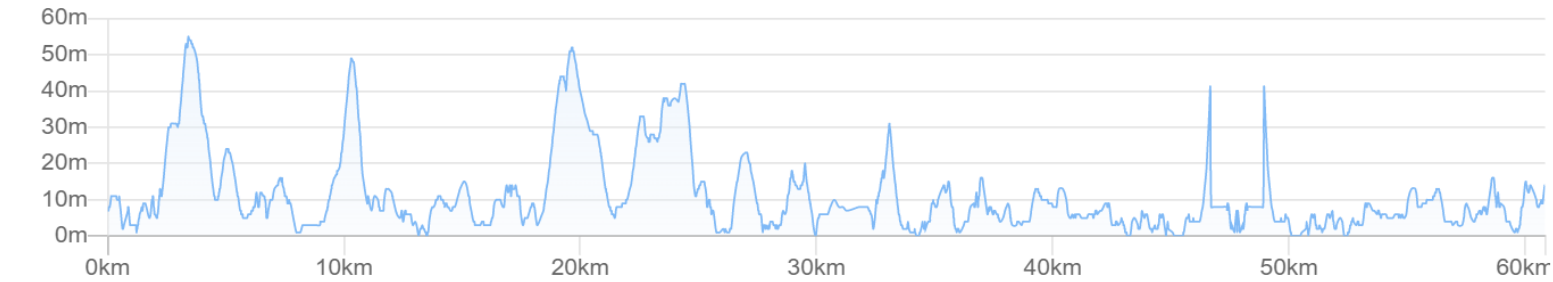




Morning Breakfast recommend Café Gold On(24H) Family mart Ishigaki Southern gate bridge

Ishigaki port →Iriomote island Ohara port Move by ferry ※Need check of the moving ferry at the morning

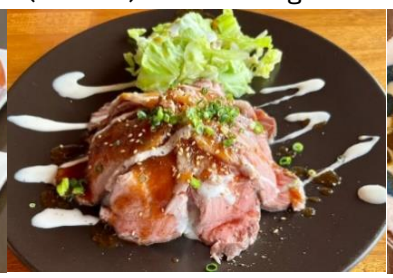
7:30Start(Recommend) 9:00(Prepare)Yaeyama sightseeing ferry 0980-82-5010 7-ferrys per day 40-50 min move

Yamaneko rent car Iriomote Ohara shop 8:00～19:00 Pick up rent car

Lunch Uehara port(34km 60km)

Laugh la garden Densa dining Lunch house TAMAGO Parler Mimi(Noodle and Mango)

Star sand beach～White beach(48km) Paris dining Iriomoteya meat Hiyoko island curry Restaurant Shirahama



Sightseeing and rest water buffalo cart Yufushima island Kohamajima(distant view) Omisha road park

※From Iriomote island Furumi to Yufushima island , possible to go by water buffalo regular cart(every 30 min 15-min move)

Nakano beach Star sand beach Dodomari beach(Moon beach) Niimoriya house

The support car , drop off at Yamaneko rent car Uehara port office

Uehara port→shigaki port 14:30Start (Other starts at 17:05) 50-minutes move

15:00～ Ishigaki port～Art hotel Luggage pick up＆Bath(For sanitation , bath please before taking on airplane)

16:53 Bus(Higashi Unyu) Art hotel Ishigakijimaa～Ishigaki airport17km＋126m 35minutes move

Local bus Ishigaki port →Ishigaki airport Every00minute･30minute starts

Dinner at Ishigaki airport Beef steak Yaeyama soba noodle Local cuisines

Meal box Onigiri rice ball ANA FESTA JAL group Coralway Ishigaki island Mirimiru Honpo

SKY CAFE Ishinagi dining Yaima village Minamoto seafood island dining Onisasa Chinen shokai

Recommend airplanes　Ishigaki airport19:10→Haneda airport22:10　Japan Air Lines972
Ishigaki airport19:45→Kansai International Airport22:15　Japan Tran Ocean Air　086
Ishigaki airport→Naha airport　Some air lines each day Possible to join JTO Okinawa island round bicycle journey

Post stay recommend　Iriomote island　Uehara port Mariudo　Funauki Kamadoma pension

Post stay sightseeing Iriomote island Pinai Salla fall Maryudo fall Sangara fall Funauki ferry Funauki Ida port
※For the post stay sightseeing , Impossible to see all falls just at one day.
Funauki regular ferry timetable　Funauki port⇔Shirahama port(10-minutes cruise)
[Shirahama start]08:45/10:10/13:10/16:00　[Funauki start]08:15/9:30/12:30/15:20
(From December to February the first ferry starts at 07:50)

Kohama iusland　Taketomi island
Yasuei sightseeing ferry　Ishigaki(8:00)→Kohamajima island(8:30) Kohamajima trec(16km round)　Lunch at the middle
Kohama island(14:40)→Taketomi island(15:00) Taketomi island trec(6km round) Taketomi island(16:50)→Ishigaki(17:05)

Ishigaki island　Yaeyama museum Yaeyama peace memorial hall Ishigaki island observatory (Monday off)
GushikenYoko memorial hall

Barabido sightseeing farm　Furisuto plateau ruin　Ishigaki Yaima village　Minsa craft museum

Contact E-Mail Adress：soma@jtourism.jp

※Itinerary changes are possible for individual and group applications. We will create the order custom made project and estimate.

For the order custom made project , let you enjoy for fully , we will create a plan for each group.

Please apply with the information as below.

※Possible to apply from one person to number of group riders , make estimation.

※Possible to make another plan on order made for another day , longer or shorter distance of course.

※We make estimation as the number of riders , days you ride , ride fee , stay , food , public moving , sightseeing , attendant move・stay , for total costs.

※You do not need to complete the entire designated distance every day. You can use train transport, support cars, or shortcuts to reach intermediate checkpoints and accommodations, and ride only the parts you want to ride, taking breaks, eating, and sightseeing along the way.

Up to the formal application as below , let you show the personal information.

・The day you ride ・Your name ・Sex ・date , month , year of birth , age ・Adress ・Handy phone number ・E-Mail address ・Number of join riders

・Stay and food wishes

※We select and reserve the stay and foods. Personal arrangements are not possible by each riders.

※Please give the wishes for shared room for men or women , single , twin , foods.

※Please stay in the stays at the organizer’s designated stays.

In some case , we cannot meet your request and change the stays on designated.

・Please let me know the pre and post ride sightseeing wishes , settings.

・Possible to contact on the ride day (handy phone)＆emergency contact (handy phone possible to contact to the substitute person ※Other than the person riders yourself)

・Experience of your biggest riding , distance(km), Elevation gained(m)
implementation(Western calendar) season(month, spring summer fall winter)
area(country , prefectures, course name)

If we judge that you do not have enough experience to participate in this project, we may decline your participation.

Rental bicycle

Possible to prepare rental road-bicycle , cross-bicycle

If you wish to have rental bicycle , please apply in advance. Request together for Tokyo cycling tour and rental cycle , the partnership ship company.

① Height(cm)②weight(kg) ③bicycle model you wish ④Helmet ⑤grab ⑥pedal (binding or flat) ⑦Bicycle receiving place

Please let me know them when apply. Sometime , it may not turn out as you wish. Prepare wears and shoes by yourself.

I estimate rental price up to the information

Implementation notification；After recruitment deadline to some days before the starting , number of riders , weather forecast , judge the implementation and contact directly to the riders.

Refund ; In case of impossible to hold the phan , we pay back Amount excluding expenses such as fees from ride participation fee.

If the participant is unable to participate due to circumstances , paid ride participation fees will not be returned.
If it becomes impossible to run due to weather or local situation judgment after the start , paid ride participation fees will not be returned.

Ride Join Fee(Per day Per person) 20,000JPY(Include Tax)

Max Possible Join10riders～Minimum Number of riders;5-Riders (Full days ride join)

※Fee(Per day Per person) In case specified number of participants join by general application.

Included ride join fee : Travel attendant , Support car accompanying Support food supply(fixed limited)
※NOT INCLUDE Moving fee between your home to the starting point , food , stay , support food more than the limited , public move fee , sightseeing fee are all not included at all.
※Joining on the way , Leaving midway , traveling with one's bicycle using public transportation , you should pay the ride join fee per day for each you made application.
When you apply , we make estimation for ride join fee with including not included costs for ride join fee.

・Take ride onto the tour recommended courses with group rides and solo freerides
・There is no competition for time. Riders work together to reach the goal. Awards will not be given based on ranking
・There will be no traffic control around the venue. Please follow the local traffic rules.
・Group rides/recommended course rides are the basics. Please notify in advance for your wish on solo free rides.
・It is also possible to switch to local wheeled transportation instead of riding due to physical condition weather etc.
・The support car transports unnecessary luggage while riding a bicycle , supply support food , follow finishing.
・The support car moves at the behind of the last rider, basically.
・If you ride out of the recommended course , we do not change the stay point.
・There is no support rider leading or tailgating.
・Those who can join that possible to reach their destination on their own using a smartphone, navigation system, or location search device , or possible on a group ride those who can accompany other members with cooperation.
・If there is a significant delay from the moving of other riders in the group , we will give you instructions on how to move your bicycle to the stopover point, accommodation on the day, and the goal.
・The organizer will present recommended courses in advance , but the support car will not be providing detailed guidance to riders while moving alongside them along the way.
・Bicycles, helmets, puncture kits, bike bags, clothing, cold weather gear changes, etc , please prepare what you need and bring it with you by yourself.
・Please wear brightly colored clothing such as red, yellow, and white. Never wear dark colors such as black or navy blue. We will lend you a red jacket if necessary.
・You are responsible for your own bicycle maintenance and repairs. Please prepare your own spare tubes, maintenance tools, etc.
・Standing air pumps and tool boxes will be carried in the support car.
・Please carry a lightweight soft bicycle bag. Carry it with you while riding, so you can move around while riding.
・Depending on where we are staying, bicycle bags may also be used to store your bicycle inside the hotel. Please be sure to carry bicycle bag.
・If you wish to store your bicycle in the accommodation , please help us store it in a bicycle bag when you enter the stay and bring it into the building.
・Hard and semi-soft large cases compatible with airplane rides cannot be transported on the road by the support car.
・If you are joining with a large wheeled device with a hard case or semi-soft case that is compatible with airplane wheeling, after refilling the soft bicycle bag , check-in at the departure/arrival airport and advance transportation to the planned goal point are required.
・Please purchase your own travel insurance and bicycle insurance. Please purchase bicycle insurance with a personal liability amount of 200 million yen or more.
・Please bring your insurance card with you when participating. We check your carry-on the insurance before departure.
・In terms of event , in case injury and illness occur , the participates have no objection to receiving first aid. The organizers will not be held responsible for the method, process, etc.
・The participates in addition to the participants, relatives, heirs, executors, trustees, etc. will not make any claims for damages, etc regardless of the cause, the organizers will be exempt from responsibility in case of accidents, losses, injuries, illnesses, etc. during the event (including aftereffects)
・We eat lunch around noon at the same near restaurant in the same area as possible, depending on the progress of the tour group.

・Recommendations regarding meals, accommodation, sightseeing, and bicycle transport may change from what is stated.
・Lunch, dinner, breakfast, and bathing fees are not included in the ride join fee.
・Support food is also dependent on paid donations from past participants. When you use it, please donate to volunteers or goods.
・Toll road usage fees, sightseeing fees, and travel expenses are not included in the ride participation fee.
・Routes and expenses occured for group transportation will be decided on-site after discussion, taking into account terrain, weather and progress.
・Transportation costs from your home to the meeting/dissolution location and use of public transportation midway are not included.
・To maintain your health and maintain hygiene , please take a bath, shower, and change of clothes before using public transportation after your ride before going back to your home.
・To avoid inclement weather or traveling in the dark after sunset, we may ask you to turn back, take a shortcut, or take a bicycle onto train move from a station along the way.
・Participants are responsible for safety, course management, bicycle maintenance, cold/heat resistant clothing, measures to prevent bicycle stolen , etc.
・If we decide that you cannot participate safely at your own risk, if you are causing a significant nuisance to other participants, or if you are unable to follow the instructions of the staff, you will be asked to leave the venue even midway through.
・Please note that the participation fee will not be refunded under any circumstances.
・Sightseeing recommendations: If you arrive early and have time, please go sightseeing on your own.
・If you have a request for sightseeing in advance, we will take time in advance and provide support, such as temporarily taking over your bicycle.
・If you consult with us in advance, we will be able to arrange and provide on-site guidance regarding recommended tours for the day before and after ride.

Accommodation, dinner and breakfast

・This is a ride tour in which the organizer decides in advance which lodgings to stay at and travels from one inn to another to sightseeing spots and famous places.
・Accommodation fees are not included in the ride participation fee. It will be included in the cost estimate as a necessary expense at the time of application.
・Recommended accommodation, dinner and breakfast will be arranged by the organizer. Subject to change.
・As much as possible , we prepare at lodging locations bicycle storage in or near the hotel, a large hot spring bath, yukata, dinner and breakfast, a sleeping room, and a power source.
・We eat dinner and breakfast generally as a group at stay , but , if you wish to eat food outside the stay, please contact us in advance.
・If you have dinner, breakfast, or bathing buying outside the building, we will not provide transportation by support car and not accompany. Please move on your own by walking or using public transportation.
・Each day, luggage will be loaded into the support car and the start will be from the meeting point at designated accommodation. Please come to the meeting point by the departure time
・The meeting departure time is basically 7:30 am every morning, but it changes depending on the breakfast service time and driving distance, and will be decided locally.

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Japan bicycle journey with stays
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2027: https://jtourism.jp/2020/wp-content/uploads/2025/09/JTOBicycleJourneys2027E.pdf
One Day Ride Around Tokyo
https://jtourism.jp/2020/wp-content/uploads/2024/09/JapanOneDayRideAroundTokyo.pdf